



MARIA

ÅKERBERG

DEEPSKIN ORGANICS

Deepskin Organics is a unique concept in skincare. Deepskin is a trademark which guarantees that the product works deep within the skin, giving it all the nourishment it requires.

Organics stands for us choosing natural and organic raw materials. Deepskin Organics means that you get products of the highest quality, formulated and produced in a pure and scientific way, by skincare specialists.

MARIA ÅKERBERG wants to make consumers more informed through a heightened awareness about the contents in skincare products.

The inherent power of nature is stronger than you could ever imagine!



DEEPSKIN ORGANICS



GENUINE, SWEDISH, ORGANIC PRODUCTS

The time for change is now!

With pure and genuine products, made in Sweden, MARIA ÅKERBERG wants to be a part of the journey towards a sustainable society. As far as we know, there is no other planet for us to go to. It is about time more people take action and think about what we consume, and help keep the Earth a great place to live.

Our products are formulated with natural, organic ingredients of the highest quality, and made in our production facility in Frillesås, situated within the beautiful countryside in Halland.

It all started with a dream about a skincare salon of my own. I studied to become a skin therapist, and studied chemistry, and was ready to start my business. There was just one problem: I couldn't find any products I wanted to use. So, taking the matter into my own hands, I developed the skincare range DERMANORD, since 2010 named after me, MARIA ÅKERBERG. Back then, in 1995, I was the only one listing the ingredients on my products. Since 1999, this is a requirement in the EU.

Our motto is the same now, as it was then; to use what nature provides and what the body and the environment can use to their advantage. Production takes place under the highest scrutiny, from the very start in our laboratory to the finished product: from the filtered water to the carefully selected vegetable and essential oils, and botanical extracts.

Our water comes from the lake Lygnern just outside of Kungsbacka, where it is filtered through a 13,000 year old boulder ridge. We purify the water once more in our distillation facility, before it is used in our genuine products. This way it becomes as pure as water can get, which is called Aqua Purificata.

In recent years, it has been established that anything applied to the skin, is also absorbed by the body. This new knowledge has given us several medical products, such as nicotine patches to ease and help in smoking cessation. There are also topical pain relieving ointments.

Knowing that the skin absorbs whatever we apply to it, the mere thought of using mineral oil* and artificial substances appears somewhat contradictory and outright odd. This is why we prefer vegetable oils.

Fatty acids and vitamins, essential to the body, are lacking in mineral oil and silicone** (synthetic oil). Since 1995, I have worked consciously to convey this message. The reason that so many just keep doing what they've always done, is a lack of knowledge, I think. The general view of cleanliness was moulded in the fifties. The chemical industry took off and suddenly anything was possible regarding beauty. No one questioned if we were ruining our bodies and the environment in the cleansing process. Now we know better.

The lack of good vegetable oils and the overuse of mineral oil* and silicone** in skincare products have a negative impact on us and our environment. It is difficult for nature to break down mineral oil*. Not to mention that mineral oil* leakages can cause major environmental disasters. Mineral oil comes from the petroleum industry and is very cheap, but it doesn't do the skin any good, and it can also have quite a few adverse effects. Neither do we use silicones**, since they are suspected of being bioaccumulative, i.e. they are stored in cells and tissues. Silicone** can also form formaldehyde on degradation, which is cancerogenic and inhibits reproduction.

The knowledge about the positive impact that vegetable oils and essential oils have

on us and our environment, is the foundation and incentive behind MARIA ÅKERBERG. The source to all life on Earth lies in the photosynthesis. The sunrays hit the leaves of the green plants. The chlorophyll and the carbon dioxide in the air work together in the photosynthesis to form the vegetable oil in the plant. The essential oils contribute with function as well as preservative properties. Often they create the uniqueness of each product. The lovely scent is a nice bonus, since there are no added fragrances.

Even if a product is said to be 100 % vegetable based or natural, that doesn't necessarily mean that it is good. The use of recycled cooking oil, called "Vegetable Oil", is common, and so are vegetable oils made water-soluble. You'll recognize those by the prefix Peg-. These oils are present in creams, lotions, cleansing oils and bath oils that disperse completely in water. These so called ethoxylated (Peg-) oils have been treated with solvents, the residues of which remain in the oil. Compare this to the debate about benzene in light margarine and solvents in cheap olive oil. We do NOT use these ethoxylated oils in our products.

Despite being our largest organ taking in nourishment, we often give our skin the wrong "food". Now, more and more people are conscious about what they eat, and from there it is just a small step to start caring about what they apply to the skin. Still, many live under the illusion that "someone" has full control over what is sold in the shops. But, just like the food you eat, you are the one responsible for the products you use. Think about what you are paying for.

Advertising, middlemen, pretty boxes, packaging and certifications. We have deliberately opted out of all of that. Instead, we fokus on the contents; valuable and effective ingredients.

I want you to know what is in the package. That is why we list the ingredients below each product in this catalogue. Read more about our ingredients on pages 93-98.

Welcome to MARIA ÅKERBERG, a world of genuinely Swedish products.



Maria Åkerberg
Managing Director and Founder of
DERMANORD

Like our Facebook page for information, new products and offers.
<http://www.facebook.com/mariaakerberg.se>

* Various ingredients found in skincare products, derived from mineral oil/crude oil: Polybutene, Ozokerit, Paraffinum liquidum, Mineral oil, Butylenglycol, Propylenglycol, Vaseline, Petroleum, Petrolatum.

** Silicone, Dimethicone, Diphenyl Dimethicone, Dimethiconol, Cyclomethicone, Methicone. The Occupational Safety Board (Arbetsmiljöverket in Sweden) has come a long way towards eventually eliminating mineral oil within the industry. As early as 1979, a brochure about mineral oil stated that "anyone who gets the oil on their hands must wash it away immediately with soap and water". AFS 1986:13



DERMANORD, factory and Head Quarters in Frillesås.

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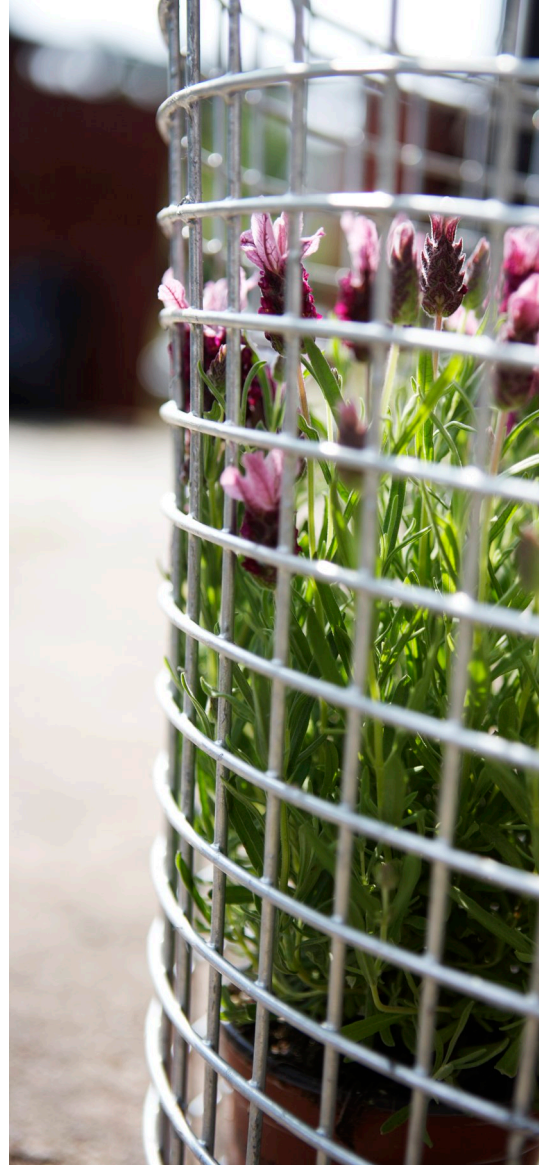
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FACE

The face is our most exposed bodypart. The part that communicates with our surroundings. Due to weather, environment and facial expressions, the thin skin there requires specific and tailored care. We have developed products that cover all the challenges and needs imaginable.

The first step towards a healthy and clear skin, is cleansing. Free from dead skin cells, oxidized oils and other impurities, the skin can utilize the advantages of a skin conditioning cream or oil. That's when the change becomes visible.

About once a week is perfect for a bit of extra pampering, in the form of exfoliation and masks. Choose your products according to skin type, season and personal needs.

All MARIA ÅKERBERG products are suitable for both women and men.

CLEANSING

Cleansing is the base for all skincare. Regular soap clogs the pores, dries out the skin, makes it age faster and depletes the skin's defenses. When excess oils get trapped in the pores, pimples and blemishes appear. For an efficient cleansing routine, you need a tailored combination of a cleansing product and a freshener.

MÅ tip: Start by removing eye makeup and lipstick with Eye Makeup Remover, before cleansing the rest of the face. Suitable options for removing eye makeup are Coldpressed Jojoba Oil and Precleansing Oil Gentle.

Choose your cleanser based on skin type and personal needs. After a mild, effective cleanser, the skin can better absorb the moisture and nutrients in a facial oil or cream.

EYE MAKEUP REMOVER

- **Cleansing for eyes and lips.**

Eye Makeup Remover is a mild cleanser for the eye area and the lips, suitable for everyone. It removes your makeup easily and gently, without any rubbing. Use Eye Makeup Remover on a dry cotton wad and wipe the area you want to clean. You may like to rinse your eyes afterwards, but it isn't necessary since there is no oily residue.

To remove waterproof eye makeup, we recommend using Coldpressed Jojoba Oil or Precleansing Oil Gentle.

Self preserving system.

Ingredients: Aqua Purificata/Water, Olea Europaea (Olive) Fruit Oil, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Glycerin, Sodium Levulinate, Sodium Anisate, Simmondsia Chinensis (Jojoba) Seed Oil, Xanthan Gum, Sodium PCA, Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Extract.

30 ml bottle.

125 ml bottle.

PRECLEANSING OIL GENTLE

- **Cleansing oil for sensitive skin.**
- **Primary cleanser for makeup users.**

- **Removes waterproof mascara.**

Precleansing Oil Gentle is a cleansing oil for all skin types, containing Castor Oil, Olive Oil and essential oils of Cypress and Neroli, among other ingredients.

Apply Precleansing Oil Gentle onto face and neck, using your hands or a damp cotton wad. Wipe with soft, circular motions. Follow up with a cleansing product of your choice.

Perfect as a basic cleanser when removing grease-paint. Also suitable during summer, for removing water-resistant sunscreen products.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Olea Europea (Olive) Fruit Oil, Ricinus Communis (Castor) Seed Oil, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Cupressus Sempervirens (Cypress) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*.

*From the essential oils.

125 ml bottle.





CLEANSING CLAY

- **Cleansing cream for normal and combination skin.**

Cleansing Clay is a balancing cleansing cream with mineral-rich White Clay, Castor Oil, and Peppermint essential oil, which help cleanse the skin. Castor Oil is a fatty oil, not easily absorbed by the skin. It dissolves dirt and impurities, which are then easy to wash away.

Self preserving system.

Ingredients: Aqua Purificata/Water, Ricinus Communis (Castor) Seed Oil, Clay, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Sodium Levulinate, Sodium Anisate, Lactic Acid, Xanthan Gum, Mentha Piperita (Peppermint) oil.

30 ml bottle.

100 ml tube.

250 ml pump bottle.



OLIVE CLEANSING

- Cleansing cream for dry, sensitive and mature skin.

Olive Cleansing with Olive Oil and Petitgrain. Olive Oil is a fatty oil, not easily absorbed by the skin. It dissolves dirt and impurities, which are then easy to wash away.

Olive Cleansing can be used without water. Wipe it off using a paper towel, followed by a freshener.

Self preserving system.

Ingredients: Aqua Purificata/Water, Olea Europea (Olive) Fruit Oil, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Vegetable Glycerine, Sodium Levulinate, Sodium Anisate, Sodium PCA, Xanthan Gum, Citrus Aurantium (Petitgrain) Leaf Oil.

30 ml tube.

125 ml bottle.

250 ml pump bottle.



FOAMING WASH CLEARING

- Foaming cleansing gel for normal and combination skin, not suitable for sensitive skin.

Foaming Wash Clearing is formulated with cleansing ingredients from Corn and Coconut, as well as Grapefruit and Cinnamon essential oils. Lather up with water before use. Rinse with tepid water. Finish with a freshener. Also suitable for cleansing beard and moustache.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Coco Sulfate, Sodium Lauroyl Oat Amino Acids, Isostearamidopropyl Morpholine Lactate, Cocamidopropyl Betaine, Vegetable Glycerin, Sodium Levulinate, Sodium Anisate, Guar Hydroxypropyl Trimonium Chloride, Citrus Decumana (Grapefruit) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Lactic Acid, Limonene*.

*From the essential oils.

30 ml bottle.

125 ml bottle.

250 ml bottle.



FOAMING WASH GENTLE

- Foaming cleansing gel for sensitive skin.

Foaming Wash Gentle is formulated with cleansing ingredients from Corn and Coconut, as well as soothing and balancing Orange, Lavender, Neroli and Frankincense essential oils. Ideally, make it foam in your hand prior to application. Rinse your face with tepid water. Finish with a freshener. Suitable for shaving and cleansing facial hair.

Self preserving system.

Ingredients: Aqua Purificata/ Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Coco Sulfate, Cocoamidopropyl Betaine, Glycerin, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Sodium Levulinate, Sodium Anisate, Lactic Acid, Lavandula Officinalis (Lavender) Peel Oil, Citrus Sinensis (Sweet Orange) Peel Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Citrus Aurantium (Bitter Orange) Leaf Oil, Olibanum, Limonene*, Linalool*.

30 ml tube.

125 ml bottle.

250 ml pump bottle.



FRESHENER

Fresheners restore the skin's pH balance and prime the skin for the next product. It moisturises the skin, facilitating the absorption of, for example, essential oils. Compare this to a damp cloth absorbing water better than a dry one. Spray the entire face to rehydrate during the day, even over your makeup, allowing it to set and hold better. A freshener is a complement to cleansers, removing residues from cleansing. It is pore astringent and balances the skin's oil production. Our fresheners are humectant and alcohol-free.

FLOWER FRESHENER

- A facial toner for all skin types, especially for mature skin.

Rose and Sage provide nourishing properties.

Self preserving system.

Ingredients: Rosa Damascena (Rose) Flower Water, Salvia Officinalis (Sage) Water, Vegetable Glycerine, Sodium Levulinate, Sodium Anisate, Lactic Acid.

30 ml bottle.

125 ml bottle.

250 ml bottle.



NEROLI FRESHENER

- A facial toner suitable for all skin types, even sensitive skin.

Freshener with Neroli, which has balancing properties. The herbal water is made using flowers from the Orange tree. The soil quality and the weather conditions give the herbs, and thereby also the herbal water, their character. Self preserving system.

Ingredients: Aqua Purificata/Water, Citrus Aurantium (Neroli) Flower Oil, Glycerine, Sodium Levulinate, Sodium Anisate, Lactic Acid.

30 ml bottle.

125 ml spray bottle.

250 ml bottle.



LEMON FRESHENER

- A facial toner for combination and oily skin.

Freshener with Lemon and Aloe Vera.

Formulated with Lemon Extract, essential oil and Mineral Salts. The lemon water is extracted through steam distillation under high pressure, and has cleansing properties.

Self preserving system.

Ingredients: Citrus Limon (Lemon) Fruit Water, Aloe Barbadensis, Citrus Grandis, Glycerin, Sodium Levulinate, Sodium Anisate, Lactic Acid, Linalool*, Limonene*. *From the essential oils.

30 ml bottle.

125 ml spray bottle.

250 ml bottle.





SERUM

The water-soluble active ingredients in our serums are more readily absorbed by the skin if applied directly onto the skin. Therefore, a serum should always be applied to clean skin, prior to facial creams or oils.

If you have oily skin, it may be sufficient to use merely a serum or Aloe Vera Barbadensis, see page 72.

For optimal efficacy of our products, it is important that you do not use products from other brands, containing mineral oil or silicone. Consult with your skin therapist for advice.

SERUM ANTIROUGE

- **Moisturising serum.**
- **Easily absorbed by the skin.**
- **Combine with cream/oil.**
- **Suitable for superficial blood vessels, redness and rosacea.**

Serum Antirouge with Horse Chestnut and Poria is suitable for sensitive skin. Results require a regular use of Serum Antirouge.

Use under a cream or oil 1-2 times/day. Use at night for greatest effect.

Self preserving system.

Ingredients: Aqua Purificata/Water, Phragmites Kharka Extract, Poria Cocos Extract, Aesculus Hippocastanu (Horse chestnut), Glycerine, Sodium Levulinate, Sodium Anisate, Biosaccharide Gum-4, Biosaccharide Gum-2, Xanthan Gum, Cupressus Sempervirens (Cypress) Oil, Citrus Aurantium (Neroli) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*, Geraniol*, Farnesol*.

*From the essential oils.

30 ml pump bottle.

SERUM

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FACE



SERUM C

- Moisturising serum for night-time use only, as it makes your skin photosensitive.
- Use under Night Cream for best results.
- Bleaching effect on brown spots.
- Aftersun.

Serum C consists of a unique concentrate obtained from oranges. This Vitamin C has a bleaching effect on brown spots, by affecting the formation of melanin.

Serum C also contains Vitamins A and B6. Vitamin A stimulates the formation of collagen. As UVA destroys vitamin A, Serum C is a perfect product to use after sun exposure. B6 regulates sebum production, therefore making Serum C especially suitable for people with oily skin and mild acne. Not recommended for citrus allergy sufferers.

Self preserving system.

Ingredients: Aqua Purificata/Water, Citrus Aurantium Dulcis (Orange) Fruit Extract, Glycerine, Sodium Levulinate, Sodium Anisate, Biosaccharide Gum-4, Biosaccharide gum-2, Xanthan Gum, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Limon (Lemon) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Citral*.

*From the essential oils.

30 ml pump bottle.



SERUM MOIST

- Moisturising serum.
- Suitable for all skin types.
- Easily absorbed by the skin, can be used alone or under any of our creams.

Serum Moist has a high content of moisturising ingredients from beets, apples and grapes. It is non-greasy and therefore suitable for all skin types. Use Serum Moist under a cream or facial oil, 1-2 times/day for best effect.

Self preserving system.

Ingredients: Aqua Purificata/Water, Xylitylglucoside, Anhydroxylitol, Xylitol, Sodium Anisate, Sodium Levulinate, Glycerine, Biosaccharide Gum-4, Biosaccharide Gum-2, Xanthan Gum, Citrus Aurantium (Bitter Orange) Flower Oil, Phenoxyethanol, Sodium Chloride, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

30 ml pump bottle.



SERUM CLEARING

- Purifying serum.
- Suitable for oily, blemished and acne prone skin.
- Individual spot treatment for acne.
- Can be applied several times/day.
- Easily absorbed by the skin, can be used alone or under any of our creams.

Serum Clearing is a balancing and moisturising serum for treatment of acne. For best effect, apply to clean skin under a cream or facial oil, 1-2 times/day.

For best results, note that exfoliation, mask and other skincare also need to be MA.

Self preserving system.

Ingredients: Aqua Purificata/Water, Sodium Caprinoyl/Lauroyl Lactylate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glucosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Xanthan Gum, Lavandula Officinalis (Lavender) Oil, Pelargonium Graveolens (Rose Geranium) Flower Oil, Juniperus Communis (Juniper) Oil, Mentha Piperita (Peppermint) Oil.

30 ml pump bottle.



FACIAL OIL

The skin prefers vegetable oils over mineral oil and silicone, because vegetable oils contain vitamins and fatty acids. Vitamins strengthen the skin and protect it against free radicals. Fatty acids help keep the skin soft, and protect it from dryness. The essential oils have different beneficial characteristics depending on the kind of oil - they are included in our products to, for example, soothe, protect or rebuild the skin. Many essential oils also offer amazing fragrances which help improve overall well-being.

All of our oils can be used alone or under any of the cream products in our range. They are easily absorbed by the skin, as long as products containing mineral oil or silicone have not been used prior to application. Please note that the oils will protect against dry air and cold, when used alone. If, however, they are used in combination with one of our creams, they will only protect the skin against dry air. Try applying 2 drops under your day cream, or mix with a little Aloe Vera Barbadensis. Even an oily or blemished skin, can feel good if assisted by the right kind of oil.



COLDRESSED JOJOBA OIL

- **Suitable for all skin types.**
- **Fragrance-free base oil for the entire family.**
- **A facial oil for all skin types, use alone or under any of the creams in our range.**
- **Makeup remover:** Jojoba Oil on a damp cotton wad removes waterproof mascara.
- **Shaving:** The oil is antibacterial and helps prevent razor bumps/red spots.
- **Beard and moustache:** For a healthier skin and cleaner beard.
- **Water-resistant hand cream:** Protects your hands for several hours against dryness caused by water.
- **Baby care:** Apply a thin layer onto the skin at least 2 times/day.
- **Sore nipples:** Jojoba Oil is tasteless, harmless if ingested and does not need to be washed off before nursing.
- **Dry skin:** If it feels like your skin "drinks" oil, it is important not to skimp. If the skin is saturated, there is a good possibility for it to regenerate. When the skin is balanced, the oil lasts a long time.
- **Genital yeast infection:** Use the oil at least 2 times/day. Keep up the treatment for one more day after the symptoms are gone.

Our Jojoba Oil is very light and of a unique quality.

It is produced by gently coldpressing the seeds of the Jojoba shrub. Due to the oil's particular composition of fatty acids, it is quickly absorbed by the skin and increases the skin's protective barrier.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil.

30 ml dropper bottle.

100 ml dropper bottle.

