



Balans Organic Spa Menu



Prime location on Newbury Street
Exclusive organic skincare made in Sweden
Zero compromise on our health or planet
Highest quality spa services
Awards: Boston's Best and Best of Boston



To honor the uniqueness of each person, all of our services are customized. For this reason, we do not categorize type or style of massage, or facial. Rather, for most services you book the length of time you prefer. Our therapists have extensive training and experience and will cater to your needs to achieve the best results. If you have individual preferences, or medical concerns, please mention these at the time of booking. Pre- and postnatal clients are welcome. All our services are safe for both the mom and baby.

Welcome, and thank you for choosing Balans as part of your lifestyle!

organic facials

initial facial 75 min - recommended for first time clients	200
classic organic facial 60 min	155
exclusive organic facial 75 min	195
mini organic facial 30 min	95
first time organic facial 60 min (mon-fri 11am-4pm. new clients)	135

20% AHA peel facial 30 min
reduces hyperpigmentation, age spots, wrinkles, and acne.

115

stem cell facial 75 min – first in the world to offer LIVE ROSE ROOT cells! Stimulates cell regeneration, boosts elastin and collagen production. The ultimate anti-aging and anti-wrinkle facial.

275

facial add-ons (add 10-15min for each)

chlorella mask – dry and sensitive skin	35
20% AHA peel - pigmentation, age spots, wrinkles, and acne	35
firming & lifting eye treatment - reduces bags, dark circles and wrinkles	45
head scalp massage	30

organic massages

organic massage 60 min	145
organic massage 75 min	175
organic massage 90 min	200
head, neck & shoulder 30 min	95
first time organic massage 60 min (mon-fri 11am-4pm. new clients)	125

couples massage – share a massage experience with your loved one. Prices are for two people:

couples massage 60min / 350
couples massage 75min / 410
couples massage 90 min / 480

massage add-ons

hot stones – available for 75 and 90 min	35
organic aromatherapy	30
salt scrub 15 min - requires shower	45
body brushing 10 min - stimulates and supports lymphatic system	25
foot & low leg treatment 15 min – organic salt scrub infused with rosemary/ lemongrass or vanilla bean	45
hand & arm treatment 15 min – organic salt scrub infused with rosemary/ lemongrass or vanilla bean	45

organic body treatments & wraps

Firm, tone, hydrate, and detox. These full body treatments include dry brushing, exfoliation, and deep nourishing oils, lotions, and balms applied with full body massage. Leave softer, beautified, and rejuvenated from head to toe!

sea salt detox 75 min – rosemary and lemongrass infused mediterranean sea salt, hydrating papaya enzyme 75 min – great for dry sensitive skin	225
healing dark chocolate 75 min – rich in antioxidants, great for eczema/psoriasis	225

body bronzing 75 min – 2-3 tones darker than your natural skin tone	225
slimming algae 75 min – tone and firm	225
detoxifying algae 75 min – deep detox	225

flotation therapy

single float 30 min - allow for 60min for shower	70
3 pack float 30 min - \$65 each	195
8 pack float 30 min - \$60 each	480
single float 60 min - allow for 90min for shower	120
3 pack float 60 min - \$105 each	315
8 pack 60 min - \$95 each	760

back treatments

back facial 60 min	175
20% AHA back peel 75 min - acne, scar and cyst clearing	225

waxing

brazilian	65
bikini	40
brow (incl. shaping)	27
lip	13
brow + lip	36
chin	15
face	55
under arm	20
lower arm	35
full arm	55
lower leg	40
upper leg	55
full leg	85
upper leg + brazilian	105+
upper leg + bikini	95+
full leg + brazilian	145+
full leg + bikini	115+
hand	25
back	75
back & shoulders	85

relaxing spa treatments under 45 min

foot & lower leg treatment 30 min	65
firming & lifting eye treatment 30 min	95
mini organic facial 30 min	95
head/neck/shoulder massage 30min	95
hand & arm treatment 30 min	65
body glow & detox treatment 45 min	99

add-ons (booked with another service)

peaceful solitude 10 min	20
head & scalp massage 10 min	30
eye treatment 15 min	65
foot treatment 15 min	45
hand treatment 15 min	45

organic makeup

makeup application 30 min	75
makeup lesson 45 min	100
bridal 60 min	225
bridal party 30 min	95

lashes/brows

brow tint	30
lash tint	45
lash lift	80

waxing cont.

sideburns	25
chest	50
neck	15
abdomen	45

Organic Spa Packages

Balans Signature Relaxation

1.5 hours | \$240

De-stress, unwind and renew your body and skin with our most popular facial and massage treatment.

- 1x Organic Facial 30 Min
 - 1x Organic Massage 60 Min
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Balans Ultimate Relaxation

2 hours | \$295

Stressed, tired and in need of some deep relaxation? This package is for you. Rejuvenate your mind and body with this unique and wonderful combination of floatation therapy and massage.

- 1x Float 30 Min
 - 1x Organic Massage 60 Min
 - 1x Organic Facial 30 Min
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Balans Detox

2.5 hours | \$275

Detox, de-bloat, and de-stress with this extensive and effective detox package.

- 1x Float 30 Min
 - 1x Sea Salt Detox Body Treatment 75 Min
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Couples Relax and Renew

2 hours | \$330 per person

Elevate your date night with your partner. Enter a deep state of relaxation, and leave with a renewed sense of connection.

- 2x Men's/Women's Organic Facials 60 Min
 - 2x Organic Massages 60 Min (choose separate or shared room)
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Balans Restore and Renew

90 min | \$215

Transform your skin, body and mind. Relax while receive nourishing organic skincare treatments from head to toe.

- 1x Mini Organic Facial 30 min
- 1x Body Glow and Detox 45 min

At an additional charge you can upgrade to a full facial and/or body treatment.

Beautiful Bright Eyes

30 min | \$95

A firming and lifting eye treatment to reduce wrinkles, dark circles, and bags.

- Cleanse with Lymphatic and Circulatory Massage
- Organic Eye Mask

Mommy Baby Relaxation (pre-natal)

2.5 hours | \$295

This is the ultimate spa care package for the mom-to-be. Relax and rejuvenate as you prepare for this new chapter in your life. Celebrate yourself and indulge in our organic spa treatments. 100% nourishing and safe for you and your baby!

- 1x Float 30 Min
- 1x Prenatal Organic Massage 60 Min
- 1x Mini Organic Facial 30 Min

All our treatment tables are safe and suitable during pregnancy. However, we encourage you to consult with your physician before receiving any spa treatments.

Mother's Day Pampering (available month of May)

A. Classic

1.5 hours | \$245

This spa package is exactly what the mother needs to refresh and de-stress her mind, body, and skin. Happy Mother's Day!

- 1x Body Glow and Detox 45 min
- 1x Classic Organic Facial, 60 min

B. Exclusive

2.5 hours | \$355

This package is designed to pamper the hardworking and selfless mother. This spa day brings deep relaxation and will take your skin and body to a whole new level. Happy Mother's Day!

- 1x Hydrating Papaya Enzyme Body Treatment 75 Min
 - 1x Exclusive Organic Facial 75 Min
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Booking and Cancellation Policy

To reserve an appointment we require a credit card on file, and there is a 24-hour cancellation policy for all booked appointments.

Thank you for choosing Balans as part of your lifestyle!



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