



## Balans Organic Spa Menu



Prime location on Newbury Street  
 Exclusive organic skincare made in Sweden  
 Zero compromise on our health or planet  
 Highest quality spa services

**Awards: Boston's Best and Best of Boston 2016, 2017, 2018, 2022**



To honor the uniqueness of each person, **all of our services are customized**. For this reason, we do not categorize type or style of massage or facial. Rather, for most services you **book the length of time you prefer**. Our therapists have extensive training and experience and will cater to your needs to achieve the best results. If you have individual preferences, or medical concerns, please mention these at the time of booking. **Pre- and postnatal clients are welcome**. All our services are safe for both the mom and baby.

**WELCOME, and thank you for choosing Balans!**

### organic facials

initial organic facial 75 min - recommended for first time clients	215
classic organic facial 60 min	170
exclusive organic facial 75 min	215
mini organic facial 30 min	110
first time organic facial 60 min (mon-fri 11am-4pm. new clients only)	150
20% AHA peel facial 30 min reduces hyperpigmentation, age spots, wrinkles, and acne	135
stem cell facial 75 min first in the world to offer LIVE ROSE ROOT stem cells! Stimulates cell regeneration, boosts collagen production, prevents wrinkles and brightens the skin. The ultimate anti-aging and anti-wrinkle facial, the result is a natural fat lift!	320

### organic massages

organic massage 60 min	155
organic massage 75 min	190
organic massage 90 min	220
head, neck & shoulder 30 min	100
first time organic massage 60 min (mon-fri 11am-4pm. new clients only)	135
<b>couples massage –</b> share a massage experience with your loved one. Prices are for two people:	60min/350 75min/410 90min/480
<b>CBD massage</b> organic CBD from a local farm in RI	
60min	175
75min	210
90min	240

<b>prenatal massage</b> self-care for the mom while expecting		<b>massage add-ons</b>	
60min	175	hot stones – *75 or 90 min only	45
75min	210	aromatherapy	30
90min	240	salt scrub	75
		body brushing - stimulate and support lymphatic system	35
<b>facial add-ons</b> (add 10-15min for each)		hand & arm treatment – organic salt scrub infused with rosemary/ lemongrass or vanilla bean	45
20% AHA peel - pigmentation, age spots, wrinkles, and acne	45		
firming & lifting eye treatment - reduces bags, dark circles and wrinkles	75	foot & low leg treatment – organic salt scrub infused with rosemary/ lemongrass or vanilla bean	45
head scalp massage	30		

### **organic body treatments & wraps 75 min**

Firm, tone, hydrate, and detox. These full body treatments include dry brushing, exfoliation, and deep nourishing oils, lotions, and balms applied with full body massage. Leave softer, beautifyfied, and rejuvenated from head to toe!

sea salt detox – rosemary and lemongrass infused mediterranean sea salt	245	body bronzing – achieve 2-3 tones darker than your natural skin tone	245
hydrating papaya enzyme – great for dry sensitive skin	245	slimming algae – tone and firm	245
healing white chocolate – rich in antioxidants, great for eczema/psoriasis	245	detoxifying algae – deep detox	245

### **relaxing spa treatments under 45 min**

<b>flotation therapy</b>			
single float 30 min - allow for 60min	70	body glow & detox treatment 45 min	150
3 pack float 30 min - \$65 each	195	firming & lifting eye treatment 30 min	115
8 pack float 30 min - \$60 each	480	mini organic facial 30 min	110

single float 60 min - allow for 90min for shower	120	head/neck/shoulder massage 30min	100
3 pack float 60 min - \$105 each	315	hand & arm treatment 30 min	75
8 pack 60 min - \$95 each	760	foot & lower leg treatment 30 min	75

### back treatments

back facial 60 min	200
20% AHA back peel acne, scar and cyst clearing 30min	175
60min	250