ROYAL FACIAL OIL GLA

- **Smoothing, fragrance-free facial oil.**

- **Suitable for all skin types.**

Contains vegetable oils which increase the elasticity and moisture content of the skin, resulting in a smoothing effect. It can be used alone or under any of our creams and is easily absorbed by the skin, as long as no mineral oil has been used prior to application. Borage Oil provides the skin with the essential fatty acids GLA (Gamma Linolenic Acid) and Linoleic Acid, needed to strengthen the skin barrier. Some individuals may be sensitive to Borage Oil. This sensitivity should not be confused with increased blood circulation and the skin having a better lustre. All vegetable oils increase blood circulation. This can be perceived as an itch or a crawling sensation under the skin. Rosehip Seed Oil contains Vitamin A, which is revitalising and helps the skin regenerate, which in turn helps prevent wrinkles and hyperpigmentation. Royal Facial Oil GLA does not contain essential oils.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Caprylic/Capric Triglyceride, Azadirachta Indica (Neem) Leaf Extract, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

30 ml dropper bottle.

100 ml dropper bottle.



ROYAL FACIAL OIL SUPPLEMENT

- **Smoothing facial oil.**
- **Revitalising for dry and mature skin.**

Royal Facial Oil Supplement has the same base as GLA, with the addition of revitalising essential oils. The oil can be used alone or under any of our creams. The essential oils in Royal Facial Oil Supplement are Mandarin, Lavender, Neroli and Rosemary. All the ingredients help increase the moisture levels and give the skin a more youthful appearance.

Note: If you have sensitive skin, acne or rosacea you should not use this product. Not recommended for citrus allergy sufferers.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Azadirachta Indica (Neem) Leaf Extract, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Citrus Reticulata (Mandarin Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Tocopheryl Acetate, Linalool*, Limonene*, Geraniol*, Farnesol*. *From the essential oils.

10 ml dropper bottle.

30 ml dropper bottle.



ROYAL FACIAL OIL CLEARING

- **Smoothing facial oil.**
- **Purifying and balancing.**
- **Suitable for sensitive skin if it is also oily.**
- **Reduces large pores.**

Royal Facial Oil Clearing has the same base as GLA, with the addition of purifying and balancing essential oils. The oil can be used alone or under any of our creams. The essential oils in Royal Facial Oil Clearing are Lemon, Bergamot, Lavender and Petitgrain.

Not recommended for citrus allergy sufferers.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Azadirachta Indica (Neem) Leaf Extract, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Citrus Limon (Lemon) Peel Oil, Citrus Bergamia (Bergamot Orange) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Bitter Orange) Leaf/Twig Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Tocopheryl Acetate, Geraniol*, Limonene*, Linalool*, Citral*, Citronellol*.

*From the essential oils.

10 ml dropper bottle.

30 ml dropper bottle.



ROYAL FACIAL OIL MOIST

(former Royal Facial Oil Neroli)

- **Smoothing facial oil.**
- **Balancing for all skin types.**

Royal Facial Oil Moist has the same base as GLA, with the addition of Neroli essential oil obtained from orange flowers, suitable for sensitive skin. The oil can be used alone or under any of our creams.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Azadirachta Indica (Neem) Leaf Extract, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Geraniol*, Farnesol*.

*From the essential oils.

10 ml dropper bottle.

30 ml dropper bottle.





ROYAL FACIAL OIL MORE

(former Royal Facial Oil Rose)

- **Smoothing facial oil.**
- **For mature and sensitive skin.**
- **Beneficial against rosacea and superficial blood vessels.**

Royal Facial Oil More has the same base as GLA, with the addition of revitalising and astringent Rose essential oil. The oil can be used alone or under any of our creams.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Azadirachta Indica (Neem) Extract, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Rosa Damascena (Damasc Rose) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*, Citral*, Citronello*, Geraniol*, Eugenol*.

*From the essential oils.

10 ml dropper bottle.

30 ml dropper bottle.



ROYAL FACIAL OIL GENTLE

- **Smoothing facial oil.**
- **Suitable for sensitive and dry skin.**
- **Calming and strengthening.**

Royal Facial Oil Gentle has the same base as GLA, with the addition of essential oils, particularly beneficial for sensitive skin. The oil can be used alone or under any of our creams. The essential oils in Royal Facial Oil Gentle are Orange, Lavender, Neroli and Frankincense. Not recommended for citrus allergy sufferers.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annuus (Sun Flower) Seed Oil, Caprylic/Capric Triglyceride, Borago Officinalis Seed Oil, Rosa Canina (Dog Rose) Fruit Oil, Azadirachta Indica (Neem) Leaf Extract, Citrus Sinensis (Sweet Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Citrus Aurantium (Bitter Orange) Leaf/Twig Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Olibanum, Tocopheryl Acetate, Linalool*, Limonene*, Geraniol*, Farnesol*. *From the essential oils.

10 ml dropper bottle.

30 ml dropper bottle.



SPECIALS FOR EYEBROWS

• **Strengthening eyebrow oil.**

This vegetable oil combination, with Rosemary, Ylang Ylang and Cedar essential oils, conditions the eyebrows during the night and shapes them during the day. The nutritious oil makes the eyebrows fuller and stronger. Use with a eyebrow brush for a great shape during the day.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Seed Oil, Olea Europaea (Olive) Fruit Oil, Brassica Napus (Rape) Seed Oil, Zingiber Officinalis (Ginger) Root Oil, Santalum Album (Sandalwood) Oil, Citrus Grandis (Grapefruit) Peel Oil, Cananga Odorata (Ylang Ylang) Flower Oil, Capsicum Frutescens Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Citral*, Linalool*, Geraniol*, Farnesol*, Benzyl Benzoate*, Benzyl Salicylate*. *From the essential oils.

10 ml dropper bottle.



EYES

The skin around the eyes is about 5 times thinner than on the rest of the body and requires products designed to help protect the eye contour.

Cleanse gently and moisturise with a suitable product, both morning and evening.

EYE GEL

• **Helps prevent bags under the eyes.**

• **Firming.**

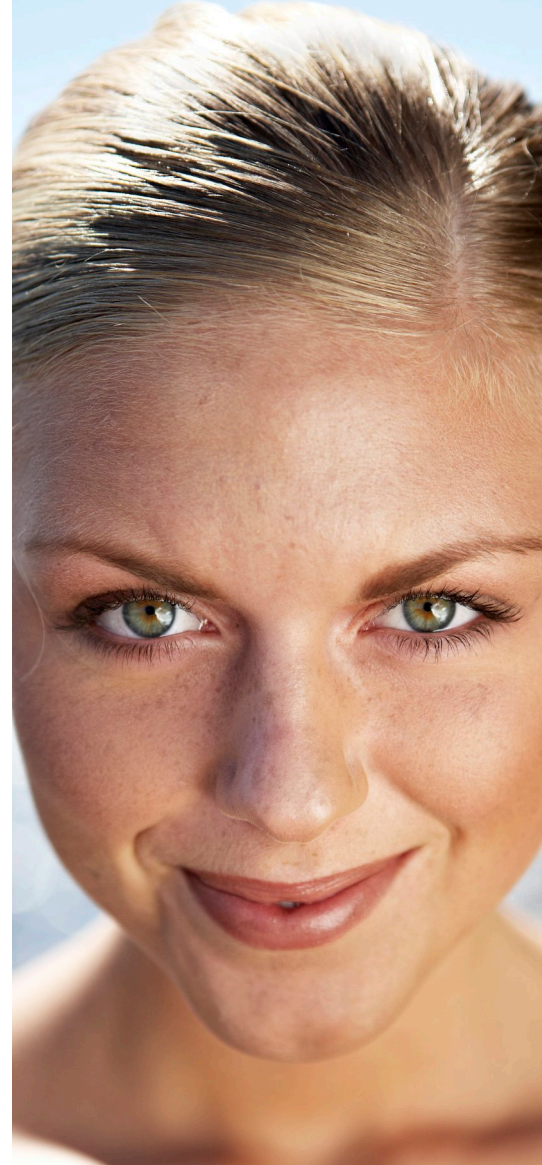
• **Excellent makeup base.**

Eye Gel is a cooling gel, containing active substances that counteract and prevent puffiness around the eyes. The gel is very easily absorbed and is suitable for all skin types. When using Eye Gel, it is important to also use Eye Cream or Eye Cream More once a day to provide the skin with both oil and moisture.

Self preserving system.

Ingredients: Aqua Purificata/Water, Albizia Julibrissin (Mimosa) Bark Extract, Darutoside, Xanthan Gum, Undecylenoyl Glycine, Capryloyl Glycine, Glycerine, Sodium Lactate, Aloe Barbadensis Leaf Juice Powder, Olibanum, Citrus Aurantium (Bitter Orange) Flower Oil, Daucus Carota Sativus (Carrot) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool. *From the essential oils

15 ml pump bottle.



EYE CREAM

- **Moisturising eye cream.**
- **Facial Cream for those intolerant to essential oils.**
- **Fragrance-free.**

Eye Cream is also suitable for the neck, décolletage and nasal root areas, where the skin can be very thin.

The light Rosehip Seed Oil in combination with Shea Butter, Coldpressed Jojoba Oil, Sodium Salt and Vitamin C, help increase the skin's moisture content, making it smoother and firmer. Horse Chestnut extract helps reduce dark circles around the eyes.

In Eye Cream, we have not included any essential oils, but the plant oils also have a scent of their own. Depending on the harvest, both scent and colour can vary from one batch to another.

Self preserving system.

Ingredients: Aqua Purificata/Water, Rosa Canina (Rose Hip) Fruit Oil, Glycerin, Cetearyl Alcohol, Coco Glucoside, Butyrospermum Parkii (Shea) Butter, Sodium PCA, Simmondsia Chinensis (Jojoba) Seed Oil, Levulinic Acid, Glyceryl Caprylate, Lactic Acid, Tocopherol, Tocopheryl Acetate, Xanthan Gum, Aesculus Hippocastanu (Horse chestnut), Citrus Aurantium Dulcis (Orange) Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract

30 ml pump bottle.



EYE CREAM MORE

- **Moisturising eye cream.**
- **Smoothing and firming.**
- **Lifting effect on heavy eyelids.**
- **Draining effect on swellings.**

Eye Cream More with Rosehip Oil, Sea Buckthorn Oil and Persian Silk Tree Extract conditions and smoothes the thin skin around the eyes. Prevents dark circles under the eyes.

Self preserving system.

Ingredients: Aqua Purificata/Water, Rosa Canina (Dog Rose) Fruit Oil, Cetearyl Alcohol, Glycerin, Butyrospermum Parkii (Shea) Butter, Coco-Glucoside, Simmondsia Chinensis (Jojoba) Seed Oil, Hippophae Rhamnoides Fruit Oil, Albizia Julibrissin (Mimosa) Bark Extract, Sodium PCA, Glyceryl Caprylate, Levulinic Acid, Lactic Acid, Sodium Levulinate, Xanthan Gum, Tocopheryl Acetate, Tocopherol, Esculin, Helianthus Annuus (Sunflower) Seed Oil, Citrus Aurantium (Bitter Orange) Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Darutoside.

15 ml pump bottle.



EYE BALM

- **Smoothing eye balm.**
- **Suitable for dry skin.**

Oils from Rosehip, Borage and Jojoba, as well as Squalane from Olive Oil, all help increase the moisture content and improve the resilience of the skin. Carrot Seed Oil and Frankincense are firming and improve skin elasticity. The peptides extracted from various vegetable oils have stimulating properties, comparable to Vitamin A/Retinol. The skin becomes firmer and smoother, while elasticity and moisture balance improve.

Eye Balm is very long-lasting. When using Eye Balm, it is important to also use Eye Cream or Eye Cream More once a day.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalane, Caprylic Capric Triglyceride, Persea Gratissima (Avocado) Oil, Phytosterols, Butyrospermum Parkii (Shea) Butter, Borago Officinalis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Citrus Aurantium (Neroli) Oil, Boswellia Carterii Gum (Olibanum) Oil, Daucus Carrota (Morotsfröölja), Ethylhexyl Palmitate, Tribehenin, Palmitoyl Oligopeptide, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*.

*From the essential oils.

10 ml tub.



CREAM

Keep your skin supple, smooth and healthy.

A good facial cream can even help you moisturise away fine lines caused by dryness. Skin lacking in moisture can become chapped, allowing bacteria to sneak in. At worst, this can lead to hypersensitivity, allergies or eczema.

The skin needs to be moisturised in order to be as healthy as possible.

Do this in several steps. After cleansing, moisten your face with a freshener. Ideally, apply moisturiser before the skin is completely dry. The skin will then absorb the ingredients the best, just like a dampened cloth. First, apply a few drops of facial oil or serum, and then apply the facial cream.

During the day, the skin needs appropriate protection against environmental stressors. Any skin recovery treatments will have an optimal effect during the night, since at that time the skin is not exposed to pollutions, makeup or sun.

Remember that your skin changes over time. The products you have been using for years, might not be optimal today. Depending on season, age and skin type, you may require different skincare.

All MARIA ÅKERBERG products are suitable for both women and men.

FACE LOTION MOIST

(former Face Lotion)

- **Facial cream for normal to dry skin.**

- **Rehydrating for day and night.**

Face Lotion Moist is a light day and night cream, containing nourishing vegetable oils from Jojoba, Shea and Rapeseed. Essential oils of Bergamot, Patchouli and Geranium give the cream its characteristic scent.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Alcohol, Glycerine, Caprylic/Capric Triglyceride, Butyrospermum Parkii Butter, Cetearyl Glucoside, Cera Alba, Lactic Acid, Sodium Lactate, Glyceryl Caprylat, Levulinic Acid, Sodium Levulinate, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Xanthan Gum, Pogostemon cablin (Patchouli) oil, Citrus Aurantium Dulcis (Orange) Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Helianthus Annuus (Sunflower) Seed Oil, Pelargonium Graveolens (Geranium) Flower Oil, Limonene*, Linalool*, Citral*. *From the essential oils.

50 ml tube.

100 ml tube.



FACE LOTION CLEARING

(former Face Refining Lotion)

- **Facial cream for combination and oily skin.**

- **Balancing and rehydrating.**

- **A perfect cream to start with, when switching from mineral oil based products to vegetable oil based products.**

Face Lotion Clearing contains Neem, to control sebum production, and skin balancing Bergamot Oil. Apply Royal Facial Oil Clearing, see page 16, under Face Lotion Clearing. This will enhance the effect on oily or blemished skin. Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Cetearyl Alcohol, Glycerine, Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba, Coco Glucoside, Rosa Canina (Rosehip) Fruit Oil, Aloe Barbadensis, Sodium PCA, Melia Azadirachta (Neem) Leaf Extract, Lactic Acid, Glyceryl Caprylat, Levulinic Acid, Sodium Levulinate, Caprylic/Capric Triglyceride, Tocopheryl Acetate, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Limonene*, Linalool*. *From the essential oils.

50 ml tube.

100 ml tube.





FACE LOTION MORE

- Anti-aging cream for mature skin.

• **Also suitable for sensitive skin.**
Red Clover is an ancient medicinal plant, traditionally used for eczema and minor skin conditions. Modern studies show that Red Clover Extract can stimulate skin cell renewal. In Face Lotion More, a light cream for both daytime and nighttime use, we have taken note of this. The cream also includes Borage Oil, Rosehip Seed Oil and essential oils of Rose, Patchouli and Bergamot. Together, they make the skin healthier and smoother. Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Caprylic/Capric Triglyceride, Cetearyl Alcohol, Cetearyl Glucoside, Olea Europaea (Olive) Fruit Oil, Simmondsia Chinensis(Jojoba) Seed Oil, Cera Alba (Beeswax), Rosa Canina (Rosehip) Fruit Oil, Borago Officinalis (Borage) Seed Oil, Melia Azadirachta Leaf Extract, Vegetable Glycerine, Sodium Levulinate, Sodium Anisate, Xanthan Gum, Trifolium Pratense (Red Clover) Extract, Citrus Bergamia (Bergamot) Oil, Lactic Acid, Rosa Damascena (Rose) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Pogostemon Cablin (Patchouli) Oil, Helianthus Annuus (Sunflower) Seed Oil, Daucus Carrota (Carrot), Limonene*, Linalool*, Geraniol*, Citronellol*, Citral*, Eugenol*.

*From the essential oils.

5 ml tube.

50 ml tube.

100 ml tube.



FACE LOTION SUPPLEMENT

- Anti-aging cream for mature skin.

- **Not intended for sensitive or oily skin.**

Luxurious facial cream with Pomegranate which improves elasticity, reduces wrinkles and prevents aging. Rapeseed Oil, Jojoba Oil and Peptides help increase the moisture content of the skin. Carrot Seed Oil and Frankincense firm the skin. Suitable for large-pored, dull skin which needs a boost. Apply Royal Facial Oil Supplement, see page 16, under Face Lotion Supplement to enhance the effect on mature skin.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Brassica Napus Seed (Rapeseed) Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba/Beeswax, Glycerin, Butyrospermum Parkii (Shea) Butter, Cetearyl Alcohol, Cetearyl Glucoside, Undecylenoyl Glycine, Capryloyl Glycine, Punica Granatum Seed Oil, Tocopherol, Tocopheryl Acetate, Xanthan Gum, Citrus Aurantium (Bitter Orange) Flower Oil, Olibanum, Daucus Carota Sativus (Carrot) Seed Oil, Ethylhexyl Palmitate, Tribehenin, Sorbitan Isosearate, Palmitoyl Oligopeptide, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*.

*From the essential oils.

50 ml tub.



FACE PROTECTION

- Protecting facial cream for dry and sensitive skin.
- Enhances the skin's protective barrier.

Face Protection offers oil and moisture, and protects your skin against environmental stressors. The combination of ingredients makes Face Protection a very gentle cream. Chamomile Extract and Lavender Oil offer a delightful scent. Reduces redness. Use an appropriate product around the eyes, see pages 18-19. Self preserving system.

Ingredients: Aqua Purificata/Water, Squalane, Simmondsia Chinensis (Jojoba) Seed Oil, Brassica Napus (Rape) Seed Oil, Cera Alba, Cetearyl Alcohol, Cetearyl Glucoside, Sodium PCA, Butyrospermum Parkii Butter, Glycerine, Sodium Levulinate, Sodium Anisate, Xanthan Gum, Chamomilla Recutita (Chamomile) Flower Oil, Lactic Acid, Lavandula Angustifolia (Lavender) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Linalool*.

*From the essential oils.

50 ml tube.

100 ml tube.



FACE DREAM

- The richest facial cream in our range.
- For very dry and sensitive skin.
- Reduces redness.
- Enhances the skin's protective barrier.

Face Dream with Lavender and Calendula protects your skin against environmental stressors and provides dry skin with both oil and moisture. The combination of ingredients makes Face Dream a protective and nourishing cream. Lavender and Geranium offer a gentle scent.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Cetearyl Glucoside, Cetearyl Alcohol, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Persea Gratissima (Avocado), Phytosterols, Brassica Napus (Rape) Seed Oil, Ricinus Communis (Castor) Seed Oil, Sodium Levulinate, Sodium Anisate, Vegetable Glycerine, Xanthan Gum, Lactic Acid, Calendula Officinalis (Marigold), Tocopherol, Tocopheryl Acetate, Mentha Piperita (Mentha) Oil, Lavandula Angustifolia (Lavender) Oil, Pelargonium Graveolens (Geranium) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Geraniol*, Citronellol*, Limonene*, Linalool*, Citral*.

*From the essential oils.

5 ml tube.

50 ml tube.

100 ml tube.



NIGHT CREAM

- Night cream for normal to dry skin.
- For nighttime use only, as it makes the skin photosensitive.

Lactic Acid (AHA) helps the skin get rid of dead skin cells, while Vitamin A in the Rosehip Seed Oil helps the skin regenerate, thereby helping reduce the appearance of age spots, wrinkles and scars. Use together with Serum C, see page 14. Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Squalane, Cetearyl Alcohol, Cetearyl Glucoside, Butyrospermum Parkii (Shea) Butter, Rosa Canina (Rosehip) Fruit Oil, Lactic Acid, Sodium Lactate, Xanthan Gum, Glyceryl Caprylate, Levulinic Acid, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Pogostemon cablin (Patchouli) oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*.

*From the essential oils.

50 ml pump bottle.



NIGHT CREAM MORE

- **Night cream for mature skin.**

Night Cream More is a nutritious facial night cream. Contains Rapeseed Oil and Sea Buckthorn Oil, giving it a luxurious texture and regenerative formula.

Essential oils of Orange, Rose and Peppermint offers a pleasant scent and a smoother result.

Helps prevent visible signs of aging and rehydrates dry skin.

Sea Buckthorn Oil is rich in antioxidants, fatty acids and Vitamin C. It also has beneficial properties in regards to mucous membrane discomfort and skin damages.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Aqua Purificata/Water, Brassica Napus (Rape) Seed Oil, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Vegetable Glycerin, Sodium Levulinate, Sodium Anisate, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Hippophae Rhamnoides (Sea Buckthorn) Oil, Lactic Acid, Xanthan Gum, Citrus Sinensis (Orange) Oil, Mentha Piperita (Mentha) Oil, Rosa Damascena (Rose) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*, Citral*, Citronellol*, Geraniol*.

*From the essential oils.

5 ml tube.

50 ml tube.

100 ml tube.



BALM AND CERATE

Balm is used when the skin needs extra pampering. The balms are formulated with a rich combination of plant oils and essential oils. Balm is mostly used during the night, when the skin is revitalising and is the most receptive to skincare. Using a balm also enhances the skin's protective barrier and improves elasticity. In wintertime, balm offers the optimal protection against cold, wind and dry air. It is then, favourably, applied in the morning, and can also be combined with a facial oil underneath.

A cerate for the lips is humectant and also protects against cold and wind.

FACE BALM CLEARING

- **Cleansing balm for oily and blemished skin.**
- **Balancing.**

Face Balm Clearing has a rich mix of nourishing and revitalising plant oils and essential oils. Oils from Rosehip Seed, Borage and Jojoba, as well as Squalene from Olive Oil, increase the moisture content and resilience of the skin. The skin's elasticity and lustre are noticeably improved. Essential oils of Lemon, Bergamot, Lavender and Petitgrain provide a fresh scent. Face Balm Clearing is very long-lasting. Take a small amount and warm between your fingertips.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalane, Caprylic/Capric Triglyceride, Persea Gratissima (Avocado) Oil, Phytosterols, Olea Europaea (Olive) Fruit Oil, Butyrospermum Parkii (Shea) Butter, Borage Officialis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Citrus Limon (Lemon) Peel Oil, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Petitgrain) Leaf Oil, Rosmarinus Officialis (Rosemary) Leaf Extract, Geraniol*, Limonene*.

