



Balans Organic Spa Menu



Prime location on Newbury Street

Exclusive organic skincare made in Sweden

Zero compromise on our health or planet

Highest quality spa services

Awards: Boston's Best and Best of Boston 2016, 2017, 2018



To honor the uniqueness of each person, all of our services are customized. For this reason, we do not categorize type or style of massage, or facial. Rather, for most services you book the length of time you prefer. Our therapists have extensive training and experience and will cater to your needs to achieve the best results. If you have preferences, or medical concerns, please mention these at the time of booking. Pre- and postnatal clients are welcome. All our services are safe for both the mom and the baby.

Welcome, and thank you for choosing Balans as part of your lifestyle!

organic facials

initial facial 75 min	195
classic facial 60 min	155
exclusive facial 75 min (anti-aging)	195
mini facial 30 min	95

first time classic facial 60 min mon-fri 11am-4pm, new clients	135
20% AHA peel facial 30 min - reduces hyperpigmentation, age spots, wrinkles, and acne.	115

stem cell facial 75 min – FIRST AND ONLY IN THE WORLD! Live Rose Root Stem Cells provides maximal nutritional content and hydration. Stimulates cell regeneration, boosts collagen production. The most powerful and effective anti-aging, and anti-wrinkle facial.	275
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facial add-ons (add 10-15min for each)	
chlorella algae mask – dry and sensitive skin	35
20% AHA peel - pigmentation, age spots, wrinkles, and acne	35
eye treatment – firming & lifting, reduces bags, dark circles, and wrinkles	45

organic body treatments & wraps

Firm, tone, hydrate, and detox. These full body treatments include dry brushing, exfoliation, and deep nourishing oils, lotions, and balms applied with a full body massage. Leave softer, beautified, and rejuvenated from head to toe. Think facial but for the whole body!

sea salt detox – rosemary and lemongrass infused mediterranean sea salt, 75min	200
hydrating papaya enzyme – nourishing for dry and sensitive skin, 75min	200
healing dark chocolate – cacao bean is rich in antioxidants and promotes healing, 75min	200
organic anticellulite treatment - stimulates the breakdown of fat cells, 75min	195

organic massages

organic massage 60 min	145
organic massage 75 min	175
organic massage 90 min	200
head, neck & shoulder 30 min	75

first time organic massage 60 min mon-fri 11am-4pm. new clients	125
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couples massage – share a massage experience with your loved one. Prices above are per person.

massage add-ons	35
hot stones – 75 and 90 min massage	20
organic aromatherapy	45
salt scrub 15 min - requires shower	25
body brushing 10 min – lymph support	20
foot treatment 15 min – organic salt scrub with rosemary and lemongrass	35
hand treatment 15 min – organic salt scrub infused with vanilla bean	35
reiki – energy healing	
15 min	30
30 min	55

bronzing body treatment – 2-3 tones darker than your natural skin tone, 60 min	135
slimming algae body wrap – tone and firm, 75min	225
detoxifying algae body wrap - cleanse and detoxify, 75min	225

flotation therapy

single float 30 min - allow for 60min for shower	70
3 pack float 30 min – get ONE FREE	210
6 pack float 30 min - \$55 each	330
single float 60 min - allow for 90min for shower	120
3 pack float 60 min - get ONE FREE	360
6 pack 60 min - \$95 each	570

waxing

brazilian	63
bikini	40
brow (incl. shaping)	29
lip	15
brow + lip	42
chin	25
face	55
under arm	20
lower arm	35
full arm	55
lower leg	40
upper leg	60
full leg	85
upper leg + brazilian	125
upper leg + bikini	105
full leg + brazilian	165
full leg + bikini	135
hand	25
back	75
back & shoulders	95
sideburns	25
chest	50
neck	15
abdomen	35

relaxing spa treatments under 45 min

foot & lower leg treatment 30 min	65
eye treatment – firming & lifting 30 min	95
mini organic facial 30 min	95
head/neck/shoulder massage 30min	75
hand & arm treatment 30 min	65
glow & detox body treatment 45 min	125

back treatments

back facial 60 min	175
20% AHA back peel - acne, scar, and cyst clearing 75 min	225

foot reflexology

30 min	75
60 min	140

add-ons (booked with another service)

reiki - energy healing 15 min	30
head & scalp massage 10 min	25
eye treatment 15 min	45
foot treatment 15 min	30
hand treatment 15 min	30
body brushing - lymph support 10 min	25

organic makeup

makeup application 30 min	95
makeup lesson 45 min	150

lashes/brows

brow tint	30
lash tint	45
lash lift	80



Balans Organic Spa Packages

Balans Signature Relaxation

2 hours | \$295

Stressed, tired and in need of some deep relaxation? This package is for you. Rejuvenate your mind and body with this unique and wonderful combination of floatation therapy, massage, and facial.

- 1x Float 30 Min
 - 1x Organic Massage 60 Min
 - 1x Organic Facial 30 Min
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Balans Detox

2 hours | \$245

Detox, de-bloat, and de-stress with this extensive and effective detox package.

- 1x Float 30 Min
 - 1x Sea Salt Detox Body Treatment 75 Min
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Balans Restore and Revive

75 min | \$215

Transform your skin, body and mind. Relax while receive nourishing organic skincare treatments from head to toe.

- 1x Mini Organic Facial 30 min
- 1x Body Glow and Detox 45 min

At an additional charge you can upgrade to a full facial and/or body treatment.

Balans Couples Relax and Renew

2 hours | \$295 per person

Elevate your date night with your partner. Enter a deep state of relaxation, and leave with a renewed sense of connection.

- 2x Men's/Women's Organic Facials 60 Min
 - 2x Organic Massages 60 Min (choose separate or shared room)
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Mommy Baby Relaxation (pre-natal)

2.5 hours | \$295

This is the ultimate spa care package for the mommy-to-be. Relax and rejuvenate as you prepare for this new chapter in your life. Celebrate yourself and indulge in our organic spa treatments.

- 1x Float 30 Min
- 1x Prenatal Organic Massage 60 Min
- 1x Mini Organic Facial 30 Min

All our treatment tables are safe and suitable during pregnancy. However, we encourage you to consult with your physician before receiving any spa treatments.

Mother's Day Pampering (available month of May)

A. Mother's Day Classic Spa Package

1.5 hours | \$245

This spa package is exactly what the mother needs to refresh and de-stress her mind, body, and skin. Happy Mother's Day!

- 1x Body Glow and Detox 45 min
- 1x Classic Organic Facial, 60 min

B. Mother's Day Exclusive Spa Package

2.5 hours | \$355

This package is designed to pamper the hardworking and selfless mother. This spa day brings deep relaxation and will take your skin and body to a whole new level. Happy Mother's Day!

- 1x Hydrating Papaya Enzyme Body Treatment 75 Min
- 1x Exclusive Organic Facial 75 Min

Booking and Cancellation Policy

To reserve an appointment we require a credit card on file, and there is a 24-hour cancellation policy for all booked appointments. Any missed appointment will be charged in full. Prices are subject to change.

Thank you for choosing Balans as part of your lifestyle!



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