### add-ons (booked with another service)

peaceful solitude 10 min	20
head & scalp massage 10 min	30
eye treatment 15 min	75
foot treatment 15 min	45
hand treatment 15 min	45

### waxing

brazilian	75
bikini	50
brow (incl. shaping)	35
lip	18
brow + lip	40
chin	20
face	65
under arm	20
lower arm	35
full arm	60
lower leg	40
upper leg	60
full leg	95

### organic makeup

makeup application 30 min	75
makeup lesson 45 min	100
bridal 60 min	225
bridal party 30 min	95

### lashes/brows

brow tint	35
lash tint	55
lash lift	90

### waxing cont.

back	85
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upper leg + brazilian	125+	back & shoulders	110
upper leg + bikini	100+	sideburns	25
full leg + brazilian	165+	chest	60
full leg + bikini	135+	neck	15
hand	25	abdomen	55

## Organic Spa Packages

### Balans Signature Relaxation

1.5 hours | \$255

De-stress, unwind and renew your body and skin with our most popular facial and massage treatment.

- 1x Organic Facial 30 Min
- 1x Organic Massage 60 Min

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### Balans Ultimate Relaxation

2 hours | \$325

Stressed, tired and in need of some deep relaxation? This package is for you. Rejuvenate your mind and body with this unique and wonderful combination of floatation therapy and massage.

- 1x Float 30 Min
- 1x Organic Massage 60 Min
- 1x Organic Facial 30 Min

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### Balans Detox

2.5 hours | \$300

Detox, de-bloat, and de-stress with this extensive and effective detox package.

- 1x Float 30 Min
- 1x Sea Salt Detox Body Treatment 75 Min

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### Couples Relax and Renew

2 hours | \$325 per person

Elevate your date night with your partner. Enter a deep state of relaxation, and leave with a renewed sense of connection.

- 2x Men's/Women's Organic Facials 60 Min
- 2x Organic Massages 60 Min (\*upgrade to couples massage in a shared room at additional charge)

### **Balans Restore and Renew**

90 min | \$250

Transform your skin, body and mind. Relax while receive nourishing organic skincare treatments from head to toe.

- 1x Mini Organic Facial 30 min
- 1x Body Glow and Detox 45 min \*At an additional charge you can upgrade to a full facial and/or full body treatment.

### **Beautiful Bright Eyes**

30 min | \$115

A firming and lifting eye treatment to reduce wrinkles, dark circles, and bags.

- Cleanse with Lymphatic and Circulatory Massage
- Organic Eye Mask
- Organic Eye Treatment

### **Mommy Baby Relaxation (pre-natal)**

2.5 hours | \$355

This is the ultimate spa care package for the mom-to-be. Relax and rejuvenate as you prepare for this new chapter in your life. Celebrate yourself and indulge in our organic spa treatments. 100% nourishing and safe for you and your baby!

- 1x Float 30 Min
- 1x Prenatal Organic Massage 60 Min
- 1x Mini Organic Facial 30 Min

All our treatment tables are safe and suitable during pregnancy. However, we encourage you to consult with your physician before receiving any spa treatments.

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### **Mother's Day Pampering (available month of May)**

#### **A. Mother's Day Classic**

1.5 hours | \$310

This spa package is exactly what the mother needs to refresh and de-stress her mind, body, and skin. Happy Mother's Day!

- 1x Body Glow and Detox 45 min
- 1x Classic Organic Facial, 60 min

## B. Mother's Day Exclusive\_

2.5 hours | \$455

This package is designed to pamper the hardworking and selfless mother. This spa day brings deep relaxation and will take your skin and body to a whole new level. Happy Mother's Day!

- 1x Hydrating Papaya Enzyme Body Treatment 75 Min
- 1x Exclusive Organic Facial 75 Min

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### Booking and Cancellation Policy

To reserve an appointment we require a credit card on file, and there is a 24-hour cancellation policy for all booked appointments.

**Thank you for choosing Balans as part of your lifestyle!**



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