*From the essential oils.

10 ml tub.

50 ml tub.



FACE BALM MORE

(former Face Balm Rose)

- **Strengthening balm for all skin types and ages.**

Face Balm Rose is a silky balm with a rich mix of nourishing and revitalising plant oils and essential oils.

Rose Otto, essential oil from Rose flowers, provides the gentle scent. Face Balm Rose is very long-lasting. Take a small amount and warm between your fingertips.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalane, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea) Butter, Persea Gratissima (Avocado) Oil, Phytosterols, Borago Officinalis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Olea Europaea (Olive) Fruit Oil, Rosa Damascena (Rose) Flower Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Ascorbyl Palmitate, Tocopheryl Acetate, Linalool*, Geraniol*, Farnesol*, Eugenol*, Citronellol*.

*From the essential oils.

10 ml tub.

50 ml tub.



FACE BALM MOIST

(former Face Balm Neroli)

- **Balancing balm for all skin types.**

Face Balm Moist has a rich and nourishing mix of plant oils and essential oils. Oils from Rosehip Seed, Borage and Jojoba, as well as Squalene from Olive Oil, increase the moisture content and resilience of the skin. The skin's elasticity and lustre are noticeably improved. Neroli essential oil strengthens and revitalises. Face Balm Moist is very long-lasting. Take a small amount and warm between your fingertips.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalane, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea) Butter, Persea Gratissima (Avocado) Oil, Phytosterols, Borago Officinalis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Olea Europaea (Olive) Fruit Oil, Citrus Aurantium (Neroli) Flower Oil, Sorbitan Oleate, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Ascorbyl Palmitate, Tocopheryl Acetate, Limonene*, Linalool*, Geraniol*, Farnesol*.

*From the essential oils.

10 ml tub.

50 ml tub.



FACE BALM GENTLE

- **Beneficent balm for sensitive skin.**

Face Balm Gentle has a rich mix of nourishing and soothing plant oils and essential oils. Contains emollient Sea Buckthorn Oil, perfect for sensitive skin. Oils of Rosehip Seed, Borage and Jojoba, as well as Squalene from Olive Oil, increase the moisture content and the resilience of the skin. The skin's elasticity and lustre are noticeably improved.

Orange, Lavender, Neroli and Frankincense form a calming mix of essential oils, strengthening the skin's protective barrier. Face Balm Gentle is very long-lasting. Take a small amount and warm between your fingertips.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalane, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea) Butter, Hippophae Rhamnoides (Sea Buckthorn) Oil, Persea Gratissima (Avocado) Oil, Phytosterol, Borago Officinalis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Olea Europaea (Olive) Fruit Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Ascorbyl Palmitate, Tocopheryl Acetate, Citrus Aurantium Dilcis (Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Neroli) Flower Oil, Citrus Aurantium (Petitgrain) Leaf Oil, Olibanum, Limonene*, Linalool*, Geraniol*, Farnesol*.

*From the essential oils.

10 ml tub.

50 ml tub.



FACE BALM SUPPLEMENT

- Activating balm for mature and dry skin.

Face Balm Supplement has a rich mix of nourishing and revitalising essential oils. Oils from Rosehip Seed, Borage and Jojoba, as well as Squalene from Olive Oil, increase the moisture content and resilience of the skin. The skin's elasticity and lustre are noticeably improved.

Essential oils from Frankincense, Neroli and Lemongrass are nourishing, activating and refreshing. Revitalises dull and gray skin. Face Balm Supplement is very long-lasting. Take a small amount and warm between your fingertips.

Use an appropriate product around the eyes, see pages 18-19.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Squalene, Caprylic/Capric Triglyceride, Persea Gratissima (Avocado) Oil, Phytosterols, Butyrospermum Parkii (Shea) Butter, Borago Officinalis (Borage) Seed Oil, Rosa Canina (Rosehip) Fruit Oil, Boswellia Carterii Gum Oil (Olibanum), Cymbopogon Citratus (Lemongrass) Leaf Oil, Citrus Aurantium (Neroli) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract.

10 ml tub.

50 ml tub.



LIP CARE

- Emollient lip balm available in two flavours.

Mint

Contains Peppermint essential oil, which gives a fresh, cooling sensation.

Vanilla

Contains real Vanilla Extract from Madagascar, which gives a soft, gentle sensation.

The skin on the lips is very thin and therefore particularly vulnerable to cold and wind. The lips may also have difficulty producing enough oil, especially if you have been using lip products containing mineral oil (paraffin, Vaseline).

Lip Care helps the lips retain moisture longer, reducing the appearance of fine lines around the mouth. The ingredients in Lip Care are vegetable oils and waxes with UV protection. Note that the beeswax in Lip Care is purified from pollen and therefore also suitable for pollen allergy sufferers.

Self preserving system.

Ingredients: Ricinus Communis (Castor) Seed Oil, Cera Alba/Beeswax, Olea Europaea (Olive) Fruit Oil, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Copernicia Cerifera (Carnauba) Wax, Caprylic/Capric Triglyceride, Mentha Arvensis (Corn Mint) Leaf Oil, Vanilla Planifolia Fruit Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*. *From the essential oils. +/- Vanilla Planifolia Fruit Oil, Mentha Arvensis (Corn Mint) Leaf Oil.

7 ml screw tube.



LIP CARE OUTDOOR

- Emollient and protective lip balm.

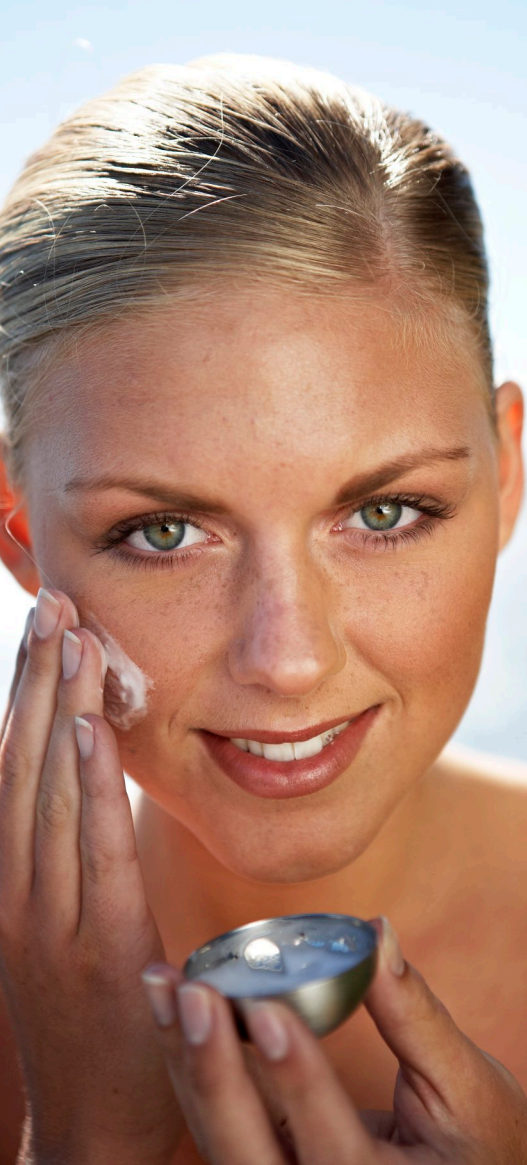
Lip Care Outdoor is a lip balm which protects your lips and makes them softer. Beneficial Geranium Oil and protecting Titanium Dioxide take care of the lips in the best way possible. Suitable for both winter and summer vacations.

Self preserving system.

Ingredients: Ricinus Communis (Castor) Seed Oil, Cera Alba/Beeswax, Olea Europaea (Olive) Fruit Oil, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Copernicia Cerifera (Carnauba) Wax, Titanium Dioxide, Mentha Arvensis (Corn Mint) Leaf Oil, Pelargonium Graveolens (Rose Geranium) Flower Oil, Alumina, Polyhydroxystearic Acid, Silica, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Geraniol*, Citral*, Citronellol*. *From the essential oils..

7 ml screw tube.





PEELING

Exfoliation gently removes dead skin cells, enabling the skin to effortlessly absorb all the nutrients from the oils and creams, making the skin softer and more even. Peeling should be done 1-2 times /week and preferably followed up with an appropriate face mask, since the skin will then be the most receptive to nutrients and vitamins. The granules in our peeling products come from natural ingredients.

PAPAYA PEELING

- **Enzyme peeling.**
- **Prevents blackheads.**
- **Suitable even for the most sensitive skin.**

Contained within this golden-yellow peeling, are extracts of Papaya that gently dissolve dead skin cells, leaving your skin softer than ever. Use 1-2 times/week. Avoid the eye area.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Brassica Napus (Rape) Seed Oil, Cetearyl Alcohol, Maltodextrin, Cetearyl Glucoside, Carica Papaya Fruit Juice, Simmondsia Chinensis (Jojoba) Seed Oil, Olea Europea (Olive) Fruit Oil, Citrus Limon (Lemon) Peel Oil, Citrus Grandis (Grapefruit) Peel Oil, Juniperus Communis (Juniper) Fruit Oil, Lavandula Angustifolia (Lavender) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*.

*From the essential oils.

30 ml tube.

100 ml tube.



AHA & JOJOBA PEELING

- **Counteracts blackheads and prevents acne.**
- **Offers a gentle bleaching effect on temporary hyperpigmentation: Lactic Acid works to prevent the clumping together of melanin in the skin.**
- **Beard and moustache: Massage closest to the skin to improve oxygenation.**

In the AHA & Jojoba Peeling, natural Lactic Acid (an AHA acid) from Sugar Beets and grains extracted from Jojoba Oil work together. The grains are the perfect shape and size for gently removing dead skin cells.

Apply AHA & Jojoba Peeling onto cleansed skin. Rinse and then follow up with a freshener. Use 1-2 times/week or as needed. Should you experience any discomfort, rinse immediately. Avoid the eye area.

Self preserving system.

Ingredients: Aqua Purificata/Water, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Hydrogenated Jojoba Wax, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Glucoside, Lactic Acid, Xanthan Gum, Sodium Lactate, Glyceryl Caprylate, Levulinic Acid, Sodium Levulinate, Glycerin, Helianthus Annuus (Sunflower) Seed Oil, Mentha Arvensis (Corn Mint) Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

30 ml tube.

100 ml tube.



MASK

Using a face mask gives the skin a little extra care and attention, enhancing the effect of your daily skincare routine. In a facial mask, the proportions of active ingredients make them unsuitable for using in face creams.

Preferably used after exfoliating, when the skin is the most receptive to nutrients and vitamins.

BLUEBERRY SEED MASK

- **Strengthening and moisturising face mask.**

- **Suitable for all skin types.**

- **Soothing and cooling.**

Blueberry Seed Mask provides a lot of moisture and is a cream mask that does not set. Suitable for those with superficial blood vessels, sensitive or easily irritated skin.

Blueberry Seed Oil is a rich source of essential fatty acids, which help the skin remain supple and reduce the first signs of aging. The mask provides the skin with Vitamin E, a powerful antioxidant.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Vaccinium Myrtillus (Bilberry) Seed Oil, Cetearyl Alcohol, Butyrospermum Parkii (Shea) Butter, Glycerin, Cetearyl Glucoside, Sodium PCA, Xanthan Gum, Sodium Levulinate, Sodium Anisate, Lactic Acid, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Neroli) Flower Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool.

50 ml pump bottle.



FACE MASK MOIST

- **Soothing and moisturising face mask.**

- **Suitable for all skin types - especially dry and mature.**

- **Strengthens the skin and improves the texture.**

- **Softens dry lips.**

- **Suitable as treatment for dry hands.**

Face Mask Moist contains Coldpressed Jojoba Oil, humectant herbal salts, Mandarin Oil, Neroli Oil and stable Vitamin C.

Use 2 times/week on cleansed skin. Leave for 10 minutes and then wash off with water. Can be used in combination with Papaya Peeling under the mask, as a moisture treatment in order to achieve maximum moisture content in the skin.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerine, Cetearyl Alcohol, Cetearyl Glucoside, Sodium Levulinate, Sodium Anisate, Citrus Aurantium Dulcis (Orange) Peel Extract, Xanthan Gum, Butyrospermum Parkii (Shea) Butter, Citrus Reticulata (Mandarin Orange) Oil, Tocopheryl Acetate, Tocopherol, Lactic Acid, Citrus Aurantium (Neroli) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*.

*From the essential oils.

15 ml tube.

50 ml tube.





FACE MASK MORE

- Smoothing and moisturising cream mask.
- Anti-aging face mask for mature skin.
- Suitable for all skin types.
- Strengthens the skin and improves the texture.
- Evens out and lifts.

Face Mask More with extract from Persian Silk Tree and Sea Buckthorn, and essential oils of Neroli and Frankincense, with firming, moisturising and soothing properties for all skin types, even sensitive skin. Provides the skin with moisture and fatty acids.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Cetearyl Alcohol, Cetearyl Glucoside, Albizia Julibrissin (Mimosa) Bark Extract, Darutoside, Hippophae Rhamnoides (Sea Buckthorn) Fruit Oil, Sodium Levulinate, Sodium Anisate, Xanthan Gum, Butyrospermum Parkii (Shea) Butter, Tocopheryl Acetate, Tocopherol, Lactic Acid, Citrus Aurantium (Bitter Orange) Flower Oil, Olibanum, Daucus Carota Sativus (Carrot) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*.

*From the essential oils.

15 ml tube.

50 ml pump bottle.



FACE MASK GENTLE

- Deep cleansing face mask for all skin types.
- Soothing clay mask.

Face Mask Gentle is a balancing face mask with White Clay. The clay has an astringent effect on pores and superficial blood vessels. The clay is enriched with a mix of essential oils which help strengthen the vessels and reduces redness. Apply thinly and leave for at least 5 minutes.

Self preserving system.

Ingredients: Aqua Purificata/Water, Clay, Ricinus Communis (Castor) Seed Oil, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Sodium Levulinate, Sodium Anisate, Glycerine, Simmondsia Chinensis (Jojoba) Seed Oil, Xanthan Gum, Citrus Aurantium Dulcis (Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium (Neroli) Flower Oil, Citrus Aurantium (Petitgrain) Leaf Oil, Lactic Acid, Boswellia Carterii (Olibanum) Gum Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*.

*From the essential oils.

15 ml tube.

50 ml tube.



FACE MASK CLEARING

- Cleansing face mask for all skin types.
- Absorbs impurities and refines pores.
- Suitable for rosacea skin.
- Also suitable for those with skin blistering.

In Face Mask Clearing, deep cleansing Silicon and the antioxidant Vitamin C work together.

Use 2 times/week on cleansed skin. Leave for 10 minutes, then wash off with water.

Can be combined with AHA & Jojoba Peeling under the mask, as a cleansing treatment for maximum effect. Can also be used as acne spot treatment.

Self preserving system.

Ingredients: Aqua Purificata/Water, Silica, Xanthan Gum, Citrus Aurantium Dulcis (Orange) Peel Extract, Sodium Levulinate, Sodium Anisate, Lactic Acid, Biosaccharide Gum-1, Glycerine, Rosmarinus Officinalis (Rosemary) Leaf Extract.

15 ml tube.

50 ml tube.



DARK CHOCOLATE MASK

- Emollient cream mask.
- Adds antioxidants to the skin.
- Increases oxygenation, which strengthens the skin.
- Suitable for all skin types.

Cocoa Butter and Cocoa provides fatty acids and antioxidants.

Use 2 times/week on cleansed skin. Leave for 10 minutes, then wash off with water. Leaving your skin soft, smooth and with a hint of chocolate scent. The mask does not set.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Theobroma Cacao (Cocoa) Seed Butter, Glycerin, Sodium PCA, Cetearyl Alcohol, C14-22 Alcohols, C12-20 Alkyl Glucoside, Sodium PCA, Xanthan Gum, Glyceryl Caprylate, Levulinic Acid, Sodium Levulinate, Cetearyl Glucoside, Sodium Lactate, Lactic Acid, Tocopherol, Tocopheryl Acetate, Rosmarinus Officinalis (Rosemary) Leaf Extract, Helianthus Annuus (Sunflower) Seed Oil.

50 ml pump bottle.







BODY

The skin is the body's largest organ. How we care for it, matters to our health.

The right ingredient, in the right product, in the right place, makes a big difference.

Shampoo, deodorant, lotion, hand cream. Small amounts every day, throughout the year, sums up to quite a lot of ingredients that the body gets to absorb. That is why it can be of great value to make a conscious choice. In our modern society, the water in the tap is treated, the food processed and the air polluted. To remain healthy, the skin on your body needs a daily skincare routine, just like the skin on your face. For more than 4,000 years, essential oils and botanical extracts have been used in skincare and medicine, due to the knowledge about the benefits they offer.

Discover for yourself, the active, nourishing ingredients in our products.

All MARIA ÅKERBERG products are suitable for both women and men.

CLEANSING

One of the benefits you get from our cleansing products, is that they do not cleanse "too much". Instead, they maintain the moisture and natural protection.

HAIR & BODY SHAMPOO

All of our Hair & Body Shampoos are gentle and conditioning.

- **Use daily as shampoo:**

First, wet your hair and scalp. Thoroughly massage a small amount onto hair and scalp, leave for a minute, then rinse well. Always shampoo twice! The first time dissolves the dirt, the second one cleanses.

If your hair becomes flat: Hair & Body Shampoo wasn't left in long enough, or wasn't rinsed out well enough.

For flyaway hair: Use Hair Conditioner or Hair Conditioner Energy.

One of the advantages of our shampoo, is that it isn't dehydrating, and some may even experience their itching disappearing, since the scalp is not dried out. Leave the shampoo in for a few minutes, while you wash or exfoliate for example. Then rinse thoroughly.

- **Refreshing shower gel:** The mild, cleansing ingredients in Hair & Body Shampoo primarily come from Coconut and Corn, which help the skin retain its natural, protecting oils.

- **Face cleanser for those doing sports and showering more frequently.** Suitable for normal skin.

- **Use as shaving foam, lather it up with a little water.**

- **Great as hand soap.**

HAIR & BODY SHAMPOO ROSEMARY

- **For everybody.**
- **Use daily.**
- **Great for cleansing beard and moustache.**

Hair & Body Shampoo Rosemary, "The Original" with Rosemary Oil, which gives a clean, fresh scent. Cleansing and balancing for the scalp.

Combined with a healthy diet and a 100 brush strokes, it will give you a healthier, stronger hair with plenty of shine.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*. *From the essential oils.

30 ml tube.

125 ml bottle.

250 ml bottle.

500 ml bottle.

5 l bottle.

Pump for 250 or 500 ml bottle, see page 85.



HAIR & BODY SHAMPOO BASIC

- **Without essential oils.**
- **Fragrance-free shampoo and shower gel for the entire family.**
- **Use daily.**

Hair & Body Shampoo Basic is a mild shampoo and a fresh shower gel without essential oils.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Lactic Acid.

250 ml bottle.

500 ml bottle.

5 l bottle.

Pump for 250 or 500 ml bottle, see page 85.



HAIR & BODY SHAMPOO LEMONGRASS

- For dry, dull and lifeless hair.
- Use daily.

Hair & Body Shampoo Lemongrass with Lemongrass essential oil is cleansing and helps retain moisture in the scalp.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Coco-sulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Cymbopogon Citratus (Lemongrass) Oil, Lactic Acid, D-Limonene*, Linalool*, Citral*, Geraniol*.

*From the essential oils.

30 ml tube.

250 ml bottle.

500 ml bottle.

5 l bottle.

Pump for 250 or 500 ml bottle, see page 85.

HAIR & BODY SHAMPOO BASIL & LIME

- Counteracts oily hair.
- Use daily.

Hair & Body Shampoo Basil & Lime is a mild shampoo and shower gel with Basil, Lime, Geranium and Mandarin essential oils.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Coco-sulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Pelargonium Graveolens (Rose Geranium) Flower Oil, Ocimum Basilicum (Basil) Oil, Citrus Aurantifolia (Lime) Oil, Citrus Reticulata (Mandarin Orange) Peel Oil, Lactic Acid, D-Limonene*, Linalool*, Citronellol*, Geraniol*.

*From the essential oils.

250 ml bottle.

500 ml bottle.

5 l bottle.

Pump for 250 or 500 ml bottle, see page 85.

HAIR & BODY SHAMPOO ENERGY

- Vibrant and refreshing scent.
- Use daily.

Hair & Body Shampoo Energy is a mild shampoo and shower gel. Rosemary, Lavender, Lemongrass and Juniper essential oils will energise you. A shampoo to wake you up!

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Coco-sulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, Lavandula Angustifolia (Lavender) Oil, Lactic Acid, *D-Limonene*, Linalool*, Citral*.

*From the essential oils.

30 ml tube.

250 ml bottle.

500 ml bottle.

5 l bottle.

Pump for 250 or 500 ml bottle, see page 85.





SHAVING

When shaving, remember to use a sharp razor that will cut through the hairs properly. Always shave with the grain.

To make the razor glide smoothly, and to protect the skin against irritation, use our new Shaving Cream or Hair & Body Shampoo, which is easy to lather up. Prevent skin irritation by applying Coldpressed Jojoba Oil prior to shaving. Use Aloe Vera Barbadensis or Shower & Bath Oil as aftershave.

SHAVING CREAM

- **Great for both men and women.**
- **Easy to apply on dry skin.**

A soft shaving cream which makes the razor glide smoothly and protects the skin while shaving. Suitable for use without a shaving brush since it doesn't lather. Contains emollient Jojoba Oil and rehydrating Aloe Vera.

Self preserving system.

