



BALANS ORGANIC SPA & WELLNESS

216 NEWBURY STREET, BOSTON | 617.424.1500 | contact@balansorganicspa.com

Where personalized care meets exceptional results. Discover award-winning organic skincare, restorative spa experiences, and science-informed wellness, thoughtfully tailored to you.

Recognized among Boston's Best: 2016, 2017, 2018, 2022, 2023 & 2024

Every body and every skin is unique. Our experienced practitioners personalize each treatment around your goals, preferences, and needs. Please share any relevant concerns when booking.

ORGANIC FACIALS

Balans Initial Organic Facial 75 min Recommended for first-time facial clients.	\$240
Balans Basic Organic Facial 60 min	\$195
Balans Exclusive Organic Facial 75 min	\$250
Mini Organic Facial 30 min No extractions	\$130
20% AHA Peel Facial 30 min Exfoliating peel for uneven tone, visible signs of aging, and blemish-prone skin.	\$175
Stem Cell Facial 75 min Luxurious rose root stem-cell skincare to nourish skin and support a firmer, more radiant appearance.	\$375

HYDRAFACIAL | SYNDEO

HydraFacial Signature 30 min Cleanse, exfoliate, extract, and hydrate with nourishing serums for an instantly refreshed glow.	\$225
HydraFacial Deluxe 50 min Signature treatment plus one targeted booster and LED light therapy for personalized skin results.	\$325
HydraFacial Platinum 75 min Our most complete HydraFacial: lymphatic drainage, deep cleansing and hydration, two targeted boosters, and LED light therapy.	\$395

BACK FACIALS

Back Facial

60 min

\$250

20% AHA Add-On

\$75

20% AHA Back Peel

30 / 60 min

Targets congestion, uneven texture, and blemish-prone skin.

\$175 / \$300

ORGANIC MESSAGES

Organic Massage

60 / 75 / 90 min

\$175 / \$215 / \$250

Head, Neck & Shoulders

30 min

\$115

Deep Tissue Massage

60 / 75 / 90 min

\$195 / \$235 / \$270

Couples Massage

60 / 75 / 90 min

Shared massage experience; prices are for two guests.

\$390 / \$470 / \$540

CBD Massage

60 / 75 / 90 min

Featuring CBD sourced from an organic Rhode Island farm.

\$195 / \$235 / \$270

Prenatal Massage

60 / 75 / 90 min

\$195 / \$235 / \$270

Lymphatic Massage

60 / 75 / 90 min

\$195 / \$235 / \$270

FACIAL ADD-ONS

Allow approximately 10–15 additional minutes per add-on.

20% AHA Peel

Helps improve the look of uneven tone and texture.

\$50

Ultrasonic Exfoliation

Ultrasound-assisted exfoliation and pore cleansing.

\$45

Rose Quartz Gua Sha

Gentle facial massage to ease tension and encourage circulation.

\$30

Dermaplaning

Removes surface dead skin and fine facial hair for a smoother finish.

\$65

Firming & Lifting Eye Treatment

Targets the appearance of puffiness, dark circles, and fine lines.

\$75

Head & Scalp Massage

10 min

\$35

Crystal Healing

\$45

MASSAGE ADD-ONS

Hot Stones	\$45
Aromatherapy	\$30
Salt Scrub	\$75
Body Brushing Supports exfoliation and circulation.	\$40
Hand & Arm Treatment Organic rosemary-lemongrass or vanilla-bean salt scrub.	\$45
Foot & Lower Leg Treatment Organic rosemary-lemongrass or vanilla-bean salt scrub.	\$45
Organic CBD Oil	\$30
Head & Scalp Massage 10 min	\$35

ORGANIC BODY TREATMENTS & WRAPS

75 min each. Full-body treatments combine exfoliation, brushing, and nourishing botanical oils and balms for soft, refreshed skin.

Sea Salt Detox Mediterranean sea salt with rosemary and lemongrass.	\$275
Hydrating Papaya Enzyme A gentle option for dry or sensitive skin.	\$275
Healing White Chocolate Antioxidant-rich body nourishment.	\$275
Body Bronzing For a sun-kissed appearance.	\$275
Slimming Algae A firming-focused body wrap.	\$275
Detoxifying Algae A refreshing algae body treatment.	\$275

FLOTATION THERAPY

Single Float 30 min; allow 60 min including shower	\$90
3-Pack Float 30 min each	\$240

8-Pack Float 30 min each	\$560
Single Float 60 min; allow 90 min including shower	\$135
3-Pack Float 60 min each	\$360
8-Pack Float 60 min each	\$800

