BALANS ORGANIC SPA & WELLNESS

216 NEWBURY STREET, BOSTON | 617.424.1500 | contact@balansorganicspa.com

Where personalized care meets exceptional results. Discover award-winning organic skincare, restorative spa experiences, and posture-focused wellness.

Recognized among Boston's Best: 2016, 2017, 2018, 2022, 2023 & 2024

ORGANIC FACIALS

Balans Initial Organic Facial **$240**
75 min
Recommended for first-time facial clients.

Balans Basic Organic Facial **$195**
60 min

Balans Exclusive Organic Facial **$250**
75 min

Mini Organic Facial **$130**
30 min | No extractions

20% AHA Peel Facial **$175**
30 min
Exfoliating peel for uneven tone, visible signs of aging, and blemish-prone skin.

Stem Cell Facial **$375**
75 min
Luxurious rose root stem-cell skincare to nourish skin and support a firmer, more radiant appearance.

HYDRAFACIAL | SYNDEO

HydraFacial Signature **$225**
30 min
Cleanse, exfoliate, extract, and hydrate with nourishing serums for an instantly refreshed glow.

HydraFacial Deluxe **$325**
50 min
Signature treatment plus one targeted booster and LED light therapy for personalized skin results.

HydraFacial Platinum **$395**
75 min
Our most complete HydraFacial: lymphatic drainage, deep cleansing and hydration, two targeted boosters, and LED light therapy.

BACK FACIALS

Back Facial — **$250**
60 min

20% AHA Add-On — **$75**

20% AHA Back Peel — **$175 / $300**
30 / 60 min
Targets congestion, uneven texture, and blemish-prone skin.

ORGANIC MASSAGES

Organic Massage — **$175 / $215 / $250**
60 / 75 / 90 min

Head, Neck & Shoulders — **$115**
30 min

Deep Tissue Massage — **$195 / $235 / $270**
60 / 75 / 90 min

Couples Massage — **$390 / $470 / $540**
60 / 75 / 90 min
Shared massage experience; prices are for two guests.

CBD Massage — **$195 / $235 / $270**
60 / 75 / 90 min
Featuring CBD sourced from an organic Rhode Island farm.

Prenatal Massage — **$195 / $235 / $270**
60 / 75 / 90 min

Lymphatic Massage — **$195 / $235 / $270**
60 / 75 / 90 min

FACIAL ADD-ONS

Allow approximately 10–15 additional minutes per add-on.

20% AHA Peel — **$50**
Helps improve the look of uneven tone and texture.

Ultrasonic Exfoliation — **$45**
Ultrasound-assisted exfoliation and pore cleansing.

Rose Quartz Gua Sha — **$30**
Gentle facial massage to ease tension and encourage circulation.

Dermaplaning — **$65**
Removes surface dead skin and fine facial hair for a smoother finish.

Firming & Lifting Eye Treatment — **$75**
Targets the appearance of puffiness, dark circles, and fine lines.

Head & Scalp Massage — **$35**
10 min

Crystal Healing — **$45**

Red Light Therapy — **$45**

MASSAGE ADD-ONS

Hot Stones — **$45**

Aromatherapy — **$30**

Salt Scrub — **$75**

Body Brushing — **$40**
Supports exfoliation and circulation.

Hand & Arm Treatment — **$45**
Organic rosemary-lemongrass or vanilla-bean salt scrub.

Foot & Lower Leg Treatment — **$45**
Organic rosemary-lemongrass or vanilla-bean salt scrub.

Organic CBD Oil — **$30**

Head & Scalp Massage — **$35**
10 min

ORGANIC BODY TREATMENTS & WRAPS

75 min each. Full-body treatments combine exfoliation, brushing, and nourishing botanical oils and balms for soft, refreshed skin.

Sea Salt Detox — **$275**
Mediterranean sea salt with rosemary and lemongrass.

Hydrating Papaya Enzyme — **$275**
A gentle option for dry or sensitive skin.

Healing White Chocolate — **$275**
Antioxidant-rich body nourishment.

Body Bronzing — **$275**
For a sun-kissed appearance.

Slimming Algae — **$275**
A firming-focused body wrap.

Detoxifying Algae — **$275**
A refreshing algae body treatment.