Ingredients: Aqua Purificata/Water, Cetearyl Alcohol, Vegetable Glycerin, Behentrimonium Methosulfate, Cetyl Alcohol, Palmitic/Stearic Triglyceride, Squalane, Sodium Levulinate, Sodium Anisate, Simmondsia Chinensis (Jojoba) Seed Oil, Citrus Aurantium Dulcis (Sweet Orange) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium Amara (Bitter Orange) Flower Oil, Citrus Aurantium Amara (Bitter Orange) Leaf Oil, Olibanum, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Lactic Acid, Limonene*, Linalool*.

*From the essential oils.

100 ml tube.



PEELING

Exfoliating the body leaves the skin soft and smooth. Replace your usual body wash with an exfoliation 1-2 times/week to increase the skin's lustre. Exfoliating makes the skin more even, removes dead skin cells and helps prevent the appearance of cellulite. Apply a Body Lotion or Body Balm afterwards, when the skin is the most receptive to nutrients and vitamins.

DARK CHOCOLATE SCRUB

- **Emollient body peeling with Cocoa.**

Very effective on non-sensitive skin. Dark Chocolate Scrub is a luxurious combination of Sea Salt, Cocoa Butter and Cocoa. Apply on dry skin. Massage the entire body and then shower. The salt granules efficiently exfoliate the skin, leaving it soft, smooth and chocolate-scented. Note: The shower floor can become slippery, so be careful!

Self preserving system.

Ingredients: Sodium Chloride, Helianthus Annuus (Sunflower) Seed Oil, Brassica Napus (Rape) Seed Oil, Cetearyl Alcohol, Theobroma Cacao (Cocoa) Fruit Powder, Coco-Glucoside, Simmondsia Chinensis (Jojoba) Seed Oil, Olea Europaea (Olive) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

200 ml tub.



SALT SCRUB ENERGY

- **Body peeling.**
- **Very effective on non-sensitive skin.**
- **Pedicure: Use on feet and cuticles.**

Salt Scrub Energy is a delectable combination of Sea Salt, vegetable oils and essential oils. For best exfoliating effect, apply on dry skin. Massage the entire body and then shower. If applied on wet skin, the salt granules dissolve, resulting in a milder scrub. The salt granules efficiently exfoliate the skin, leaving it soft, smooth and fragrant.

Note: The shower floor can become slippery, so be careful!

Self preserving system.

Ingredients: Maris Sal/Sea Salt, Helianthus Annuus (Sunflower) Seed Oil, Coco Glucoside, Brassica Napus (Rape) Seed Oil, Cetearyl Alcohol, Rosmarinus Officinalis (Rosemary) Leaf Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Palmitic/Stearic Triglyceride, Cymbopogon Citratus (Lemon Grass) Leaf Oil, Juniperus Communis (Juniper) Fruit Oil, Lavandula Angustifolia (Lavender) Oil, Olea Europaea (Olive) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, D-Limonene*, Linalool*, Citral*.

*From the essential oils.

30 ml tube.

200 ml tub.



BODY SCRUB

- **Foaming body scrub.**
- **Skin strengthening and firming.**
- **Prevents acne on upper arms and back.**

Body Scrub with Apricot Kernels and Jojoba Oil. The fresh scent comes from Grapefruit, Rosemary and Cinnamon essential oils. Helps prevent cellulite and water retention. For best results, use Body Scrub with an exfoliating (peeling) glove, see page 86.

Self preserving system.

Ingredients: Aqua Purificata/Water, Prunus Persica (Peach) Seed Oil, Decyl Glucoside, Cocamidopropyl Betain, Sodium Coco-Sulfate, Glycerin, Sodium Lauroyl Oat Amino Acids, Biosaccharide Gum-1, Glyceryl Stearate, Mipa Laureth Sulfate, Sodium Levulinate, Sodium Anisate, Isostearamidopropyl Morpholine Lactate, Hydrogenated Jojoba Wax, Citrus Paradisi (Grapefruit) Oil, Caprylic/ Capric Triglyceride, Origanum Vulgare Oil, Thymus Vulgaris (Thyme) Flower Oil, Cinnamon (Cinnamomum Verum) Bark Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Hydrastis Canadensis (Golden Seal) Root Extract, D-Limonene*.

*From the essential oils.

30 ml tube.

250 ml bottle.





DEODORANT

MARIA ÅKERBERG deodorants are effective and free from Aluminium Chloride, Alcohol and Perfume. Very gentle on your skin and on your health.

SALT DEO

- **Highly effective deodorant.**
- **Free from Aluminium Chloride and Alcohol.**
- **Leaves no white marks on clothing.**
- **Fragrance-free.**

Our Salt Deo is very effective for up to 24 hours, completely fragrance-free and without Alcohol and Aluminium Chloride. Salt Deo is based on tried and true knowledge. It consists of a naturally occurring mineral: Potassium Alum. Alum is a double-salt, where Aluminium is present but can't be released. Therefore there is no free Aluminium in Salt deo. Wet the Salt Deo with water and rub onto freshly washed skin for about 30-40 seconds. There must be a little friction in order for the salt to loosen. It is non-sticky and the disinfecting effect makes it perfect after shaving.

Self preserving system.

Ingredients: Potassium Alum, Aqua/Water (Water that is bound to the salt).

50 g stick.



DEO SPRAY SALT

- **Effective deodorant without essential oils.**
- **Free from Aluminium Chloride and Alcohol.**
- **Fragrance-free.**

Deo Spray Salt is an effective deodorant with Salt, which has antibacterial properties. Suitable for both women and men. Use on freshly washed and dry skin. Self preserving system.

Ingredients: Aqua Purificata/Water, Sodium Bicarbonate, Glycerin, Maris Sal, Sodium Levulinate, Sodium Anisate.

125 ml spray bottle.



DEO SPRAY CITRUS

- **Effective deodorant.**
- **Free from Aluminium Chloride and Alcohol.**
- **Use as mosquito repellent.**

Deo Spray Citrus is an effective deodorant, with a fresh scent of Lime and Grapefruit essential oils, suitable for both women and men.

Use Deo Spray Citrus directly onto freshly washed and dry skin.

Shake before use.

Self preserving system.

Ingredients: Aqua Purificata/Water, Sodium Caproyl/Lauroyl Lactylate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glucosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Glycerin, Sodium Levulinate, Sodium Anisate, Citrus Aurantifolia (Lime) Oil, Citrus Paradisi (Grapefruit) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, D- Limonene*, Citral*, Linalool*.

*From the essential oils.

125 ml spray bottle.



DEO SPRAY ESSENTIAL

- **Effective deodorant.**
- **Free from Aluminium Chloride and Alcohol.**

Deo Spray Essential is a deodorant with a fresh scent of Grapefruit and Bay Leaf essential oils, suitable for both women and men.

Use Deo Spray Essential directly onto freshly washed and dry skin.

Shake before use.

Self preserving system.

Ingredients: Aqua/Water, Sodium Caproyl / Lauroyl Lactyl Lactate, Glycerin, Citrus Limon (Lemon) Peel Oil, Sodium Levulinate, Sodium Anisate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glycoside, Citrus Paradisi (Grapefruit) Peel Oil, Polyglyceryl-5 Oleate, Rosmarinus Officinalis (Rosemary) Leaf Oil, Laurus Nobilis (Bay) Oil, Sodium Cocoyl Glutamate, Pogostemon Cablin (Patchouli) Oil, Mentha Piperita (Peppermint) Oil, Olibanum, Glyceryl Caprylate, Limonene*, Linalool*, Citral*, Eugenol*. *From the essential oils.

125 ml spray bottle.



LOTION

The vegetable oils in our body lotions are soothing and moisturising for the skin, while the essential oils provide a luxurious scent and enhance the effect of the product.

BODY LOTION

- Counteracts dry skin.
- After sunbathing: First apply Aloe Vera Barbadensis, and then use Body Lotion for added moisture.

The combination of natural Lactic Acid, Shea Butter, Sandalwood and Bergamot help with the moisture and oil balance of the skin. The very best help for sensitive skin. You may feel a slight tingling on very dry skin.

Self preserving system.

Ingredients: Aqua Purificata/Water, Glycerine, Squalane, Butyrospermum Parkii Butter, Glyceryl Stearate Citrate, Glyceryl Caprylate, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Alcohol, Lactic Acid, Sodium Levulinate, Sodium Anisate, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Santalum Album (Sandalwood) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*.

*From the essential oils.

30 ml tube.
250 ml bottle.
500 ml bottle.
Pump for 250 or 500 ml bottle, see page 85.



BODY LOTION BEAUTIFUL

- Counteracts dry skin.
- Essential oils of Orange and Cardamom.

Body Lotion Beautiful with Lemon, Bergamot, Orange and Cardamom essential oils makes your skin soft and fragrant.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Butter, Brassica Napus (Rape) Seed Oil, Tocopherol Acetate, Sodium Lactate, Sodium PCA, Sodium PH, Cetearyl Alcohol, Glyceryl Stearate Citrate, Glyceryl Caprylate, Lactic Acid, Sodium Levulinate, Sodium Anisate, Citrus Limon (Lemon) Peel Oil, Citrus Bergamia Melarosa (Bergamot) Leaf Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Elettaria Cardamomum (Cardamom) Seed Oil, Limonene*, Linalool*, Citral*, Eugenol*.

*From the essential oils.

30 ml tube.
250 ml bottle.
500 ml bottle.
Pump for 250 or 500 ml bottle, see page 85.



BODY LOTION ROSE

- Counteracts dry skin.
- Essential oils of Rose and Lavender.

Body Lotion Rose with Rose and Lavender essential oils makes your skin soft and fragrant.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Squalane, Glycerin, Butyrospermum Parkii (Shea) Butter, Glyceryl Stearate Citrate, Cetearyl Alcohol, Sodium Levulinate, Sodium Anisate, Sodium Lactate, Xanthan Gum, Glyceryl Caprylate, Lavandula Angustifolia (Lavender) Oil, Rosa Damascena (Damask Rose) Flower Oil, Lactic Acid, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Geraniol*, Citronellol*, Eugenol*, Farnesol*, Citral*. *From the essential oils.

250 ml bottle.
500 ml bottle.
Pump for 250 or 500 ml bottle, see page 85.



BODY LOTION ENERGY

- Counteracts dry skin.
- With a vibrant, refreshing scent.

Body Lotion Energy with Rosemary, Lavender, Lemongrass and Juniper essential oils gives a refreshing scent, suitable for both women and men. It is an emollient and beneficial lotion with a mix of plant oils, vitamins and Lactic Acid (AHA), giving the skin a good moisture/oil balance. The Lactic Acid that we use, comes from Sugar Beets.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Squalane, Glycerin, Butyrospermum Parkii Butter (Shea Butter), Glycerides, Glyceryl Stearate Citrate, Cetearyl Alcohol, Glyceryl Caprylate, Sodium Levulinate, Sodium Anisate, Sodium Lactate, Lactic Acid, Xanthan Gum, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, Lavandula Angustifolia (Lavender) Oil, Helianthus Annuus (Sunflower) seed Oil, Limonene*, Linalool*, Geraniol*, Citronellol*, Citral*.

*From the essential oils.

30 ml bottle.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.



BODY LOTION WHITE CHOCOLATE

- Counteracts dry skin.
- Cocoa Butter and Vanilla Extract for added luxury.

Due to the Cocoa Butter, a natural emollient, Body Lotion White Chocolate feels a bit richer than the other Body Lotions in our range. It also contains fragrant Vanilla Extract, obtained from orchids in Madagascar.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Squalane, Theobroma Cacao (Cocoa) Seed Butter, Glycerin, Glyceryl Stearate Citrate, Cetearyl Alcohol, Sodium Levulinate, Sodium Anisate, Sodium Lactate, Xanthan Gum, Glyceryl Caprylate, Lactic Acid, Vanilla Planifolia (Vanilla) Fruit Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.



BODY LOTION ATHLETIC

- Counteracts dry skin.
- Provides a beneficial and powerful effect.
- Great for sore muscles.

Body Lotion Athletic is a moisturising body lotion with a fresh scent. It contains, among other ingredients, Wintergreen, Rosemary and Arnica, all of which give Body Lotion Athletic a beneficial and powerful effect.

Due to the high concentration of essential oils, Body Lotion Athletic should not be used daily.

Self preserving system.

Ingredients: Aqua Purificata/Water, Brassica Napus (Rape) Seed Oil, Glycerine, Glyceryl Stearate Citrate, Cetearyl Alcohol, Butyrospermum Parkii (Shea) Butter, Cera Alba, Glyceryl Caprylate, Sodium Levulinate, Sodium Anisate, Rosmarinus Officinalis (Rosemary) Leaf Oil, Gaultheria Procumbens (Wintergreen) Leaf Oil, Mentha Arvensis (Mentha) Herb oil, Lactic Acid, Xanthan Gum, Helianthus Annuus (Sunflower) Seed Oil, Arnica Montana (Arnica) Flower Oil, Limonene*, Linalool*.

*From the essential oils.

30 ml tube.

100 ml tube.





BALM

Body Balms with beneficial essential oils which prevent dry skin. Luxurious products, giving your skin that extra care and attention.

BODY BALM ENERGY

- **Body Balm with beneficial essential oils.**
- **Counteracts dry skin.**
- **Emollient.**

A velvety balm, made using vegetable oils and butters that blend perfectly at body temperature. Rosemary, Lavender, Lemongrass and Juniper essential oils provide a fresh citrus scent.

Remember to rub it in thoroughly, preferably onto moist skin, in order to aid proper absorption and avoid greasy stains on clothing.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Cera Alba (Beeswax), Theobroma Cacao (Cocoa) Seed Butter, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, Lavandula Angustifolia (Lavender) Oil, Helianthus Annuus (Sunflower) Seed Oil, Limonene*, Linalool*, Citral*, Geraniol*, Citronellol*.

*From the essential oils.

100 ml tub.

BODY BALM WHITE CHOCOLATE

- **Body Balm with Cocoa Butter and Vanilla Extract.**
- **Counteracts dry skin.**
- **Emollient.**

Cocoa Butter, extracted from Cocoa Beans, is a natural emollient which blends well at body temperature and helps keep the skin hydrated. Vanilla Extract from Madagascar gives a delicate scent. Suitable for dry skin. Remember to rub it in thoroughly, preferably onto moist skin, in order to aid proper absorption and avoid greasy stains on clothing.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Cera Alba (Beeswax), Theobroma Cacao (Cocoa) Seed Butter, Caprylic/Capric Triglyceride, Vanilla Planifolia Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

100 ml tub.

SHEA BALM

- **For the entire family.**
- **Counteracts striae.**
- **Counteracts dry skin on hands and feet.**
- **Protects against cold.**
- **Fragrance-free.**

Shea Balm is grainy and has a different texture. It blends well at body temperature. Massage onto skin during and after pregnancy, to prevent striae.

The Shea Butter comes from wild growing Shea Trees. Marigold Extract has traditionally been used to care for delicate skin and wounds. The colour and scent of Shea Balm vary with the changes of the Marigold flowers.

Self preserving system.

Ingredients: Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Calendula Officinalis (Marigold) Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Daucus Carrota Sativa (Carrot) Root Extract.

10 ml tub.

100 ml tub.





BODY OIL

All of our massage oils can be used as body oils, alone or under a Body Lotion.

Massage is beneficial for muscles and joints. It is also a simple way to care about each other. The effect of a massage depends on the characteristics of the oil and on your own ability to relax. Through massage, the massage oil penetrates the skin, increasing its metabolism.

The oils are unique combinations of various vegetable oils and essential oils, which not only provide pleasant scents, but also enhance the properties of the massage oil. You do not need to wipe the massage oil off after a massage.

All of our oils are suitable for a "warm massage". Heat the oil to body temperature in a water bath. Only heat the amount needed for each session. Left-over heated oil should be discarded.

BODY & MASSAGE OIL NATURAL

- **Neutral massage oil without essential oils.**
- **Bath oil.**
- **Fragrance-free.**

Body & Massage Oil Natural is a light massage oil with Sunflower, Rapeseed, Shea Butter and Jojoba Oils that glides easily onto the skin for a smooth massage.

The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Butter, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil.

250 ml bottle.

Pump or Spray pump for 250 ml bottle, see page 85.



BODY & MASSAGE OIL RELAXING

- Soothing and relaxing massage oil.
- Bath oil.

In Body & Massage Oil Relaxing, oils from Sunflower, Rapeseed, Shea Butter and Jojoba are combined with Lavender essential oil for a gentle massage and body oil. Perfect when you want to unwind or have trouble sleeping. The oil glides easily onto the skin for a smooth massage. The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Seed Oil, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lavandula Angustifolia (Lavender) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Geraniol*.

*From the essential oils.

125 ml spray bottle.

250 ml bottle.

Pump or spray pump for 250 ml bottle, see page 85.



BODY & MASSAGE OIL CYPRESS

- Strengthening body oil with a fresh scent.
- Prevents swollen legs during pregnancy.
- Bath Oil.

In Body & Massage Oil, oils from Cypress, Sunflower, Rapeseed, Shea Butter and Jojoba are combined with Cypress, Lemon and Lavender essential oils for a fresh massage and body oil. Sometimes your legs feel stiff and sore; use Body & Massage Oil Cypress regularly, massaging towards the heart, with soft motions. Beneficial for superficial blood vessels.

The light oil glides easily onto the skin for a smooth massage. The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Butter, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Cupressus Sempervirens (Cypress) Oil, Citrus Limon (Lemon) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Geraniol*, Limonene*, Linalool*, Citral*.

*From the essential oils.

125 ml spray bottle.

250 ml bottle.

Pump or spray pump for 250 ml bottle, see page 85.



BODY & MASSAGE OIL ENERGY

- Energising body oil.
- Bath oil.

In Body & Massage Oil Energy, oils from Sunflower, Rapeseed, Shea Butter and Jojoba are combined with Rosemary, Lavender, Lemongrass and Juniper essential oils for a fresh, citrus-scented massage and body oil.

An ideal oil for when your legs feel heavy. The light oil easily glides onto the skin for a smooth massage.

The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii Seed Oil (Shea Butter Glycerides), Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, D-Limonene*, Linalool*, Citral*, Citronellol*, Geraniol*. *From the essential oils.

125 ml spray bottle.

250 ml bottle.

Pump or spray pump for 250 ml bottle, see page 85.





BODY & MASSAGE OIL CHILI

- **Exhilarating and moisturising body oil.**
- **Bath oil.**

In Body & Massage Oil Chili, oils from Sunflower, Rapeseed, Shea Butter and Jojoba are combined with Chili Extract and essential oils of Orange and Mint to provide a fresh and reviving massage and body oil. Chili contains Capsicum and Beta-Carotene. Capsicum has warming properties and can have many different effects, depending on what it is combined with. Beta-Carotene is beneficial for dry skin. Mint Oil is cooling and astringent. All these effects may be helpful for oedema, minor varicose veins, and restless legs.

The light oil easily glides onto the skin for a smooth massage.

The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Citrus allergy sufferers may be sensitive to Body & Massage Oil Chili.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Capsicum Frutescens (Chili) Fruit Extract, Mentha Arvensis (Mentha) Herb Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Linalool*, Limonene*, Citral*.

*From the essential oils.

125 ml spray bottle.



BODY & MASSAGE OIL ATHLETIC

- **Beneficial and powerful body oil.**
- **Bath oil.**
- **Great for sore muscles.**

In Body & Massage Oil Athletic, oils from Sunflower, Rapeseed, Shea Butter and Jojoba are combined with essential oils of Wintergreen, Peppermint and Eucalyptus to give an enlivening massage and body oil. Chili extract gives it a little extra 'oomph'.

The light oil easily glides onto the skin for a smooth massage.

The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Due to the high levels of essential oils, it is not suitable for those with sensitive skin.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Butter, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Capsicum Frutescens Fruit Extract, Gaultheria procumbens (Wintergreen) Leaf Oil, Mentha Piperita (Peppermint) Oil, Eucalyptus Globulus Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*. *From the essential oils.

125 ml spray bottle.



BODY & MASSAGE OIL GINGER

- **Moisturising body oil with Ginger.**
- **Bath oil.**

In Body & Massage Oil Ginger, oils from Sunflower, Rape Seed, Jojoba and Borage are combined with Ginger and Arnica Extracts, and Rosemary and Rose essential oils, to provide a soft, soothing massage and body oil.

Body & Massage Oil Ginger is used for a warming body massage, relaxing stomach massage and soft fibro massage.

The light oil easily glides onto the skin for a smooth massage.

The oil can also be used in the bath. Add approximately 5 ml to a standard-sized bathtub.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Borago Officinalis (Borage) Seed Oil, Zingiber Officinale (Ginger) Root Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Rosa Damascena (Damask Rose) Flower Oil, Arnica Montana Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*, Citral*, Citronellol*, Geraniol*. *From the essential oils.

125 ml spray bottle.



BODY & MASSAGE OIL ANTICELLULITE

- **Cleansing body oil.**
- **Bath oil.**

In Body & Massage Oil Anticellulite, oils from Sunflower, Rape Seed, Shea Butter and Jojoba are combined with Lemon, Rosemary, Grapefruit and Lavender essential oils to provide a fresh, citrus-scented massage and body oil. The light oil easily glides onto the skin for a smooth massage.

For best effect, use regularly together with our pointy body massager and Body Scrub, see pages 36 and 87.

The oil can also be used in the bath; add approximately 5 ml to a standard-sized bathtub.

During pregnancy, Body & Massage Oil Anticellulite should not be used daily.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Butter, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Citrus Limon (Lemon) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Citrus Paradisi (Grapefruit) Peel Oil, Lavandula Angustifolia (Lavender) Oil, Juniperus Communis (Juniper) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Citronellol*, Geraniol*. *From the essential oils.

125 ml spray bottle.

250 ml bottle.

Pump or spray pump for

250 ml bottle,

see page 85.



LOVELY MOTHER

- **Pregnancy oil.**
- **Strengthens the skin.**
- **Counteracts striae.**

A body oil, formulated especially for pregnant women. Also suitable as a massage oil for "pregnancy massage". It can also be used in the genital area before delivery.

