

the where guide

Shopping | July



Balans Organic Spa

Time to get your relax on. Scientist and wellness professional Marie Aspling has opened the city's first 100 percent organic spa that, incidentally, you enter barefoot. Treatments run the gamut from organic skin care and massage to nutrition counseling and work in tandem to provide clients with overall well-being. We should also note that Balans is the first spa in the city to feature the rising-in-popularity flotation therapy, an experience where one floats in an intensely salty water bath (35 percent dense) to secure the ultimate relaxation—it has also been known to ease rheumatism, anxiety, insomnia, PMS and other health issues. Yes, please! 216 Newbury St., 617.424.1500. **Map 5, E4**

Woolrich John Rich & Bros.

Among its signature outerwear, ready-to-wear lifestyle apparel and accessories, the venerable American heritage brand Woolrich features the perfect hot-weather gear. The Summer Parka is a light, breathable and waterproof take on Woolrich's Arctic Parka. And, it's pretty sharp! 299 Newbury St., 857.263.7554. **Map 5, E4**

Apparel: General

CONVERSE—Design your own pair of Chuck Taylor All-Stars here, but customization is just one of this hot spot for lifestyle apparel's many exclusive features. Huge selection of Converse gear, including such lines as Jack Purcell, One Star and Star Chevron, and special Boston-centric duds. Open daily 10 am-7 pm. www.converse.com. 348 Newbury St., 617.424.5400. **Map 5, D4**

TED BAKER—Boston's Ted Baker boutique offers a fantastic and fantastical take on lifestyle apparel for men and women. Open M-Sa 11 am-7 pm, Su noon-6 pm. www.tedbaker.com. 201 Newbury St., 617.450.8339. **Map 5, E4**

TOMMY BAHAMA—At this Newbury Street outpost, find Tommy Bahama's signature men's and women's sportswear, swim wear, accessories and shoes. Looks can be rugged, refined, coastal or casual. Open M-Sa 10 am-7 pm, Su noon-6 pm. www.tommybahama.com. 154 Newbury St., 617.375.1006. **Map 5, E4**

VINEYARD VINES—Brothers started this small Martha's Vineyard company in 1998, creating top-quality ties for fun-loving guys. Today, you

likely recognize the smiling pink whale logo on offerings that extend to men's, women's and children's casual clothing and accessories. Open M-Sa 10 am-9 pm, Su 11 am-8 pm. www.vineyardvines.com. The Shops at Prudential Center, 800 Boylston St., 617.927.0490. **Map 5, D4**

Apparel: Women

MARGARET O'LEARY—Based in San Francisco, this clothing company is renowned for its cutting-edge knitwear and California chic aesthetic. Irish-born O'Leary began the business more than two decades ago in her tiny apartment, and it has since evolved from a hand-loomed knit line into a full collection of innovative and casual-chic luxury knitwear. M-Sa 10 am-7 pm, Su 10 am-6 pm. www.margaretoleary.com. 49 Charles St., 617.535.9144.

Art Galleries

GRAND CIRCLE GALLERY—Grand Circle Corporation—provider of international travel, adventure and discovery for Americans over 50—offers this inviting Fort Point exhibition space and features vintage travel poster and photography exhibits. This month: "Through the Eyes of Culture: Masks

From Around the World," **May 19-Sept. 30**. Open W and F noon-6 pm, Th noon-7 pm, Sa 10 am-5 pm. www.gct.com/grandcirclegallery. 347 Congress St., 617.346.6459. **Map 5, I5**

INTERNATIONAL POSTER GALLERY—Globally recognized for its collection of 10,000 original vintage posters ranging from the 1890s to the postwar era. It also boasts the world's largest collection of Italian posters, a series of 20th-century Swiss posters and one of the world's finest arrays of Soviet posters. Open M-Sa 10 am-6 pm, Su noon-6 pm. www.internationalposter.com. 205 Newbury St., 617.375.0076. **Map 5, E4**

L'ATTITUDE GALLERY—A contemporary gallery featuring indoor and outdoor sculpture, paintings and three-dimensional work by more than 90 international and American artists. Mediums vary widely and include glass, ceramic, metal, stone and wood. Open Tu-Sa 10:30 am-5:30 pm. www.lattitudegallery.com. 460 Harrison Ave., 617.927.4400. **Map 5, E4**

Beauty/Health

LUSH FRESH HANDMADE COSMETICS—Just follow the aromas that hover in close proximity to this