FLOTATION THERAPY

Single Float — **$90**
30 min; allow 60 min including shower

3-Pack Float — **$240**
30 min each

8-Pack Float — **$560**
30 min each

Single Float — **$135**
60 min; allow 90 min including shower

3-Pack Float — **$360**
60 min each

8-Pack Float — **$800**
60 min each

SPA TREATMENTS UNDER 45 MINUTES

Body Glow & Detox — **$175**
45 min

Firming & Lifting Eye Treatment — **$130**
30 min

Mini Organic Facial — **$130**
30 min | No extractions

Head, Neck & Shoulder Massage — **$115**
30 min

Hand & Arm Treatment — **$75**
30 min

Foot & Lower Leg Treatment — **$75**
30 min

WAXING

Brazilian — **$75**

Bikini — **$50**

Brow Including Shaping — **$35**

Lip — **$18**

Brow + Lip — **$40**

Chin — **$20**

Face — **$65**

Underarm — **$20**

Lower Arm — **$35**

Full Leg — **$95**

Upper Leg + Brazilian — **$125+**

Back	**$85**
Back & Shoulders	**$110**
Chest	**$60**
Neck	**$15**
Abdomen	**$55**
Full Arm	**$60**
Lower Leg	**$40**
Upper Leg	**$60**
Full Leg + Brazilian	**$165+**
Full Leg + Bikini	**$135+**

LASHES & BROWS

Brow Tint	**$35**
Brow Lamination	**$85**
Brow Lamination + Tint	**$110**
Lash Tint	**$55**
Lash Lift	**$90**

CUSTOM ENERGY HEALING

Energy Healing 30 / 60 / 90 min	**$90 / $155 / $220**

ACUPUNCTURE

Acupuncture Initial Consultation	**$220**
Acupuncture Follow Up	**$110**
Fertility & IVF Support Acupuncture	**$220**
Cupping — 30 min	**$95**
Cosmetic Acupuncture - Signature Radiance — 75 min	**$295**
Cosmetic Acupuncture - Radiance Express — 50 min	**$200**

ORGANIC SPA PACKAGES

Balans Signature Relaxation **$300**

1.5 hours
Organic Facial 30 min + Organic Massage 60 min. A restorative combination for skin and body.

Balans Ultimate Relaxation **$375**

2 hours
Float 30 min + Organic Massage 60 min + Organic Facial 30 min.

Balans Detox **$350**

2.5 hours
Float 30 min + Sea Salt Detox Body Treatment 75 min.

Couples Relax & Renew **$370 per person**

2 hours
Two Organic Facials 60 min + two Organic Massages 60 min.
Shared-room massage upgrade available for an additional charge.

Balans Restore & Renew **$295**

90 min
Mini Organic Facial 30 min + Body Glow & Detox 45 min. Treatment upgrades available.

Beautiful Bright Eyes **$130**

30 min
Lymphatic eye massage, organic eye mask, and nourishing eye treatment.

Mommy Baby Relaxation (Prenatal) **$400**

2.5 hours
Float 30 min + Prenatal Organic Massage 60 min + Mini Organic Facial 30 min.
Consult your physician if you have concerns.

Mother’s Day Classic **$355**

1.5 hours
Available in May. Body Glow & Detox 45 min + Classic Organic Facial 60 min.

Mother’s Day Exclusive **$500**

2.5 hours
Available in May. Hydrating Papaya Enzyme Body Treatment 75 min + Exclusive Organic Facial 75 min.

BALANS WELLNESS

Virtual Health & Lifestyle Coaching with Founder Marie Aspling **$195 / $95**

Initial 90 min / Follow-up 30 min

POSTURAL THERAPY

In person or virtual.

60 min — **$195 / $965 / $1,900**
Single / 5-pack / 10-pack

75 min — **$240 / $1,190 / $2,300**
Single / 5-pack / 10-pack

90 min — **$290 / $1,440 / $2,880**
Single / 5-pack / 10-pack

POSTURAL YOGA

In person or virtual. Mindful movement combining alignment, mobility, strength, and breathwork.

60 min — **$140 / $690 / $1,350**
Single / 5-pack / 10-pack

75 min — **$170 / $840 / $1,650**
Single / 5-pack / 10-pack

90 min — **$190 / $940 / $1,850**
Single / 5-pack / 10-pack

POSTURAL STRENGTH

In person or virtual. Functional strength training to improve alignment, stability, and movement.

60 min — **$140 / $690 / $1,350**
Single / 5-pack / 10-pack

75 min — **$170 / $840 / $1,650**
Single / 5-pack / 10-pack

Small-group postural classes are also available. Contact our front desk for details.

PRIVATE GROUP EVENTS

Celebrate together at Balans. We welcome bridal and bachelorette gatherings, birthdays, baby showers, corporate wellness events, wedding parties, and other special occasions. Contact our team for custom group arrangements.

BOOKING & CANCELLATION POLICY

A credit card is required to secure your reservation and is charged after your service. Please cancel or reschedule at least 24 hours before your appointment. Late cancellations and no-shows are charged the full service price. Arrivals more than 15 minutes late may be treated as no-shows. We appreciate your understanding and respect for our practitioners' time.

THANK YOU FOR CHOOSING BALANS

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All prices are subject to change without prior notice.