The main ingredient in Lovely Mother is Shea Butter. Shea Butter is extracted from the fruits of the Shea Tree. Within the fruit is a kernel, from which the oil is pressed. Shea Butter Oil protects the skin from dehydration.

The pleasant scent comes from Geranium, Mandarin, Patchouli and Lemon essential oils.

The light oil easily glides onto the skin for a smooth massage.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Pelargonium Graveolens (Rose Geranium) Oil, Pogostemon Cablin (Patchouli) Oil, Citrus Reticulata (Mandarin Orange) Peel Oil, Citrus Limon (Lemon) Peel Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Geraniol*, Limonene*, Linalool*, Citral*, Citronellol*.

*From the essential oils.

125 ml spray bottle.



ROYAL BODY OIL

- Luxurious body oil where the seductive, feminine fragrances develop on the skin.
- Sensual massage oil.
- Great after pregnancy.

Royal Body Oil is a luxurious body oil with Sea Buckthorn and the seductive essential oils of Neroli, Patchouli and Rosemary.

Patchouli Oil is extracted from the leaves of the Patchouli shrub and has an exotic, oriental fragrance. Royal Body Oil supports the skin's own protective function, leaving your body silky smooth. Great after pregnancy, both as body oil and for intimate use. Royal Body Oil also gives the skin a beautiful lustre. The light Royal Body Oil is absorbed relatively fast by the skin.

Self preserving system.

Ingredients: Helianthus Annuus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Hippophae Rhamnoides (Sea Buckthorn) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Citrus Aurantium (Bitter Orange) Flower Oil, Pogostemon Cablin (Patchouli) Oil, D-Limonene*, Linalool*, Geraniol*, Farnesol*.

*From the essential oils.

125 ml spray bottle.





HAIR CARE

Healthy hair and a balanced scalp mean a lot to our well-being.

We offer a wide range of effective products that can help your hair and scalp feel great.

Most of our products for hair and scalp are formulated in cooperation with an expert in trichology - the scientific study of the hair and scalp.

A few other tips for a healthy hair are:

Eat a nutritious and varied diet. Vitamins B and E are especially important for healthy hair.

Clean your hair brushes and combs regularly.

Never brush your hair when it is wet, as it is very brittle. Instead, use your fingers or a wide-toothed comb to gently separate the hair.

Use soft and smooth hair accessories. Hair ties and clips with metal and sharp edges are damaging to the hair.

CLEANSING

TREATMENT

Peeling: Apply Scalp Scrub Intensive onto the scalp by parting your hair. Massage for a few minutes, using circular motions. You can use our applicator when applying the product, see page 85.

Wash: Wash your hair with the appropriate Hair & Body Shampoo.

Mask: Apply Hair Therapy and leave for 10 minutes. Rinse with tepid water.

Treatment: Spray the scalp with the appropriate Scalp Treatment.

Styling: Finish with Specials For Hair Gel or any other suitable styling product.

HAIR & BODY SHAMPOO

- Gentle and nourishing shampoo and shower gel for the entire family.

Hair & Body Shampoo is a cleanser for both hair and body. Read more on pages 33-34.

The ones called Shampoo are for hair only.

SHAMPOO NETTLE

- Helps promote hair growth.
- Use daily.

Shampoo Nettle with Stinging Nettle and Coltsfoot. For best results, combine with Scalp Scrub Intensive and Scalp Treatment Nettle.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Lactic Acid, Tussilago Farfara (Coltsfoot) Flower Extract, Achillea Millefolium Extract, Cinchona Succirubra Bark Extract, Urtica Dioica (Nettle) Extract, Glycerine, Lactic Acid, Zingiber Officinale (Ginger) Root Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Mentha Piperita (Peppermint) Oil, Citrus Paradisi (Grapefruit) Oil, Capsicum Frutescens Fruit Extract, Cananga Odorata (Ylang Ylang) Flower Oil, Cedrus Atlantica Bark Extract, Limonene*, Linalool*.

*From the essential oils.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.

SHAMPOO MENTHA

- Works well against dandruff/fungus of the scalp.
- Use daily.

Shampoo Mentha includes a special Lactic Acid which works well against dandruff/fungus of the scalp. It also contains Peppermint which gives a fresh, slightly cooling sensation. For best results, combine with Scalp Scrub Intensive and Scalp Treatment Mentha.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Sodium Caproyl/Lauroyl Lactylate, Lactic Acid, Mentha Piperita (Peppermint) Oil, Limonene*.

*From the essential oils.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.





SHAMPOO SAGE

- **Counteracts oily hair.**
- **Use daily.**

Shampoo Sage includes, among other ingredients, Sage, which reduces the overproduction of oil in the scalp. For best results, combine with Scalp Scrub Intensive and Scalp Treatment Sage.

Self preserving system.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Lactic Acid, Salvia Officinalis (Sage) Oil, Limonene*, Linalol*.

*From the essential oils.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.

HAIR CONDITIONER

- **Treatment conditioner.**
- **Leave-in conditioner.**
- **Moisturising.**
- **Heat protection.**

Hair Conditioner is a long-lasting product including Jojoba Oil and Fennel which moisturise and add shine. Fennel also makes it protect against heat.

It eliminates static electricity and leaves the hair easy to comb. Apply to wet hair.

For best effect, use as a leave-in conditioner, but on the tips of the hair only. Suitable for both treated and natural hair.

Self preserving system.

Ingredients: Aqua Purificata/Water, Behentrimonium Methosulfate, Cetearyl Alcohol, Glycerin, Sodium Levulinate, Sodium Anisate, Simmondsia Chinensis (Jojoba) Seed Oil, Olea Europaea (Olive) Fruit Oil, Foeniculum Vulgare (Fennel) Oil, Lactic Acid.

30 ml bottle.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.

HAIR CONDITIONER ENERGY

- **Treatment conditioner.**
- **Leave-in conditioner.**
- **Moisturising.**

Hair Conditioner Energy is a long-lasting product that makes the hair easy to comb. Rosemary, Lavender, Lemongrass and Juniper offer a fresh scent and moisturise the hair. For best results, use as a leave-in conditioner, but on the tips of the hair only. Suitable for both treated and natural hair.

Self preserving system.

Ingredients: Aqua Purificata/Water, Behentrimonium Methosulfate, Cetearyl Alcohol, Glycerin, Sodium Levulinate, Sodium Anisate, Simmondsia Chinensis (Jojoba) Seed Oil, Olea Europaea (Olive) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, Lavandula Angustifolia (Lavender) Oil, Limonene*, Linalool*, Citral*, Citronellol*.

*From the essential oils.

30 ml tube.

250 ml bottle.

500 ml bottle.

Pump for 250 or 500 ml bottle, see page 85.







TREATMENT

HAIR THERAPY

- **Nourishing and moisturising hair mask.**

- **Conditioner for treated hair.**

Hair Therapy with Tea Tree, Lavender and Lemongrass essential oils provide a nourishing, moisturising and emollient mask for all hair types. Especially suitable for dry hair and scalp. Jojoba Oil is able to repair the hair shafts by adhering to the damages.

Self preserving system.

Ingredients: Aqua Purificata/Water, Behentrimonium Methosulfate, Sodium Levulinate, Sodium Anisate, Cetearyl Alcohol, Squalane, Simmondsia Chinensis (Jojoba) Seed Oil, Cymbopogon Citratus (Lemongrass) Oil, Melaleuca Alternifolia (Tea Tree) Oil, Lavandula Officinalis (Lavender) Oil, Lactic Acid, Linalool*, Citral*, Limonene*.

*From the essential oils.

30 ml tube.

100 ml tube.



SPECIALS FOR HAIR

- **Strengthening oil for hair and scalp.**

- **Replacement for silicone drops and Moroccan Oil.**

Specials For Hair includes, among other ingredients, extracts of Ginger and Chili, and essential oils of Rosemary, Ylang Ylang and Cedarwood.

Apply Specials For Hair onto scalp and rub vigorously. Leave on overnight, use at least 2-3 times/week. Remember to protect your pillow with a towel. Can be used instead of silicone drops on the shafts, providing shine and lustre.

Self preserving system.

Ingredients: Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Helianthus Annus (Sunflower) Seed Oil, Olea Europaea (Olive) Fruit Oil, Brassica Napus (Rape) Seed Oil, Zingiber Officinale (Ginger) Root Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cedrus Atlantica Bark Extract, Citrus Paradisi (Grapefruit) Peel Oil, Cananga Odorata (Ylang Ylang) Flower Oil, Capsicum Frutescens Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Citral*, Linalool*, Geraniol*, Farnesol*. *From the essential oils.

30 ml dropper bottle.



SPECIALS FOR HAIR GEL

- **Strengthening styling gel for hair and scalp.**

Specials For Hair Gel includes, among other ingredients, Rosemary, Ylang Ylang, Cedarwood and Grapefruit essential oils. Ginger Extract is beneficial for the scalp while Chili has a warming effect.

Apply Specials For Hair Gel onto hair and scalp, using your fingertips. To prevent frizzy hair, for best result mix Special For Hair Gel with Hair Conditioner Energy, see page 52.

Self preserving system.

Ingredients: Aqua Purificata/Water, Glycerin, Dehydroxanthan Gum, Menthyl Lactate, Helianthus Annus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Mentha Arvensis (Corn Mint) Leaf Oil, Origanum Vulgare Oil, Thymus Vulgaris (Thyme) Flower Oil, Cinnamon (Cinnamomum Verum) Bark Oil, Lavandula Angustifolia (Lavender) Oil, Hydrastis Canadensis (Golden Seal) Root Extract, Zingiber officinalis (Ginger) Root Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cedrus Atlantica Bark Extract, Citrus Paradisi (Grapefruit) Peel Oil, Cananga Odorata (Ylang Ylang) Flower Oil, Capsicum Frutescens Fruit Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Limonene*, Linalool*. *From the essential oils.

125 ml bottle.



SCALP SCRUB INTENSIVE

- **Effective scalp exfoliation for all skin types.**

Scalp Scrub Intensive includes Lactic Acid (AHA) from Sugar Beets and small grains of Jojoba Seed which gently remove dead skin cells. Wash your hair with the appropriate Hair & Body Shampoo, then apply Scalp Scrub Intensive onto scalp and massage for a few minutes, using circular motions. Rinse well with tepid water. Finish with an appropriate Scalp Treatment.

Note! To remove cradle cap from babies, use Baby Bath or Papaya Peeling instead. Self preserving system.

Ingredients: Aqua Purificata/Water, Ricinus Communis (Castor) Seed Oil, Hydrogenated Jojoba Wax, Simmondsia Chinensis (Jojoba) Seed Oil, C14-22 Alcohols, C12-20 Alkyl Glucoside, Glycerin, Cetearyl Alcohol, Mentha Arvensis (Mentha) Herb oil, Xanthan Gum, Sodium Levulinate, Sodium Anisate, Sodium Lactate, Lactic Acid, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*.

*From the essentials oil.

30 ml tube.

125 ml bottle.

250 ml bottle.

Applicator for 125 ml bottle, see page 85.



SCALP TREATMENT NETTLE

- **Effective, nourishing spray which promotes hair growth.**
- **Day cream for the scalp.**

Scalp Treatment Nettle is a moisturising, nourishing spray with Stinging Nettle and Coltsfoot which stimulates the scalp. For best results, combine with Scalp Scrub Intensive and Shampoo Nettle, see page 50.

Apply Scalp Scrub Intensive onto scalp and massage using circular motions.

Wash your hair with Hair & Body Shampoo Nettle. Apply Scalp Treatment Nettle onto scalp and leave it on until the next time you wash your hair. Use daily, even if you do not wash your hair.

Self preserving system.

Ingredients: Aqua Purificata/Water, Glycerin, Achillea Millefolium (Common Yarrow) Extract, Tussilago Farfara (Coltsfoot) Flower/Leaf Extract, Glycerin, Sodium Levulinate, Sodium Anisate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glycoside, Polyglyceryl-5 Oleate, Cinchona Succirubra (Quinine) Bark Extract, Sodium Cocoyl Glutamate, Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Oil, Helianthus Annuus (Sunflower) Seed Oil, Urtica Dioica (Nettle) Extract, Sodium Benzoate, Zingiber Officinale (Ginger) Root Oil, Potassium Sorbate, Glyceryl Caprylate, Linalool.

*From the essential oils.

125 ml bottle.

Applicator for 125 ml bottle, see page 85.



SCALP TREATMENT SAGE

- **Effective, nourishing spray that counteracts an oily scalp.**
- **Day cream for the scalp**

Scalp Treatment Sage is a moisturising, nourishing spray with Sage which counteracts an oily scalp. For best results, combine with Scalp Scrub Intensive and Shampoo Sage, see page 52. Apply Scalp Scrub Intensive onto scalp and massage for a few minutes, using circular motions. Wash your hair with Shampoo Sage.

Apply Scalp Treatment Sage onto scalp and leave it on until the next time you wash your hair. Use daily, even if you do not wash your hair.

Self preserving system.

Ingredients: Aqua Purificata/Water, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glycosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Glycerin, Sodium Levulinate, Sodium Anisate, Salvia Officinalis (Sage) Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*. *From the essential oils.

125 ml bottle.

Applicator for 125 ml bottle, see page 85.





SCALP TREATMENT MENTHA

- **Effective anti-dandruff, nourishing spray.**
- **Day cream for the scalp.**

Scalp Treatment Mentha is an emollient, nourishing spray with Peppermint. For best results, combine with Scalp Scrub Intensive and Shampoo Mentha, see page 50.

Apply Scalp Scrub Intensive onto scalp and massage for a few minutes, using circular motions. Wash your hair with Shampoo Mentha. Apply Scalp Treatment Mentha onto scalp and leave it on until the next time you wash your hair. Use daily, even if you do not wash your hair. Self preserving system.

Ingredients: Aqua Purificata/Water, Sodium Levulinate), Sodium Anisate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glycosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Sodium Caproyl/Lauroyl Lactylate, Lavandula Angustifolia (Lavender) Oil, Pelargonium Graveolens (Rose Geranium) Flower Oil, Juniperus Communis (Juniper) Oil, Mentha Piperita (Peppermint) Oil, Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Citronellol*. *From the essential oils.

125 ml bottle.

Applicator for 125 ml bottle, see page 85.



SCALP TREATMENT ROSEMARY

- **Effective, nourishing spray for a healthy scalp.**
- **Day cream for the scalp.**

Scalp Treatment Rosemary is an emollient, nourishing spray with Rosemary, used to keep the scalp in good condition. For best results, combine with Scalp Scrub Intensive and Hair & Body Shampoo Rosemary, see page 33.

Apply Scalp Scrub Intensive onto scalp and massage for a few minutes, using circular motions. Wash your hair with Hair & Body Shampoo Rosemary. Apply Scalp Treatment Rosemary onto the scalp and leave it on until the next time you wash your hair. Use daily, even if you do not wash your hair.

Self preserving system.

Ingredients: Aqua Purificata/Water, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glycosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Glycerin, Sodium Levulinate, Sodium Anisate, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*.

*From the essential oils.

125 ml bottle.

Applicator for 125 ml bottle, see page 85.



STYLING

Styling products that also condition and protect your hair.

HAIR GEL

• **Conditioning styling gel providing lustre and natural form without making the hair sticky.**

Use it on both wet and dry hair. Aloe Vera Barbadensis provides protective properties and is moisturising. Brings out the natural waves in the hair. To prevent frizzy hair, for best results mix Hair Gel and Hair Conditioner Energy, see page 52.

Self preserving system.

Ingredients: Aqua Purificata/Water, Glycerin, Dehydroxantan Gum, Aloe Barbadensis Leaf Juice Powder, Sodium Levulinate, Sodium Anisate, Helianthus Annuus (Sunflower) Seed Oil, Biosaccharide Gum-1, Glyceryl Caprylate, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*.

*From the essential oils.

100 ml tube.



MOULDING CREAM

• **Gives body to both curly and straight hair.**
 • **Suitable for long and short hair.**
 • **Beard and moustache - good for shaping your own personal style.**

Use Moulding Cream to style your hair. This cream softens your hair while adding "body". Perfect for both curly and straight hair.

Rub sparingly onto towel-dried hair to style it.

For volume, first apply Hair Style Rough closest to the scalp and then apply Moulding Cream onto the rest of the hair. Self preserving system.

Ingredients: Aqua Purificata/Water, Cetearyl Alcohol, Cetearyl Glucoside, Undecylenoyl glycin, Capryloyl glycin, Cera Alba (Beeswax), Dehydroxantan gum, Origanum Vulgare (Oregano) Leaf Oil, Cinnamomum Zeylanicum (Cinnamon) Bark Oil, Thymus Vulgaris (Thyme) Flower Oil, Lavandula Angustifolia (Lavender) Oil, Hydrastis Canadensis (Goldenseal) Root Extract Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Extract.

50 ml tub.



HAIR STYLE ROUGH

• **Salt water spray for all hair types.**
 • **Provides structure and volume.**
 • **Beach look.**
 • **Spray onto the roots of wet or damp hair.**

Hair Style Rough is a styling product which makes it easier to style soft and sleek hair. You can combine it with Hair Gel or Moulding Cream. Hair Style Rough provides a rough and matte texture, without drying the hair out. Ideal for backcombing and various updos.

Avoid brushing your hair once Hair Style Rough has been applied, since brushing can tear the hair.

Self preserving system.

Ingredients: Aqua Purificata, Sodium Bicarbonate, Glycerin, Sodium Levulinate, Sodium Anisate.

125 ml bottle.





HAIR SPRAY ORGANIC

- Provides firmness and shine.
- Environmentally friendly:

Contains no CFCs.

• **Very long-lasting:** Contains more active liquid than a spray with CFCs. Hair Spray Organic with protective Aloe Vera and hair conditioning Jojoba Oil. Bitter Orange essential oil balances the scalp. For best results, combine with our other hair products.

Self preserving system.

Ingredients: Aqua Purificata/Water, Alcohol Denat, PVP, Simondsia Chinensis (Jojoba) Seed Oil, Aloe Barbadensis, Citrus Aurantium (Petitgrain) Leaf Oil.

30 ml spray bottle.

125 ml spray bottle.

250 ml spray bottle.

STYLING

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HAIR CARE



MANICURE/HAND CARE

The skin on our hands is constantly exposed to wear and tear.

Soap, solvents and paper-handling dries out the skin and the natural oil barrier needs to be restored.

Moisturise your hands several times a day and, once in a while, treat them to a little extra pampering.

TREATMENT

Peeling: Massage the entire hand with Shea Balm. Then rub the cuticles and back of the hand with AHA & Jojoba Peeling. Rinse thoroughly under running, tepid water and then dry thoroughly.

Hand bath: Aroma Bath Relaxing provides a soothing hand bath. The cuticles are softened. After 5 minutes, it is time for filing and taking care of the cuticles.

Massage: Massage the nails and cuticles with Myrrh Nail & Cuticle Oil. Continue massaging the hand and forearm with Hand Cream, and supplement with Body & Massage Oil Natural if needed.

Mask: Apply a generous amount of Moisturising Mask or Face Mask More. Put on cotton gloves and leave on for 20 minutes or overnight.

HAND CREAM

- **Quickly absorbed by the skin without greasiness.**
- **Beneficial extract of Marigold.**
- **Fragrance-free.**

Hand Cream with Beeswax and extracts of Marigold softens your hands and your skin.

The beeswax in Hand Cream is protecting and softening.

Marigold is an old medicinal plant, used on delicate skin and small wounds. It also provides the varying and unique colour of the cream.

Hand Cream is great for dry skin that needs softening, all over the body.

Self preserving system.

Ingredients: Aqua Purificata/Water, Simmondsia Chinensis (Jojoba) Seed Oil, Brassica Napus (Rape) Seed Oil, C14-22 Alcohol & C12-20 Alkyl Glucoside, Cetearyl Alcohol, Sodium Levulinate, Sodium Anisate, Cera Alba (Beeswax), Vegetable Glycerin, Butyrospermum Parkii (Shea) Butter, Lactic Acid, Xanthan Gum, Rosmarinus Officinalis (Rosemary) Leaf Extract, Calendula Officinalis (Marigold) Flower Extract.

30 ml tube.

100 ml tube.

250 ml bottle.

Pump for 250 ml bottle, see page 85.



HAND CREAM BEAUTIFUL

- **Luxurious variant with fragrant essential oils.**
- **UV protection.**
- **Prevents brown spots.**

The same base as in Hand Cream, with the addition of Lemon, Bergamot, Orange and Cardamom essential oils, which help make your skin soft and fragrant. Hand Cream Beautiful contains Titanium Dioxide which provides protection against the sun, and Vitamin C which helps prevent brown spots.

Self preserving system.

Ingredients: Aqua Purificata/Water, Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Cera Alba (Beeswax), C14-22 Alcohols, C12-20 Alkyl Glucoside, Cetearyl Alcohol, Limonene*, Butyrospermum Parkii (Shea) Butter, Lactic Acid, Citrus Aurantium Dulcis (Bitter Orange) Fruit Extract, Citrus Limon (Lemon) Peel Oil, Citrus Bergamia Melarosa (Bergamot Orange) Leaf Oil, Citrus Sinensis (Sweet Orange) Peel Oil, Sodium Levulinate, Sodium Anisate, Caprylic/Capric Triglyceride, Xanthan Gum, Titanium Dioxide, Elettaria Cardamomum Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Alumina, Polyhydroxystearic Acid, Silica, Linalool*, Citral*, Eugenol*.

*From the essential oils.

30 ml tube.

100 ml tube.

250 ml bottle.

Pump for 250 ml bottle, see page 85.



MYRRH NAIL & CUTICLE OIL

- Nourishing and strengthening nail oil.
- Prevents brittle nails and cuticles.

Myrrh Nail & Cuticle Oil is a combination of Lemon, Jojoba and Myrrh essential oils, which makes it anti-inflammatory, regenerating and strengthening.

Rub a drop of oil onto each nail for a few minutes each evening, before applying Hand Cream or Hand Cream Beautiful.

When the nails are nourished with oil, they do not absorb for example detergents as easily, which might otherwise make them brittle.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Olea Europaea (Olive) Fruit Oil, Citrus Limon (Lemon) Peel Oil, Limonene*, Myrtus Communis Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*, Citral*, Geraniol*, Citronellol*. *From the essential oils.