SPA TREATMENTS UNDER 45 MINUTES

Body Glow & Detox 45 min	\$175
Firming & Lifting Eye Treatment 30 min	\$130
Mini Organic Facial 30 min No extractions	\$130
Head, Neck & Shoulder Massage 30 min	\$115
Hand & Arm Treatment 30 min	\$75
Foot & Lower Leg Treatment 30 min	\$75

WAXING

Brazilian	\$75
Bikini	\$50
Brow Including Shaping	\$35
Lip	\$18
Brow + Lip	\$40
Chin	\$20
Face	\$65
Underarm	\$20
Lower Arm	\$35
Full Leg	\$95
Upper Leg + Brazilian	\$125+

Back	\$85
Back & Shoulders	\$110
Chest	\$60
Neck	\$15
Abdomen	\$55
Full Arm	\$60
Lower Leg	\$40
Upper Leg	\$60
Full Leg + Brazilian	\$165+
Full Leg + Bikini	\$135+

LASHES & BROWS

Brow Tint	\$35
Brow Lamination	\$85
Brow Lamination + Tint	\$110
Lash Tint	\$55
Lash Lift	\$90

CUSTOM ENERGY HEALING

Energy Healing	\$90 / \$155 / \$220
30 / 60 / 90 min	

ORGANIC SPA PACKAGES

Balans Signature Relaxation	\$300
1.5 hours Organic Facial 30 min + Organic Massage 60 min. A restorative combination for skin and body.	
Balans Ultimate Relaxation	\$375
2 hours Float 30 min + Organic Massage 60 min + Organic Facial 30 min.	
Balans Detox	\$350
2.5 hours Float 30 min + Sea Salt Detox Body Treatment 75 min.	
Couples Relax & Renew	\$370 per person
2 hours Two Organic Facials 60 min + two Organic Massages 60 min. Shared-room massage upgrade available for an additional charge.	

Balans Restore & Renew **\$295**

90 min

Mini Organic Facial 30 min + Body Glow & Detox 45 min. Treatment upgrades available.

Beautiful Bright Eyes **\$130**

30 min

Lymphatic eye massage, organic eye mask, and nourishing eye treatment.

Mommy Baby Relaxation (Prenatal) **\$400**

2.5 hours

Float 30 min + Prenatal Organic Massage 60 min + Mini Organic Facial 30 min. Consult your physician if you have concerns.

Mother's Day Classic **\$355**

1.5 hours

Available in May. Body Glow & Detox 45 min + Classic Organic Facial 60 min.

Mother's Day Exclusive **\$500**

2.5 hours

Available in May. Hydrating Papaya Enzyme Body Treatment 75 min + Exclusive Organic Facial 75 min.

BALANS WELLNESS

Virtual Health & Lifestyle Coaching with Founder Marie Aspling **\$195 / \$95**

Initial 90 min / Follow-up 30 min

POSTURAL THERAPY

In person or virtual.

60 min **\$195 / \$965 / \$1,900**

Single / 5-pack / 10-pack

75 min **\$240 / \$1,190 / \$2,300**

Single / 5-pack / 10-pack

90 min **\$290 / \$1,440 / \$2,880**

Single / 5-pack / 10-pack

POSTURAL YOGA

In person or virtual. Mindful movement combining alignment, mobility, strength, and breathwork.

60 min **\$140 / \$690 / \$1,350**

Single / 5-pack / 10-pack

75 min **\$170 / \$840 / \$1,650**

Single / 5-pack / 10-pack

90 min **\$190 / \$940 / \$1,850**

Single / 5-pack / 10-pack

POSTURAL STRENGTH

In person or virtual. Functional strength training to improve alignment, stability, and movement.

60 min **\$140 / \$690 / \$1,350**

Single / 5-pack / 10-pack

75 min

Single / 5-pack / 10-pack

\$170 / \$840 / \$1,650

Small-group postural classes are also available. Contact our front desk for details.

PRIVATE GROUP EVENTS

Celebrate together at Balans. We welcome bridal and bachelorette gatherings, birthdays, baby showers, corporate wellness events, wedding parties, and other special occasions. Contact our team for custom group arrangements.

BOOKING & CANCELLATION POLICY

A credit card is required to secure your reservation and is charged after your service. Please cancel or reschedule at least 24 hours before your appointment. Late cancellations and no-shows are charged the full service price. Arrivals more than 15 minutes late may be treated as no-shows. We appreciate your understanding and respect for our practitioners' time.

THANK YOU FOR CHOOSING BALANS

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All prices are subject to change without prior notice.