



balans wellness studio

	45 min	60 min	75 min	90 min
movement & strength				
single	95	130	160	
pack of 5	465	640	790	
pack of 10	900	1250	1550	
pilates				
single		130	160	
pack of 5		640	790	
pack of 10		1250	1550	
yoga				
single		130	160	190
pack of 5		640	790	940
pack of 10		1250	1550	1450
massage				
single		140	175	200
pack of 5		690	865	990
pack of 10		1350	1700	1950
*gratuuity included				
postural therapy				
single	130	160	200	240
pack of 5	640	790	990	1190
pack of 10	1250	1550	1950	2350

Receive one complimentary Float (\$129 value) or one Nutrition & Health Consultation (value \$100) with any purchased package.

Please note our 24 hour cancellation policy. All prices are subject to change.

meditation & mindfulness	60 min	75 min	90 min
meditation			
single	\$130		
pack of 5	\$640		
pack of 10	\$1,250		
4 weeks (4x 60 min)	\$450		
chakra balancing			
single	\$130		
pack of 5	\$640		
pack of 10	\$1,250		
3 weeks (3x 60 min)	\$350		
energy healing			
single	\$130		
pack of 5	\$640		
pack of 10	\$1,250		
3 weeks (3x 60 min)	\$350		
health & life guidance			
single	\$130		
pack of 5	\$640		
pack of 10	\$1,250		
6 weeks package (6x 60 min)	\$675		
universal guidance			
single, 2 hours /	\$225		

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