10 ml dropper bottle.





PEDICURE/FOOT CARE

If there is one part of the body where the skin responds really quick to how we treat it, it's the feet. Harsh treatment renders hard skin that may chip and crack. Nourishment and care give soft feet. We only have one pair and we use them every day.

Usually it is sufficient to moisturise them daily after showering and then file them once a week.

However, sometimes your feet need a little extra care and pampering. Indulge them with one of our beneficial treatments.

TREATMENT

Footbath: Fill up a footbath with tepid water and add Foot Bath.

Peeling: Salt Scrub Energy with Sea Salt or Body Scrub with crushed Apricot Kernels and Grapefruit Oil remove dead skin cells. Massage the feet, especially between the toes and along the cuticles, ideally using peeling gloves, see page 86.

Massage: Massage Foot Cream from the toes up towards the knee, to increase circulation. Shea Balm or Foot Balm is perfect for those who want a richer product. Use Body & Massage Oil Natural in combination with Foot Cream for a longer massage. Body & Massage Oil Energy is nice for swollen feet. Body & Massage Oil Cypress is especially suitable for superficial blood vessels and swollen feet. Calming Gel is cooling.

Finishing: Spray feet with refreshing Foot Deo Spray.

FOOT BATH

- **Fragrant and softening.**
- **Antibacterial.**

Foot Bath with Geranium and Juniper offers a fragrant bath soak. With its softening properties, Foot Bath is really good for your feet.

Fill up a foot bath and add two capfuls of Foot Bath.

Shake before use.

Self preserving system.

Ingredients: Aqua Purificata/Water, C14-22 Alcohol & C12-20 Alkyl Glucoside, Sodium Anisate, Sodium Levulinate, Pelargonium Graveolens (Rose Geranium) Flower Oil, Juniperus Communis (Juniper) Oil, Pinus Sylvestris Leaf Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Xanthan gum, Lactic Acid, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Geraniol*, Citronellol*.

*From the essential oils.

125 ml bottle.

FOOT DEO SPRAY

- **Refreshing foot deodorant.**

Foot Deo Spray is a deodorant with Geranium and Juniper which keeps your feet fresh and fragrant.

Use Foot Deo Spray directly onto freshly washed and dry feet. You can also spray it in your shoes as a shoe deodorant. Free from Aluminium Chloride and Alcohol.

Shake before use.

Self preserving system.

Ingredients: Aqua Purificata/Water, Sodium Caproyl/Lauroyl Lactylate, Caprylyl/Capryl Wheat Bran/Straw Glycosides, Fusel Wheat Bran/Straw Glucosides, Polyglyceryl-5 Oleate, Sodium Cocoyl Glutamate, Glyceryl Caprylate, Pelargonium Graveolens (Rose Geranium) Flower Oil, Juniperus Communis (Juniper) Oil, Pinus Sylvestris Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Citronellol*, Geraniol*.

*From the essential oils.

125 ml spray bottle.





FOOT CREAM

- Quickly absorbed by the skin without greasiness.

Ideal for use both morning and evening. Foot Cream keeps your feet soft and prevents calluses. For maximum effect on dry feet, apply Foot Cream generously and put on a pair of cotton socks. Leave overnight. Also great as a rich hand cream.

Self preserving system.

Ingredients: Aqua Purificata/Water, Helianthus Annuus (Sunflower) Seed Oil, Vegetable Glycerin, Caprylic/Capric Triglyceride, Cetearyl Alcohol, Butyrospermum Parkii (Shea) Butter, Cera Alba (Bees Wax), Simmondsia Chinensis (Jojoba) Seed Oil, C14-22 Alcohols, C12-20 Alkyl Glucoside, Lactic Acid, Xanthan Gum, Eucalyptus Globulus (Eucalyptus) Leaf Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Mentha Arvensis (Mentha) Herb Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Origanum Vulgare (Oregano) Leaf Oil, Cinnamomum Zeylanicum (Cinnamon) Bark Oil, Thymus Vulgaris (Thyme) Flower Oil, Lavandula Angustifolia (Lavender) Oil, Hydrastis Canadensis (Goldenseal) Root Extract, Limonene*, Linalool*, Cinnamal*, Eugenol*.

*From the essential oils.

30 ml tube.

100 ml tube.

250 ml bottle.

Pump for 250 ml bottle, see page 85.



SPECIALS FOR FEET

- Foot care oil.
- Promotes healthy feet.

Contains Tea Tree and Lemon essential oils. Use directly onto calluses 2-3 times/day. Put on a compress and leave overnight or all day. Then file the feet using a foot file.

Self preserving system.

Ingredients: Olea Europaea (Olive) Fruit Oil, Caprylic/Capric Triglyceride, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Citrus Limon (Lemon) Peel Oil, Myrtus Communis Oil, Mentha Arvensis (Corn Mint) Leaf Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Geraniol*, Citronellol*, Eugenol*. *From the essential oils.

10 ml dropper bottle.



CALMING GEL

- **Cooling gel.**

Calming Gel is pleasantly cooling and soothing for hot or swollen feet. The ingredients include Peppermint Oil and a special fraction of Menthol, which are cooling.

Self preserving system.

Ingredients: Aqua Purificata/Water, Glycerin, Xanthan Gum, Menthyl Lactate, Helianthus Annus (Sunflower) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Mentha Piperita (Peppermint) Oil, Origanum Vulgare Oil, Thymus Vulgaris (Thyme) Flower/Leaf Oil, Cinnamon (Cinnamomum Verum) Bark Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Hydrastis Canadensis (Golden Seal) Root Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*. *From the essential oils.

125 ml bottle.

Pump for 125 ml bottle, see page 85.



FOOT BALM

- **Ointment for dry heels.**
- **Softening and protecting.**

Foot Balm is a fragrant balm, containing Beeswax and Geranium. Use it on dry feet and especially on dry heels. Softens and protects the skin from drying out. For best effect, apply 2 times/day or after Foot Cream, see page 65.

Self preserving system.

Ingredients: Olea Europea (Olive) Fruit Oil, Cera Alba (Beeswax), Brassica Napus (Rape) Seed Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Pelargonium Graveolens (Geranium) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Linalool*, Citronellol*, Geraniol*.

*From the essential oils.

50 ml tub.





BATH

Taking a bath is a wonderful way of nurturing your body and soul.

We all need to allow ourselves a moment of relaxation from time to time. Whether it becomes a whole body bath or a foot bath, depends on the occasion, your mood and the space available.

The choices for varying your bath are endless. Ask yourself which effect you desire today. Fill up and wind down!

For a bit of bubbles, use Hair & Body Shampoo, see pages 33-34.

For various softening bath soaks, there's our range of Body & Massage Oils, see pages 43-47.

AROMA BATH RELAXING

- **Relaxing bath soak.**
- **Use a few drops on a wash cloth in the shower.**
- **Foot bath.**

Aroma Bath Relaxing contains coldpressed Orange and Lavender essential oils, which are gentle and calming. Rosemary Oil and Petitgrain relax the mind.

Self preserving system.

Ingredients: Aqua Purificata/Water, Citrus Aurantium Dulcis (Orange) Peel Oil, Limonene*, Glycerin, Rosmarinus Officinalis (Rosemary) Leaf Oil, C14-22 Alcohols, C12-20 Alkyl Glucoside, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium Amara (Bitter Orange) Leaf/Twig Oil, Sodium Levulinate, Sodium Anisate, Butyrospermum Parkii (Shea) Butter, Xanthan Gum, Lactic Acid, Helianthus Annuus (Sunflower) Seed Oil, Linalool*, Citral*, Geraniol*.

*From the essential oils.

30 ml bottle.

250 ml bottle.

AROMA BATH ENERGY

- **Energising and softening.**
- **Foot bath.**

The fabulous scent which has made our Saltscrub Energy so popular, is also present in this lovely bath soak with essential oils of Rosemary, Lemongrass, Lavender and Juniper. Just shower lightly after the bath. Leaves the skin soft and delightfully fragrant.

Self preserving system.

Ingredients: Aqua Purificata/Water, Rosmarinus Officinalis (Rosemary) Leaf Oil, Cymbopogon Citratus (Lemongrass) Oil, Juniperus Communis (Juniper) Oil, Citral*, C14-22 alcohols & C12-20 Alkyl Glucoside, Glycerin, Lavandula Angustifolia (Lavender) Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Lactic Acid, Xanthan Gum, Sodium Anisate, Sodium Levulinate, Helianthus Annuus (Sunflower) Seed Oil, Limonene*, Linalool*, Citronellol*, Geraniol*. *From the essential oils.

250 ml bottle.

AROMA BATH ORANGE & HONEY

- **Softening bath soak.**
- **Foot bath.**

Aroma Bath Orange & Honey with Orange Oil and Swedish Honey blends perfectly with the water to give a softening, moisturising bath soak. Orange essential oil, coldpressed from the peel, is gentle and soothing. Honey is antiseptic and softening.

Self preserving system.

Ingredients: Aqua Purificata/Water, Mel, Citrus Aurantium Dulcis (Orange) Peel Oil, Limonene*, C14-22 Alcohols, C12-20 Alkyl Glucoside, Glycerin, Sodium Levulinate, Sodium Anisate, Butyrospermum Parkii (Shea) Butter, Xanthan Gum, Lactic Acid, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*, Citral*, Citronellol*.

*From the essential oils.

250 ml bottle.





SHOWER & BATH OIL

- **Shower & Bath Oil:** Apply to damp skin after washing, then rinse off the excess.

- **Shaving Oil:** Apply a few drops onto clean, damp skin to make it easier to shave with a razor. Prevents redness.

- **Aroma bath:** 2 capfuls is all you need. Relax and enjoy.

The Lecithin in Shower & Bath Oil gives the skin extra resilience by adhering to the skin, keeping it moist and hydrated. Eucalyptus Oil has antiseptic properties. Even in climates with high humidity, Shower & Bath Oil keeps the skin dry and fresh. It also provides that perfect party shimmer.

Note: The shower floor may become slippery, so be careful!

Self preserving system.

Ingredients: Caprylic/ Capric Triglyceride, Helianthus Annuus (Sunflower) Seed Oil, Lecitin, Brassica Napus (Rape) Seed Oil, Butyrospermum Parkii (Shea) Seed Oil, Eucalyptus Globulus (Eucalyptus) Oil, Pelargonium Graveolens (Pelargonium) Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, D-Limonene*, Citronellol*, Geraniol*.

*From the essential oils.

30 ml bottle.

250 ml bottle.





SUN PRODUCTS

Many sun protection products contain chemical filters, which can be absorbed by the skin and become stored in us, and in nature.

MARIA ÅKERBERG has chosen to use Titanium Dioxide instead, which does not hide the skin's natural warning signals. The skin turns red when exposed to more sun than it can handle. Another benefit of Titanium Dioxide, is that it stays on the skin's surface where it reflects the sun's radiation.

The Titanium Dioxide that we use is not absorbed by the body, due to the size of the particles. We do not use nano-sized Titanium Dioxide.

MARIA ÅKERBERG sunscreens are also highly recommended for children! Young children should not be out in the sun for too long, so keep in mind to complement with clothing.

How to use our sunscreen:

To achieve the most effective protection, apply Sun Protecting Oil Spf 15 all over your body to create a water-resistant protection while swimming. Then complement with Sun Lotion Spf 20 on the most exposed areas. As the Spf 20 is a cream, you can apply a thicker layer and thereby achieve the best protection possible. When the skin turns white, you have maximum protection - a sun block. Never skimp, and remember to reapply several times a day!

Note! Keep in mind that sun protection products may stain clothing and furniture.

Broad-spectrum sunscreen:

Titanium Dioxide protects against UVA, UVB and UVC radiation.

How sun tolerant you are, depends on your skin's ability to produce pigment, but no one is immune to the sun's rays.

**SUN PROTECTING OIL
SPF 15**

- **Sunscreen oil with Titanium Dioxide for the face and body.**
- **Also suitable for children.**

For maximum effect, apply a handful of oil all over the body and let it dry before you get dressed. Apply several times a day, and always after swimming. Avoid the midday sun. Keep young children away from direct sunlight. Excessive sun exposure can cause damage.

Complement with Sun Lotion Spf 20 on particularly exposed areas, such as the shoulders. Sun Lotion can be applied in thicker layers, thus providing greater protection.

Keep in mind that Titanium Dioxide can be wiped off onto the towel you are sunbathing on or use when drying yourself.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Titanium Dioxide, Ricinus Communis (Castor) Seed Oil, Polyhydroxystearic Acid, Stearic Acid, Alumina, Daucus Carrota Sativus (Carrot) Root Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Melaleuca Alternifolia (Tea tree) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Cymbopogon Citratus (Lemongrass) Oil, Limonene*, Linalool*, Citral*, Geraniol*. *From the essential oils.

*From the essential oils.

125 ml spray bottle.

**SUN LOTION SPF 20**

- **Sun lotion with Titanium Dioxide and Aloe Vera for the face and body.**

- **Also suitable for children.**

For best results, exfoliate the skin and apply Body Lotion or Protecting Oil Outdoor as a base. When the skin turns white with Sun Lotion, you have achieved maximum protection. Apply extra generously on exposed areas, such as the shoulders. Keep in mind that Titanium Dioxide can be wiped off onto the towel you are sunbathing on or use when drying yourself.

Self preserving system.

Ingredients: Aqua Purificata/Water, Titanium Dioxide, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea) Butter, Cetearyl Alcohol, Coco-Glucoside, Aloe Barbadensis Leaf Juice Powder, Lactic Acid, Sodium Anisate, Sodium Levulinate, Xanthan Gum, Glycerin, Polyhydroxystearic Acid, Stearic Acid, Alumina, Daucus carrota Sativus (Carrot) Root Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Cymbopogon Citratus (Lemongrass) Oil, Limonene*, Linalool*, Citral*, Geraniol*. *From the essential oils.

30 ml tube.

100 ml tube.



PROTECTING OIL OUTDOOR

- **Softening and protecting oil.**
- **Anti-age oil.**

An oil that is perfect for both face and body. Through its contents of beneficial oils and protecting Titanium Dioxide, it is a perfect product for being outdoors, exposed to the sun, wind and cold. Ideally used as a base for our sun protection products and as a primer under makeup.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Titanium Dioxide, Polyhydroxystearic Acid, Alumina, Silica, Daucus Carota Sativa (Carrot) Root Extract, Rosmarinus officinalis (Rosemary) Leaf Oil, Melaleuca Alternifolia (Tea tree) Oil, Lavandula Angustifolia (Lavender) Oil, Cymbopogon Citratus (Lemon Grass) Leaf Oil, Linalool*, Citral*.

*From the essential oils.

30 ml spray bottle.

125 ml spray bottle.



PROTECTING LOTION OUTDOOR

- **Conditioning and protecting lotion.**

- **Anti-age.**

Protecting Lotion Outdoor, an anti-age cream for face and body.

A cream that is intended to protect against the sun when being outdoors, with beneficent Jojoba Oil and protective Titanium Dioxide.

Can be combined with Sun Lotion SPF 20 or Sun Protecting Oil for additional coverage. Protecting Lotion Outdoor can also be used as primer under your makeup.

Self preserving system.

Ingredients: Aqua Purificata/Water, Titanium Dioxide, Simmondsia Chinensis (Jojoba) Seed Oil, Caprylic/Capric Triglyceride, Butyrospermum Parkii (Shea) Butter, Cetearyl Alcohol, Coco-Glucoside, Aloe Barbadensis Leaf Juice Powder, Lactic Acid, Sodium Anisate, Sodium Levulinate, Xanthan Gum, Glycerin, Polyhydroxystearic Acid, Alumina, Silica, Daucus carota Sativus (Carrot) Root Extract, Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Cymbopogon Citratus (Lemongrass) Oil, Limonene*, Linalool*, Citral*, Geraniol*.

*From the essential oils.

100 ml tube.



ALOE VERA BARBADENSIS

- **After-sun product:** Aloe Vera is cooling, soothing and rehydrating after sunbathing.

- **Face gel:** Easily absorbed by the skin. Can be used alone or under any of our creams.

Our Aloe Vera gel is 98.5 % pure Aloe Vera Barbadensis. There are water-soluble active ingredients in Aloe Vera, which are more readily absorbed by the skin if no oil or cream has been used prior to application.

Our Aloe Vera is certified by IASC (International Aloe Science Council), which means it is of the highest quality. It is also certified organic (Farm Verified Organic) and entirely without preservatives.

The plantations where our Aloe Vera is grown, use a sustainable and gentle farming process, which means that the plantations are not depleting the soil.

Self preserving system.

Ingredients: Aqua Purificata/Water, Xanthan Gum, Aloe Barbadensis Leaf Juice Powder, Sodium PCA, Glyceryl Caprylate, Levulinic Acid, Ascorbic Acid, Sodium Levulinate, Glycerine.

30 ml tube.

100 ml tube.





TAN IN A BOTTLE

• Sunless tanning.

Gives your skin a natural light brown colour. The colour your skin achieves, depends on your own pigments, thus varying from person to person. If you want a deeper colour, you will need to apply Tan in a Bottle for several consecutive days. The substance that creates the tanning effect, is called Dihydroxyacetone (DHA) and comes from fructose. DHA reacts with the oxygen in the air (compare to when you take a bite out of an apple and then leave it). It may take up to eight hours before maximum colour is achieved. To maintain the colour, use every three to five days. Exfoliate the skin prior to application. Opened bottle should be used within 6 months.

Self preserving system.

Ingredients: Aqua Purificata/Water, Squalane, Dihydroxyacetone, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Butyrospermum Parkii (Shea) Butter, Cetearyl Alcohol, C14-22 Alcohols, C12-20 Alkyl Glucoside, Sodium Levulinate, Sodium Anisate, Lactic Acid, Xanthan Gum, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Cymbopogon Citratus (Lemongrass) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Limonene*, Linalool*, Citral*, Geraniol*.

*From the essential oils.

100 ml bottle.





BABY & CHILDREN

Baby skin is delicate and requires gentle care. That is why it is so important to use mild and gentle products, free from perfume, colouring and preservatives.

Products from MARIA ÅKERBERG can be used for daily baby care, making it possible to maintain the good condition of the skin. Within our range, you also find products perfect for using during pregnancy.

A child's skin is five times bigger in proportion to its weight, compared to that of an adult. Moreover, it is half as thick. The immune system, moisture balance, pH and temperature are all regulated through the skin, and thus differ a great deal from that of an adult.

Let the entire family benefit from the MARIA ÅKERBERG products, all of which are free from mineral oils and silicone.

CLEANSING

During the first few months of a baby's life, the use of soap or shampoo is not necessary. Simply wipe clean with a damp wash cloth and Baby Oil.

Baby Bath is perfect to use in the bath, and it also makes the hair soft and easy to comb. When the time comes to use shampoo, do so sparingly with Baby Wash for a gentle cleanse and even as a bubble bath. Soap dries out the skin, and dry skin can in turn be the start of eczema.

MASSAGE/DRY SKIN

Apart from Baby Oil, Coldpressed Jojoba Oil, see page 15, is also good for baby massage. Body & Massage Oil Natural and Body & Massage Oil Relaxing, see pages 43-44, are also ideal for this.

Heat the oils to body temperature in a water bath. Body Balm White Chocolate, Royal Facial Oil Rose and Face Balm Rose are even more luxurious options for dry little faces and bodies.

TENDER NIPPLES

For sore nipples, we recommend Coldpressed Jojoba Oil, see page 15. It is tasteless and harmless to eat, and therefore does not need to be washed off before nursing.

SOOTHING

Aloe Vera Barbadensis, see page 72, is cooling and itch relieving. Perfect to use on chicken pox. It is an excellent product for the household medicine cabinet, in case someone happens to burn themselves on the stove or in the sun, for example.

CRADLE CAP

Use Baby Bath in the bath water to soften cradle cap. Apply Baby Oil onto the scalp and leave on for about an hour. Comb very gently. Wash out the hair (if any) with Baby Wash. If the baby has a lot of cradle cap, Baby Oil can be left on overnight. Papaya Peeling is also a gentle and effective product to use on cradle cap.

SUN PROTECTION

The discussion about sunscreen is brought up every spring, and many are concerned and wonder which sunscreens they should dare apply onto their children's skin. In all of our Sun Protection products, we have chosen to use Titanium Dioxide as the only filter. Titanium Dioxide is a commonly used agent, which can be found, for example, in chewing gum. Titanium Dioxide is a mineral that is not absorbed by the body. It stays on the skin's surface where it reflects the sun's radiation. It is the best substance to use as a solar filter in sunscreen products, and we have used it since 1996. It is still recommended by dermatologists, and can also be used on children.

Remember to protect the children with sunscreen containing only Titanium Dioxide, as well as with clothing. Our own protection is not fully developed at a young age. Sun protection products from MARIA ÅKERBERG are very suitable for children!

Children under the age of 3 should not be out in the sun.

For best protection: first apply Sun Protecting Oil SPF 15 and then Sun Lotion SPF 20 on top.

BABY WASH

• **Gentle and nourishing cleanser for the entire body.**

The cleansing ingredients in Baby Wash come from Coconut and Corn. These help the skin maintain its naturally protective sebum. Rose and Lavender essential oils make the product extra gentle.

Ingredients: Aqua Purificata/Water, Decyl Glucoside, Sodium Lauroyl Oat Amino Acids, Sodium Cocosulfate, Cocoamidopropyl Betaine, Glycerin, Sodium Levulinate, Sodium Anisate, Stearamidopropyl Morpholine Lactate, Guar Hydroxypropyl Trimonium Chloride, Lactic Acid, Rosa Damascena (Damask Rose) Flower Oil, Lavandula Angustifolia (Lavender) Oil, Linalool*, Geraniol*, Citronellol*, Eugenol*.

*From the essential oils.

125 ml bottle.

250 ml bottle.

Pump for 125 and 250 ml bottle, see page 85.



BABY BATH

- Gentle, softening bath soak.
- Good for cradle cap.
- Suitable for both adults and children.

Baby Bath with Orange Oil and Swedish Honey mixes well with the water to give a moisturising, softening bath soak that does not foam.

Coldpressed Orange Oil from orange peel is a mild and calming essential oil. Honey is antiseptic and softening. Vitamins, minerals, fructose and glucose are some of the ingredients that provide relief to dry, stressed skin.

Fill most of the bath, add 2 capfuls of Baby Bath and then the remaining water. Mitigates the drying effects of the water, leaving the skin soft and smooth.

Self preserving system.

Ingredients: Aqua Purificata/Water, Mel, Citrus Aurantium Dulcis (Orange) Peel Oil, Limonene*, C14-22 Alcohols, C12-20 Alkyl Glucoside, Glycerin, Sodium Levulinate, Sodium Anisate, Butyrospermum Parkii (Shea) Butter, Xanthan Gum, Lactic Acid, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Linalool*, Citral*, Citronellol*.

*From the essential oils.

30 ml bottle.

125 ml bottle.

250 ml bottle.



BABY OIL

- **Body oil for all ages.**

Baby Oil contains plant oils, selected to help maintain the skin's own functions. Primarily, the baby wants to smell the scent of mum and dad. Therefore we have omitted essential oils from this product. The plant oils also have a scent, and depending on the harvest, both scent and colour may vary from one batch to another.

- **Cleansing the baby's skin:** Put some oil on a damp wash cloth.

- **Cradle cap:** Apply the oil and leave on for about an hour. Comb very gently. Wash out the hair (if any) with Hair & Body Shampoo. If the baby has a lot of cradle cap, Baby Oil can be left on overnight.

- **Dry skin:** Apply morning and evening as a preventative measure. The outermost skin layer contains less of certain oils than normal. The skin then releases water, the moisture content decreases and the skin becomes dry.

- **Baby massage:** Baby Oil can be heated to body temperature in a water bath.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Seed Oil, Helianthus Annuus (Sunflower) Seed Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract.

30 ml bottle.

125 ml bottle.

250 ml bottle.

Pump for 250 ml bottle. See page 85.



BABY CARE

- **Nappy change:** Use a generous amount of Baby Care on clean and dry skin at bedtime or as needed.

- **Protective:** Apply on the child's cheeks as a protection against cold and wind.

Baby Care is a rich ointment which makes the skin soft. It is thick and provides more protection than Baby Oil and Shea Balm. Beeswax, Shea Butter and Carnauba Wax are solid vegetable oils with protecting, softening and soothing properties. Beeswax is antiseptic.

The ointment is grainy, both in appearance and texture. You can apply Baby Care once a day continuously, as long as you use, for example, Shea Balm or Hand Cream once in between. If you apply Baby Care several times a day, without using anything else in between, you should only use it for a maximum of two consecutive weeks. Not because the skin will be damaged in any way. You'll just achieve better results by varying the use with other products, and use Baby Care only when it's really needed.

Self preserving system.

Ingredients: Simmondsia Chinensis (Jojoba) Seed Oil, Cera Alba (Beeswax), Butyrospermum Parkii (Shea) Seed Oil, Persea Gratissima (Avocado) Oil, Phytosterols, Copernicia Cerifera (Carnauba) Wax, Sorbitan Oleate, Ascorbyl Palmitate, Rosmarinus Officinalis (Rosemary) Leaf Oil.

10 ml tub.

50 ml tub.



BABY LOTION

- **Mild body lotion.**

- **Suitable for both face and body.** A creamy lotion, developed for small children, that also suits anyone who loves the scent of Rose and Lavender.

Apply morning and evening to prevent dry skin.

Self preserving system.

Ingredients: Aqua Purificata/Water, Helianthus Annuus (Sunflower) Seed Oil, Glycerine, C14-22 Alcohol & C12-20 Alkyl glucoside, Cera Alba, Biosaccharide Gum-4, Biosaccharide gum-2, Cetearyl Alcohol, Sodium levulinate, Sodium anisate, Butyrospermum Parkii (Shea) Butter, Lactic Acid, Xanthan Gum, Lavandula Angustifolia (Lavender) Oil, Rosa Damascena (Rose) Flower Oil, Rosmarinus Officinalis (Rosemary) Leaf Extract, Linalool*, Geraniol*, Citronellol*, Eugenol*.

*From the essential oils.

30 ml bottle.

125 ml bottle.

250 ml bottle.

Pump for 125 and 250 ml bottle.

See page 85.



TREATMENTS AT THE SALON

PROFESSIONAL ADVICE

For best results, you should visit a skin therapist who will be able to give you professional advice on products and treatments. On our website, www.mariaakerberg.com, you will find the therapist/salon closest to you. The most important thing when you start investing in good skincare products, is for you to buy the products that you are really going to use.

FACIAL TREATMENT

Having a facial done by a skin therapist is a really good investment. You will have your skin thoroughly reviewed while the therapist shows you the very best products for you. Then you can maintain the results of your treatment at home, using the products recommended to you.

VITAMIN C TREATMENT

A shorter facial which gives tired skin a boost. Vitamin C treatment rebuilds sun damaged skin and has anti-inflammatory properties, ideal for mild acne. Follow up your treatment at home, using cleanser, freshener, face cream, Serum C and Night Cream.

AHA TREATMENT

A shorter facial where the skin is exfoliated with Lactic Acid. The treatment has many positive effects. Not only does it improve the skin's lustre. The skin is also strengthened and balanced, while blemished skin is prevented. AHA treatment has an astringent effect on large pores and reduces age spots, wrinkles and scars, which makes it perfect for rough, blemished and/or dry skin. Follow up your treatment at home, using cleanser, freshener, face cream and a purifying treatment consisting of AHA Jojoba Peeling and Face Mask Clearing.

BACK TREATMENT FOR ACNE

A cleansing treatment customised for your back. Follow up your treatment at home by exfoliating with Body Scrub and treating with a deep cleansing mask, such as Refining Mask.

WAXING

A very effective way of removing unwanted hair. Especially popular when summer and bathing season approach! Remember to get started in time, as you may need about 3-4 treatments for a lasting result.

PEDICURE

The best and most effective start, is to see a professional first. After that, it is easy to continue your daily care at home.

MANICURE

Again, it is a good idea to get a good start from a professional, in order to make the follow up at home easier. A very pleasant and effective treatment, especially good for those with dry hands, nails and cuticles.

EYELASH AND EYEBROW TINTING

A minor treatment with a major effect. The tint is customised to your natural colours and lasts about 4 weeks. The treatment is especially suitable for those with pale eyelashes and eyebrows.

EYEBROW PLUCKING/SHAPING

The eyebrows frame your face, and keeping them in check has a great impact on your appearance.

MASSAGE

Comfortable, relaxing and generally beneficial. Choose a full body massage or part body massage. There are many choices, and you consult with your therapist to decide what your body needs.



TREATMENTS AT HOME

MOISTURE TREATMENT

The moisture treatment gives your skin a maximum of moisture and vitamins. The result of the moisture treatment is a real hydrating boost, and the skin regains its resilience and lustre. The products work together to help the skin absorb as much vitamins and moisture as possible.

WHEN?

The moisture treatment is well suited to do at home, ideally overnight.

HOW OFTEN?

For maximum effect, we recommend you do the moisture treatment 1-2 times/week.

Use these products:

Papaya Peeling
Face Mask Moist
Kabuki brush

How to do it:

Start by cleansing the skin, using a cleanser and freshener suitable for your skin type.

Then massage Papaya Peeling onto the skin, using a slightly dampened Kabuki brush to enhance the effect of the exfoliation. Spray the brush with Neroli Freshener.

If you use your hands instead, first massage your face with the peeling grains

for a few minutes.

Then wet your fingertips and add some water, which will cause the grains to melt. The water activates the enzymes, making the moisture in the mask penetrate deeper.

Apply a generous amount of Face Mask Moist directly on top of the Papaya Peeling.

Try leaving the treatment on for about 10 minutes. If that feels good, you can also try leaving it on overnight to achieve maximum effect.





THE CLEANSING TREATMENT

The cleansing treatment is calming and deep-cleansing. It is suitable for everyone. The products work together to deep-clean the skin.

WHEN?

The cleansing treatment is a treatment well suited for doing at home, ideally overnight.

HOW OFTEN?

For maximum effect, we recommend doing the Cleansing treatment 1-2 times/week.

Use these products:

AHA & Jojoba Peeling
Face Mask Clearing

How to do it:

Start by cleansing the skin, using a cleanser and freshener suitable for your skin type.

Apply a thin layer of AHA & Jojoba Peeling. If your skin is sensitive, gently apply the peeling with out actually exfoliating.

Then apply a generous amount of Face Mask Clearing directly on top of the AHA & Jojoba Peeling.

Try leaving the treatment on for about 10 minutes. If that feels good, you can also try leaving it on overnight for maximum cleansing effect.

To achieve the best results, it is important to continuously use MARIA ÅKERBERG products, all of which are free from mineral oil and silicone.

FEET

Have a foot bath once in a while. Lubricate your feet daily with softening Foot Cream, and use our refreshing Foot Deo Spray. Add Foot Balm when needed. Myrrh Nail & Cuticle Oil - an emollient oil which makes dry nails beautiful.

BODY

Hair & Body Shampoo - a gentle shower gel that does not dry out your skin. Body Scrub - exfoliates away old and dry skin. You will be amazed at how soft it feels. Salt Scrub Energy - an oil based body scrub with a fresh fragrance. The perfect product for your home spa!

HANDS

Moisturise your hands daily. Hand Cream and Hand Cream Beautiful are non-sticky. You can continue working as usual after application. Myrrh Nail & Cuticle Oil - emollient cuticle oil.





TRAVEL SIZE

FACE

Eye Makeup Remover

A gentle eye makeup remover.
30 ml bottle.

Cleansing Clay

A cleansing cream for combination skin.
30 ml bottle.

Foaming Wash Clearing

A foaming cleanser for oily and blemished skin that is not sensitive.
30 ml bottle.

Foaming Wash Gentle

A foaming cleanser for sensitive skin.
30 ml bottle.

Olive Cleansing

A cleansing cream with Olive Oil, for dry/mature skin.
30 ml tube.

Flower Freshener

A freshener for sensitive and mature skin.
30 ml bottle.

Lemon Freshener

A freshener for oily/combo skin.
30 ml bottle.

Neroli Freshener

A freshener for all skin types.
30 ml bottle.

Face Balm Clearing

An emollient, protecting face balm for oily/blemished skin.
10 ml tub.

Face Balm Gentle

An emollient, protecting face balm for sensitive skin.
10 ml tub.

Face Balm Moist

(former Face Balm Neroli)
An emollient, protecting face balm for all skin types.
10 ml tub.

Face Balm More

An emollient, protecting face balm for dry/mature skin.
10 ml tub.

Face Balm Supplement

An emollient, protecting face balm for dry/mature skin that is not sensitive.
10 ml tub.

AHA & Jojoba Peeling

A facial peeling for all skin types.
Prevents blackheads and acne.
30 ml tube.

Papaya Peeling

A mild, facial scrub for dry/sensitive skin.
Contains enzymes from Papaya.
30 ml tube.

Face Mask Moist

A smoothing, moisturising face mask. For all skin types.
15 ml tube.

Face Mask Clearing

A cleansing facial mask with Silicon and Vitamin C. For all skin types.
15 ml tube.

Face Mask Gentle

A balancing and cleansing face mask with White Clay. For all skin types.
15 ml tube.

Face Mask More

A smoothing and moisturising face mask with Persian Silk Tree and Sea Buckthorn. For all skin types.
15 ml tube.

BODY

Body Scrub

A body scrub with grains from Apricot Kernels. Ideally used with peeling gloves.
30 ml tube.

Salt Scrub Energy

An emollient body scrub with beneficial oils and Sea Salt.
30 ml tube.

Body Lotion

A gentle body lotion with Bergamot and Sandalwood.
30 ml tube.

Body Lotion Athletic

A freshly scented body lotion.
30 ml tube.

Body Lotion Beautiful

An emollient body lotion with Lemon,
Bergamot, Orange and Cardamom.
30 ml tube.

Body Lotion Energy

An emollient body lotion with a vibrant,
refreshing scent.
30 ml tube.

BATH**Aroma Bath Realxing**

A relaxing, Lavender-scented aroma bath
soak.
30 ml bottle.

Shower & Bath Oil

Emollient shower and bath oil with
antiseptic properties.
30 ml bottle.

HAND & FOOT**Hand Cream**

A beneficial, non-greasy and quickly
absorbed hand cream with extracts of
Calendula.
30 ml tube.

Hand Cream Beautiful

Protecting hand cream with Titanium
Dioxide and essential oils of Orange and
Cardamom.
30 ml tube.

Foot Cream

Emollient, non-greasy and quickly
absorbed foot cream.
30 ml tube.



CLEANSING & HAIR

Hair & Body Shampoo Energy

A mild hair and body cleanser with Rosemary, Lavender, Lemongrass and Juniper.

30 ml tube.

Hair & Body Shampoo Lemongrass

A mild hair and body cleanser with Lemongrass.

30 ml tube.

Hair & Body Shampoo Rosemary

A mild hair and body cleanser with Rosemary.

30 ml tube.

Hair Conditioner

A hair conditioner with Fennel for both treated and natural hair. Perfect leave-in conditioner.

30 ml bottle.

Hair Conditioner Energy

A hair conditioner with Rosemary, Lavender, Lemongrass and Juniper for both treated and natural hair. Perfect leave-in conditioner.

30 ml tube.

Hair Therapy

A hair mask with Lavender and Lemongrass.

30 ml tube.

Scalp Scrub Intensive

A scalp scrub with Lactic Acid (AHA) from Sugar Beets, and small grains from Jojoba Seeds, that gently removes dead skin cells.

30 ml tube.

SUN PRODUCTS

Sun Lotion spf 20

A sunscreen with physical Titanium Dioxide filter.

30 ml bottle.

Protecting Oil Outdoor

Nourishing and protecting oil, perfect for being outdoors in the sun and cold.

30 ml bottle.

Aloe Vera Barbadosis

98,5 % pure Aloe Vera gel. Soothing, and therefore a very good aftersun product, or as relief from insect bites and chicken pox.

30 ml tube.

BABY & CHILDREN

Baby Bath

With Orange and Honey that make the bath water soft and fragrant.

30 ml bottle.

Baby Care

A rich ointment to protect exposed areas of the body.

10 ml tub.

Baby Lotion

A lotion for small children, with Rose and Lavender essential oils.

30 ml bottle.

Baby Oil

Neutral body oil, perfect for cleansing.

30 ml bottle.





ACCESSORIES

SAFETY SCISSORS

With rounded ends to avoid damages.



PUMPS

Practical pumps for our 125 ml, 250 ml and 500 ml bottles. For bottles kept in the shower, take care not to let water enter through the pump, as this can ruin the product. Oils equipped with a standard pump, you can not bring on travels.

Bottle equipped with a spray pump is safe to travel with.

All pumps are sold in bags.

Ca. pris 15:-



APPLICATOR

For an easier application of Scalp Scrub Intensive and Scalp Treatment. Fits on the bottle and has a small seal to keep the product fresh.



SPATULA

Use for tub based products.



BANDEAU

Bandeau in white, elastic terry cloth with velcro tape and the MARIA ÅKERBERG logo printed in black.



PEELING GLOVES

Exfoliate away dead skin cells.
Very easy to use and fit all hand sizes.
Rinse the gloves after every use.
When needed, wash at 40°C in a laundry bag.
Colour: white, blue or yellow.



SPONGES

Our sponges are made from cellulose and coloured with food colouring. Rinse after each use. Wash at 60°C when needed.

Small sponge

For washing the face. Colour: apricot.

Bath sponge

Large oval.
Colour: blue.



NAIL FILE

A handy little nail file.



BODY MASSAGER

Use the pointy body massager with any oil from our range.

The rounded body massager is used without oil.

The handle is easy to disassemble and reassemble for cleaning. Clean with soap and water.



FAN BRUSH

A soft and fine brush, suitable for applying Serum, facial mask and rouge. Synthetic.



COTTON GLOVES

Comfortable 100 % cotton gloves. Ideally used for hand masks. Wash in 40°C when needed.

Consumables.



MASK BRUSH

A special brush for applying face masks. Synthetic.



INFORMATION & ENVIRONMENT

ENVIRONMENTAL ASPECTS

Taking responsibility for the environment is more important than ever. To us, active in an industry that lays claim to natural resources, the commitment towards the environment, today and in the future, is an essential part of our work.

Which skincare products you use, does not only affect you. It is difficult for nature to break down mineral oil. Instead of mineral oil, MARIA ÅKERBERG uses various renewable plant oils: coldpressed vegetable oils and essential oils. This promotes an increased economisation of the Earth's resources.

Our ingredients are organic and many of them are certified.

It is not only the products that are organic and environmental friendly: this way of thinking of course permeates the entire company. We continuously make conscious purchases of both paper and plastic.

By conscious purchases, we make demands of CSR (Corporate Social Responsibility). CSR means that businesses respect human rights, basic labour law principles and basic environmental standards, no matter where they import their goods from. Read more on our website.

Locally produced

Our goal is to find suppliers close by, to decrease the carbon dioxide emissions. Our 125, 250 and 500 ml bottles, made of bioplastic from sugar canes, are produced in Ullared, only 31 miles from Frillesås, where we are situated. The holders for our bottles are also produced in Sweden, not very far from us.

We take our environmental responsibilities seriously, and are affiliated with FTI (Förpacknings & Tidningsinsamlingen; The Packaging and Newspaper Collection), formerly REPA. By this affiliation, we fulfill our producer responsibility both physically - through collection and recycling - and administratively - by information and reports to customers and authorities. This gives you as a customer the possibility to take your consumer responsibility, and enables you to leave your empty packages for recycling. Below are our packaging types.

Paper

All printed materials are made from environmental friendly paper.

Paper is a renewable raw material. The cardboard that we purchase, is made of locally produced virgin fibres from Swedish woods.

Recycled paper is a coveted raw material and an important complement to virgin fibres from the woods. The paper fibres can be reused 5-7 times before they are rendered unusable.

Our corrugated cardboard is made from recycled material and the white colour comes from white clay.

Recycling is a win-win for everybody.

Plastic

Our packages are environmental friendly. Here at DERMANORD, we take the carbon dioxide debate, about emissions demaging our environment, seriously. We have designed an entirely new packaging. On the initiative of Mikael Åkerberg, we are the first on the Swedish market to use non-toxic bioplastic packages, which are not only carbon dioxide neutral, but even bind carbon dioxide. This means that there is no environmental burden from this kind of plastic. The bioplastic is made from sugar canes, not crude oil which conventional plastic is made of. Sugar canes require carbon dioxide in order to grow. When our packages are burned, water and carbon dioxide are released, and then taken up by the sugar canes. In the process of manufacturing bioplastic, carbon dioxide is also spent, with the result that the process, as a total, is not only carbon dioxide neutral, but even spends extra carbon dioxide.

We use bioplastic from sugar canes for all of our bottles. The other plastics, in tubes, bags and packaging, consist of Polythene. It is made from Ethene (ethylene), which is a hydrocarbon, and is thereby suitable for incinerating.

All packages can/should be recycled or incinerated. They are not to be disposed of in nature. We have made a conscious choice of not adding degradation additives to our plastic. If a bag, containing these additives, gets mixed in with regular collected plastic, it will ruin that entire shipment.

Read more about packaging materials and degradation additives on our website.



Glass

We use glass bottles for some of our oils. The essential oils can be too strong to contain in plastic.

Producing glass requires more energy in comparison to plastic. From an environmental point of view, it is therefore important to recycle as much glass as possible.

We are affiliated with SGÅ (Svensk GlasÅtervinning; Swedish Glass Recycling).

Glass recycling saves environmental resources and energy. It requires 20 % less energy to melt recycled glass, than to produce new glass from sand, lime and soda. It also emits less carbon dioxide. Put your empty bottles in the Glass Recycling! There is no limit to the number of times glass can be recycled, with no decrease in quality.

We sort our waste at Ragn-Sells AB.

Primarily we make sure the waste is sent to material recycling, which means it becomes new things. But, of course, not everything can be recycled like that. The waste that can not be recycled, is used for energy recovery - a good alternative where the waste comes back to us in the form of electricity and heat.

Our bank is environmentally certified. Our packing tape is free from harmful solvents.

We have our own compost.

We serve organic coffee, tea and fruit at our events and to our employees.

Our premises are heated by long-distance heating in the form of renewable fuel.

We reuse computers as fire walls and test servers.

All computers and screens are shut down after hours to decrease energy consumption.

We use low-energy servers.

We use virtual servers to optimize processor time and decrease power consumption.

Low-energy hardware options are used as much as possible.

Do you have any questions, or tips about how we can further improve the ways we protect the environment?

Let us know via: info@dermanord.se

This is our contribution to an increased economisation of the resources on Earth!

INGREDIENT LISTING

Since its inception in 1995, all of our products have always been completely content declared. From 1999 a uniform content declaration is required by law within the EU. All member countries have agreed to have common Latin/international names for the various ingredients. Unfortunately it is still difficult to decipher the real content in many products.

We have chosen to take it one step further and translate the Latin/international names into Swedish. They are listed on our products, in our catalogue and on our website. We want you to know what is inside the packaging.

The symbol "Hand in open book" is used when there is not enough room for a list of ingredients on the package. In these cases, the contents are listed here in the catalogue, under each product.



The +/- signs indicate the colours included in the makeup.

SHELF LIFE/ BEST BEFORE DATE

The products are date marked - month and year - if the shelf life is less than 3 years. The date applies to unopened goods. All creams should be used within 6 months after opening.

The symbol "Open jar" (PAO, Period After Opening) indicates the shelf life after opening.



This applies to products with a shelf life longer than 30 months.

GMO-FREE

We only use non-genetically modified raw materials.

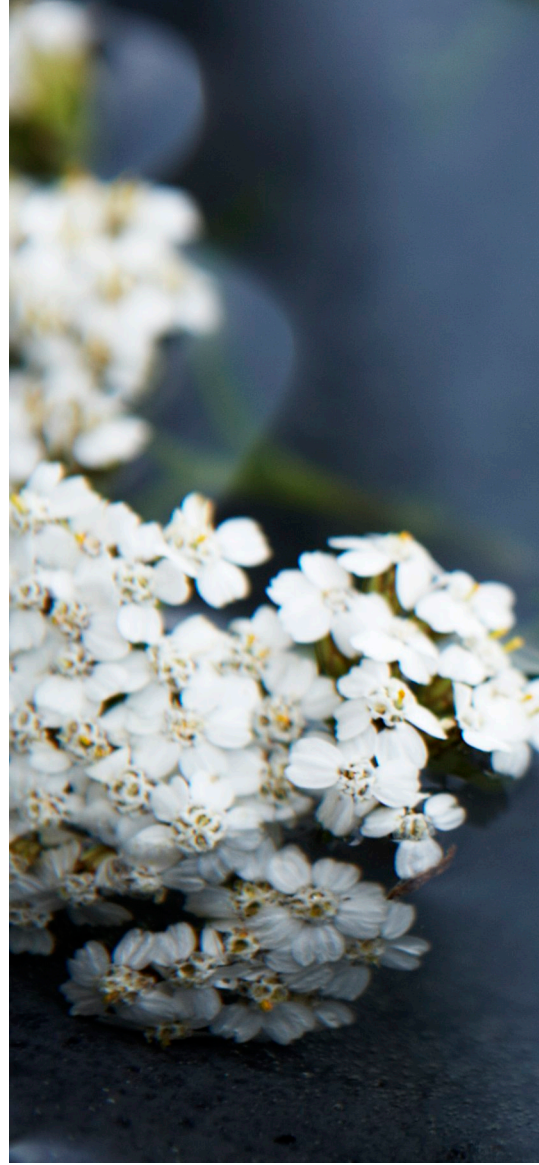
MANUFACTURING

MARIA ÅKERBERG skincare products are made by DERMANORD in Frillesås near the coast of Halland in Sweden. The raw materials come from carefully selected growers and suppliers around the world. You are always welcome to contact us, the ones who produce and develop the products, directly. We are in close contact with both our suppliers of raw materials and the ones using our products: therapists, hairdressers, makeup artists and individuals.

ANIMAL TESTING

Animal testing is prohibited within the EU, but we wouldn't do it even if it was allowed.

To sell products to China, the products have to be animal tested, and that is why we have chosen not to export there. Allergy tested products means they are tested on animals.



SYNTHETIC INGREDIENTS

We prefer raw materials from nature and do not use, for example, synthetic thickeners such as carbomer since they are difficult to break down in nature. We think that Xantan is a healthier option. Neither do we use synthetic oils, such as silicone, since they are suspected of being bioaccumulative. Silicone can form formaldehyde on degradation, which is why we prefer to use vegetable oils.

ANIMAL INGREDIENTS

In many other skincare products, not ours though, glycerine and collagen taken from slaughterhouse waste can be found. It is usually impossible to decipher if a product contains materials made from slaughterhouse waste, just by looking at the list of ingredients.

If one imposes no ethical dimension to it, the skin has nothing against animal ingredients per se, but here at DERMANORD, we see no reason to use them since there are better, vegetable options available, including glycerine derived from Rapeseed Oil. Vegetable options are also guaranteed BSE (mad cow disease) free.

Beeswax is used in, for example, our Hand Cream, Lip Care, Face Balm, Baby Care, Face Protection, Blueberry Seed Mask, Foot Balm and Moulding Cream.

RESERVATIVES

We use natural alternatives such as vitamins and essential oils to extend the shelf life of our products. Therefore, our range is 100 % natural, no products contain parabens.

CONTROL OF RAW MATERIALS AND FINISHED PRODUCTS

All ingredients are controlled in a laboratory before they are allowed to be used in our products. The final products are thoroughly tested in the laboratory and on people.

VARIATIONS

Since we work with produce from the vegetable kingdom, the scent and appearance of products may vary slightly depending on the harvest. This is because the plants have different access to water, sunlight and soil. In other cases - as in the case of Calendula Extract in Hand Cream and Shea Balm - it is because the flowers have different colours. If you want to achieve the exact same colour every time, the use of chemical/synthetic ingredients is required. Our products also slightly alter their scent over time, once the package has been opened.

LABEL AND CERTIFICATION

All of our ingredients contribute to a sustainable production and consumption, and are part of a sustainable cycle. Not all are certified organic, example thereof is the Lactic Acid from Sugar Beet.

Some of our raw materials are mined from the earth and therefore cannot be certified in the same way as grown produce can, examples of which are Clay and Iron Oxide.

Most of our ingredients have some form of independent eco-labeling.

Below is a certification index which applies to our grown ingredients and is indicated after the ingredients on pages 93-98.

- *ABCERT: www.abcert.de
- *ECOCERT: www.ecocert.com
- *RSPO: www.rspo.org
- *QC&I: www.qci.de
- *BDIH: www.bdiH.de
- *Soil Association:
www.soilassociation.org
- *Organic Farming: www.organic-farming.europa.eu
- *Farm Verified Organic: www.ics-intl.com
- *NaTrue: www.natrue.org
- *COSMOS: www.cosmos-standard.org
- *KRAV: www.krav.se



INGREDIENTS

Achillea Millefolium Extract : Yarrow, keeps the skin in good condition.

Aesculus Hippocastanum (Horse Chestnut) Bark Extract: Extract from Horse Chestnut Fruit strengthens the skin. *ECOCERT

Albizia Julibrissin (Mimosa) Bark Extract: Extract from the Persian Silk Tree derived from the bark, has a lifting effect on the skin. Smoothing and draining properties. *ECOCERT, *COSMOS

Algae: Seaweed is rich in protein, enzymes and natural minerals, especially Calcium and Iron. They are also rich in vitamins. *ECOCERT

Aloe Barbadensis Leaf Juice Powder: Aloe Vera Barbadensis, cooling and keeps the skin in good condition. IASC, *Farm Verified Organic

Apricot Seed Powder: Apricot Kernels are ground into a powder, used for removing dead skin cells from the body. *ECOCERT

Alumina: Aluminium bonded to Titanium Dioxide to stabilise the raw material.

Aminomethyl Propanol: Stabilising pH.

Anhydroxylitol: Moisturising plant sugar. *ECOCERT

Aqua Purificata: We get our water from the lake Lygnern. One of the purest waters in Sweden, filtered through the 13,000 year old boulder ridge Fjärås Bräcka, which we then distil. It becomes much purer than regular drinking water (aqua).

Arnica Montana (Arnica) Flower Oil: Arnica, strengthening essential oil. *Organic Farming

Ascorbic Acid: Vitamin C, an antioxidant. *ECOCERT

Ascorbyl Palmitate: Vitamin C.

Benzoic Acid: Preservative raw material.

Biosaccharide Gum-1: Derived from Soy and Corn, and consists of the sugar Fucose. Moisturising. *ECOCERT

Biosaccharide Gum-2: Derived from Soy and Corn, and consists of the sugar Fucose. Moisturising. *ECOCERT

Biosaccharide Gum-4: Derived from Soy and Corn, and consists of the sugar Fucose. Moisturising. *ECOCERT

Bis-Diglyceryl Polyacyladipate-2: Made from Coconut and Sugar Beets. Gives a better texture.

Bisabolol: Mild raw material from Chamomile.

Borago Officinalis Seed Oil: Contains 20 % GLA, which is humectant and prevents dry skin. *ABCERT

Boswellia Carterii Gum Oil: Essential oil extracted from the tree's sap (Olibanum Oil, Frankincense) Strengthening. *QC&I

Brassica Napus (Rape) Seed Oil: Coldpressed Rapeseed Oil. Contains good fatty acids and Vitamin E. *KRAV

Butyrospermum Parkii (Shea) Butter: Shea Butter, adds oil to the skin and protects the skin from drying out. *NaTrue

Calendula Officinalis Flower Oil: Skin conditioning. *Organic Farming

Calcium Sulfate: Derived from Limestone. Used in makeup to make it hold better. Absorbs moisture.

Cananga Odorata (Ylang Ylang) Flower Oil: Essential oil extracted from the flowers of the Ylang Ylang tree. It is balancing and regulates sebum production.

Candelilla Cera (Candelilla Wax): Hard wax with protective properties.

Caprylic/Capric Triglyceride: Nourishing vegetable oil, derived from Coconut Oil. *ECOCERT, COSMOS

Capryloyl Glycine: Made from Sunflowers and Coconuts. Soothing and antibacterial. *ECOCERT

Carica Papaya (Papaya) Fruit: Contains the enzyme Papain which dissolves/breaks up dead skin cells. *ECOCERT

Capsicum Frutescens Fruit Extract: Refreshing Chili Extract. *Organic Farming

Cedrus Atlantica Bark Extract: Cedarwood Oil, extracted from the wood by distillation. Strengthening. *QC&I

Cera Alba (Beeswax): More protective than oils and fats. Our Beeswax is produced by bees from Swedish bee hives and is purified from pollen. It is therefore also suitable for pollen allergy sufferers.

Cetearyl Alcohol: Nourishing, solid fatty alcohol from Coconut.

Cetyl Alcohol: Nourishing, solid fatty alcohol from Coconut.

Chamomilla Recutita (Chamomile) Flower Oil: Nourishing. *Organic Farming

Cinchona Succirubra Bark Extract: Reduces hair loss.

Cinnamon (Cinnamomum Verum) Bark Oil: Essential oil from Cinnamon Bark. Antibacterial and a fungal inhibitor.

Citrus Aurantifolia (Lime) Oil: Purifying essential oil from Lime Peel. *QC&I

Citrus Aurantium (Bitter Orange) Flower Oil: Balancing essential Neroli oil from the flowers of the Bitter Orange Tree. *QC&I

Citrus Aurantium (Bitter Orange) Leaf/Twig Oil: Purifying and balancing essential Petitgrain oil from the leaves of the Bitter Orange Tree.

Citrus Aurantium (Bitter Orange) Fruit Extract: A unique, stabilised concentrate of Vitamin C from Oranges. *ECOCERT

Citrus Bergamia (Bergamot Orange) Leaf Oil: From the leaf of the Bergamot Fruit. Balancing and purifying. The oil we use is free from Bergapten, which otherwise can make your skin photosensitive.

Citrus Paradisi (Grapefruit) Peel Oil: Purifying essential oil. *QC&I

Citrus Limon (Lemon) Peel Oil: Coldpressed essential oil from the peel, purifying and strengthening. *QC&I

Citrus Limon (Lemon) Fruit Water: Contains mineral salts and trace elements. *ECOCERT

Citrus Reticulata (Mandarin Orange) Peel Oil: Coldpressed essential oil from the peel, strengthening and helps prevent striae. *QC&I

Citrus Sinensis (Sweet Orange) Peel Oil: Coldpressed essential oil from the peel of Orange, skin conditioning. *QC&I

Cocamidopropyl Betaine: Mildly cleansing ingredient from Coconut.

Coco - glucoside: Emulsifier from Coconut and Corn.

Cocoglycerides: Nourishing oil, derived from Coconut Oil.

Commiphora Myrrha Oil: Essential oil from the Myrrh Tree is a fungal inhibitor.

Copernicia Cerifera (Carnauba) Wax: Wax from the Carnauba Palm Leaves, which protects the skin. *ABCERT

Cupressus Sempervirens (Cypress) Oil: Strengthening and purifying essential oil. *QC&I

Cymbopogon Citratus (Lemongrass) Oil: Essential oil which binds moisture and stimulates the moisture production in the skin. *QC&I

Darutoside: Extracted from Siegesbeckia orientalis, strengthens the skin. *ECOCERT, *COSMOS

Daucus Carota Sativus (Carrot) Seed Oil: Beneficial for dry skin, counteracts free radicals and aids in the formation of new cells. *Organic Farming

Daucus Carota Sativus (Carrot) Root Extract: Beneficial for dry skin, counteracts free radicals and aids in the formation of new cells. *Organic Farming

Decyl Glucoside: Cleansing ingredient from the sugar in Corn and Coconut.
Dehydroxantan Gum: Humectant thickening agent.

Dihydroxiacetone: DHA, A carbohydrate that turns brown in contact with oxygen. Used in Tan in a Bottle.

Elattaria Cardamomum Seed Oil: Uplifting oil from Cardamom Seeds. *QC&I

Ethylhexyl Palmitate: Emollient oil from Palm Oil. *RSPO

Eucalyptus Globulus Leaf Oil: Antiseptic and expectorant essential oil. *QC&I

Foeniculum Vulgare (Fennel) Oil : Strengthening essential oil.

Fructose: Fruit Sugar, humectant.

Fusel WheatBran/Straw Glycosides: Fermenting of Fruit Sugar, humectant.

Gaultheria Procumbens (Wintergreen) Leaf Oil: Strengthening essential oil. *QC&I

Geraniol: Found in Lemon Oil for example. *ECOCERT

Glucose: Humectant sugar.

Glycerin: Our Glycerin is extracted from Rapeseed Oil and has humectant properties. *ECOCERT

Glyceryl Caprylate: Extracted from Coconut Oil and used for its emollient properties.

Glyceryl Oleate: A mix of Glycerine and Oleic Acid, both of which come from vegetable oils.

Glyceryl Stearate: Emulsifier from vegetable oils, used to make water-soluble and oil-soluble substances emulsify (blend).

Glycine: An Amino Acid, the building blocks for proteins. Nourish the skin (from Beans and Beets).

Glycolic Acid: Humectant and exfoliating (from Sugar Cane).

Guar Hydroxypropyl Trimonium Chloride: Flour from the ground seeds of Guar. Makes the hair easy to comb.

Helianthus Annuus (Sunflower) Seed Oil : Emollient oil with Vitamin E.

Hesperidin Methyl Chalcone: Strengthening (from Orange).

Hippophae Rhamnoides Fruit Oil: An oil rich in unsaturated fatty acids which help the skin maintain the moisture balance and strengthen its natural protective barrier (Sea Buckthorn Oil).

Hydrastis Canadensis (Goldenseal) Root Extract: Contains Berberine, which is anti-bacterial and anti-fungal.

Hydrogenated Jojoba Wax: Jojoba grains, vegetable wax from the Jojoba shrub seeds.

Isoestearamidopropyl Morpholine Lactate: Lactic Acid Salt with antibacterial properties.

Juniperus Communis (Juniper) Oil : Purifying essential oil. Helps the body to cleanse. *QC&I

Kaolin: Also known as China Clay. Astringent and cleansing in skincare products. Considered a mineral and used as pigment in makeup.

Lactic Acid: Our Lactic Acid is made from Sugar Beets and is of the same type as the one we have naturally occurring in our bodies, to retain moisture. Natural Lactic Acid is revitalising and mildly exfoliating. It also strengthens the collagen fibres in the skin. Can be synthetically produced, but has different properties in that case.

Lavandula Angustifolia (Lavender) Oil : Antiseptic and strengthening essential oil. *QC&I

Lecitin: Made from Soy Beans. Lecitin is humectant and beneficial for dry skin.

Linalool: Found in Lemon Oil, for example. *ECOCERT

Limonene: Found in Lemon Water, for example. *ECOCERT



Lysine (from Beans and Beets): An Amino Acid building block for proteins. Nourishes the skin.

Malic Acid: Humectant and exfoliating.

Maltodextrin: From Corn, Potatoes or Wheat.

Mel (Honey): Antiseptic and emollient. Vitamins, minerals, fructose and glucose are among the active ingredients. We only use Swedish Honey.

Melaleuca Alternifolia (Tea Tree) Leaf Oil : Used by Australia's indigenous people for centuries to combat bacteria and fungus.

Melia Azadirachta (Neem) Leaf Extract: Oil with antiseptic and strengthening properties. *ECOCERT

Mentha Arvensis (Corn Mint) Leaf Oil: Cooling and soothing essential oil. *QC&I

Mentha Piperita (Peppermint) Oil : Cooling and soothing essential oil. *QC&I

Menthyl Lactate: Antibacterial Lactic Acid.

Ocimum Basilicum (Basil) Oil: Purifying essential oil. *QC&I

Olea Europea (Olive) Fruit Oil: A greasy oil (coldpressed), difficult for the skin to absorb. *NaTrue

Origanum Vulgare (Oregano) Leaf Oil: Antibacterial oil. *QC&I

Palmitoyl Oligopeptide (Peptides): Increases the skin's moisture content and improves resilience. Extracted from Palm Oil. *RSPO

Palmitoyl Tetrapeptide-3 (from Palmitic Acid): Skin firming. *RSPO

Pelargonium Graveolens (Rose Geranium) Flower Oil: Antibacterial essential oil. *QC&I

Persea Gratissima (Avocado) Oil: Conditioning and nourishing oil. *ECOCERT

Pogostemon Cablin (Patchouli) Oil: Essential oil that stimulates the skin's cell division. *QC&I

Polyglyceryl-5 Oleate: Humectant Glycerine (carbohydrate of vegetable origin) and Oleic Acid from Palm Kernel.

Polyhydroxystearic Acid: From Coconut Oil.

Potassium Alum: Naturally occurring mineral salt. Astringent on pores.

Potassium Hydroxide (Salt): pH balancing.

Punica Granatum Seed Oil: Pomegranate, keeps the skin in good condition. *Organic Farming

Ricinus Communis (Castor) Seed Oil : A fatty oil with conditioning and purifying properties. *NaTrue

Rosa Canina (Dog Rose) Fruit Oil : Conditioning oil from Rosehip Seeds. Contains Vitamin A. *ABCERT

Rosa Damascena (Rose) Flower Water: Calming, Regenerating and humectant. *ECOCERT, *Soil Association.

Rosa Damascena (Damask Rose) Flower Oil: Strengthening and humectant essential oil, distilled from the petals of Rosa Damascena (Rose Otto).

Rosmarinus Officinalis (Rosemary) Leaf Oil : Strengthening essential oil.

Rosmarinus Officinalis (Rosemary): Antioxidant. *QC&I

Salvia Officinalis (Sage) Oil: Purifying and astringent on pores. *ECOCERT

Salvia Officinalis (Sage) Water: Purifying and astringent on pores. *ECOCERT

Santalum Album (Sandalwood) Oil : Antiseptic essential oil. *QC&I

Silica: A mineral that is strengthening and purifying for the skin.



Simmondsia Chinensis (Jojoba) Seed Oil: Coldpressed vegetable oil from the seeds of the Jojoba shrub. *COSMOS

Sodium Anisate: Salt from Basil. Antibacterial properties. *ECOCERT

Sodium Bicarbonate: Naturally occurring salt. Antibacterial properties.

Sodium Caproyl/Lauroyl Lactat: Antibacterial Lactic Acid Salt.

Sodium Coco-sulfate: Cleansing ingredient from Coconut.

Sodium Cocoyl Glutamate: Cleansing ingredient from coconut oil and amino acid (prepared by fermentation).

Sodium Hydroxide: Salt, pH balancing.

Sodium Lactate: Herbal Salt that binds moisture to skin and hair. *ECOCERT

Sodium Lauroyl Oat Amino Acid: Anionic surfactant, derived from oat amino acids. Hair conditioning effect.

Sodium Levulinate: Salt from Rice. *ECOCERT

Sodium PCA: see Sodium Lactate. *ECOCERT

Sodium PH: see Sodium Lactate. *ECOCERT

Sodium Stearate: Solid, lubricating ingredient from vegetable oil.

Sodium Stearoyl Lactylate: Lactic Acid.

Sorbic Acid: Antibacterial.

Sorbitan Isostearate: Derived from Rapeseed, Wheat and Corn.

Sorbitan Laurate: Emulsifier from Coconut Oil.

Sorbitol: Humectant.

Squalane: Humectant Squalene from Olive Oil. Squalane can also be obtained from sharks. *ABCERT

Stearic Acid: Nourishing oil from Olive Oil and Coconut Oil.

Stearamonium Chloride: Makes the hair shiny and easy to comb (from Coconut).

Stearamidopropyl Morpholine Lactate: Lactic Acid Salt.

Stearyl Alcohol: Nourishing vegetable oil.

Talc: Just like various minerals, clay and salts, Talc is extracted from naturally occurring deposits. Covering and mattifying effect in makeup.

Tartaric Acid: Humectant and exfoliating.

Theobroma Cacao (Cocoa) Fruit Powder: Raw materials from the Cocoa Bean, rich in antioxidants. *ABCERT

Theobroma Cacao (Cocoa) Seed Butter: Nourishing oil from the Cocoa Bean. *ABCERT

Thymus Vulgaris (Thyme) Flower/Leaf Oil : Antibacterial essential oil. *QC&I

Titanium Dioxide (E 171, CI77891): A mineral that protects against UV radiation. Colour pigment in makeup.

Tocopherol: Antioxidant (Vitamin E), extracted from for example Sunflower Oil. *BDIH

Tocopheryl Acetate: Antioxidant (Vitamin E), extracted from for example Sunflower Oil. *BDIH

Tribehinin: Made from Rapeseed Oil, humectant.

Trifolium Pratense (Red Clover) Extract: The isoflavones on Red Clover are skin conditioning.

Tussilago Farfara (Coltsfoot) Extract : Skin conditioning and purifying.

Undecylenoyl Glycin: Extracted from Sunflower. Antibacterial. *ECOCERT

Urtica Dioica (Nettle) Extract: Balancing for oily skin.

Vaccinium Myrtillus Seed Oil: Blueberry Seed Oil, an oil rich in antioxidants. Contains many different forms of Vitamin E. *ECOCERT.

Vanilla Planifolia Fuit Oil: Conditioning oil of Orchids from Madagascar. *QC&I

Wheat Germ Glycerides: Humectant ingredient from Wheat.

Xanthan Gum: Thickening agent, made from sugar.

Xylitylglucoside: Moisturising plant sugar. *ECOCERT

Xylitol: Moisturising birch sugar. *ECOCERT

Zingiber Officinale (Ginger) Root Oil: Purifying extract of Ginger. *QC&I

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